



Annual School Counseling and Support Plan

Principal: MCGREEVY, JENNIFER

Director/Lead Counselor: Alexis Acin & Cortney Valme


MCGREEVY, JENNIFER

8/11/26

Date


Alexis Acin & Cortney Valme

8/14/26

Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Creating Classes, helped in school wide Open house
Post College/Career Materials around school.	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Displaying posters
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Classroom Counselor Introductions and back to school night
Welcome/Introductions	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Morning Announcements & Classroom visits
Mindfulness and Life Skills and Wellness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Help promote daily Life Skills & Wellness through affirmations Wellness Wednesdays, Be Kind to Your Mind Tuesdays, Leader in Me, and poster displays
Open House Meeting/Back to school	(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Attend open house/back to school events and introduce the counseling department
Parent/Teacher Conferences-Academic	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Will participate in RTI, MTSS, and Support meetings. Counselor will also schedule parent meetings as needed
School Wide Behavior Plan (SPBP)	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Committee members and Administration will collaborate/work on plan via (Positive Influencer, Kid of character, Hawkspectation, Hawk bills & PBIS)
Classroom Lessons	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Classroom Lessons to introduce Counselors and further discuss Leader in Me Program
College & Career Readiness		
Xello Platform	Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	Introduction to Xello platform
Life Skills & Wellness		
Action Plan	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Develop Life Skills and Wellness Action Plan

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting Intro to College/Career Education Leader in Me Support Behavior Plan Support Social Awareness and Relationship Skills Choose Peace Week/Start with Hello Individual Counseling Habit Heroes Thursday Thoughts (Morning Announcements) Small Group Needs Assessment	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Provided teachers and students with behavioral interventions to support academic growth. Promote college and career readiness Collaborate with teachers on the implementation of the Leader in Me program, assist with lessons and guidance Create a positive behavior plan with students, parents and teachers, as needed. Reinforce and implement school wide behavior plan Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Peace Week daily activities, Start with Hello Activities, No Place For Hate & morning announcements Provide individual counseling/support as needed LIM: Be Proactive Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school. Small Group Needs Assessment to be sent to teachers to begin the development of relevant small groups
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Introduction to Xello Platform
Life Skills & Wellness Peace Week	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students participate in a week long initiative to spread peace and positivity. Students will create Pinwheels for Peace showcasing their hopes and dreams as well as engage in

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills College/Career Continued Exploration Thursday Thoughts (Morning Announcements) Social Awareness and Relationship skills Individual Counseling Wellness Week Life Skills & Wellness Habit Heroes Classroom Counseling Lessons Small Groups Needs Assessment/Begin Small Groups	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counseling sessions for academic per teacher request; providing support for retained students. Provide ongoing academic support, making long term goal decisions Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school. Promote School wide Life Skills & Wellness; provide classroom guidance,, and individual interventions as needed Provide individual counseling/support as needed Students will participate in Wellness week Continue utilizing mindfulness activities and counseling initiatives LIM: Begin with the End in Mind Classroom Lessons in coordination with Leader in Me Habit 2 Small Groups will begin based on needs assessment
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lesson 1
Life Skills & Wellness Wellness Week	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students participate in a week-long school-wide initiative promoting positive choices through daily challenges, such as writing kind notes to trusted adults, doing guided

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept Building a College & Career Culture Antibullying/Relationship Skills Anti Bullying Week Social Awareness and Relationship Skills Harvest Drive Kids of Character/Leader of the Month Life Skills & Wellness Individual Counseling Small Groups Classroom Lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Monitor and assist those students at risk of academic difficulties. Promote college and career readiness Provide support to teachers through guidance classroom lessons and school wide initiatives Anti-Bullying Spirit Week Promote School wide Life Skills & Wellness; provide classroom guidance, Life Skills & Wellness Survey participation, and Individual interventions as needed Participate in the collection of food items for the Harvest Drive initiative. Kids of Character Program: Citizenship; LIM: Put First Things First Continue utilizing mindfulness activities and counseling initiatives Provide individual counseling/support as needed Small group for selected students Classroom Lessons surrounding Leader in Me Habit 3
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lesson 1
Life Skills & Wellness Anti-Bullying Week	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will participate in a week long initiative to learn about bully prevention. Students will learn what it means to be an upstander and engage in conversations surrounding what

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success Leader in Me Support (Ongoing) Internet Safety/School-Wide Kindness Initiatives Life Skills & Wellness Habit Heroes Individual Counseling Social Awareness and Relationship Skills Small Groups Conclude Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Leadership recognition Supporting teachers in implementing Leader in Me Support students via individual sessions, Suite 360 lessons, and counseling lessons, as needed Continue utilizing mindfulness activities and counseling initiatives LIM: Think Win-Win Provide individual counseling/support as needed Promote School wide Life Skills & Wellness; provide classroom lessons, and Individual interventions as needed Small Groups conclude Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 2-3
Life Skills & Wellness Wellness into Winter break	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will be exposed to wellness activities such as guided meditations, read-alouds, and wise word Wednesday challenges where we review topics such as perseverance, kindness,

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities Develop Career Awareness Self-Awareness/Self-Management/No Name Calling Life Skills & Wellness Habit Heroes Social Awareness and Relationship Skills Individual Counseling Classroom Lessons Small Groups Needs Assessment Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Provide on-going support for students to achieve motivation and academic goals Promote college and career readiness Re-Think Ed/Suite 360 Lessons Continue utilizing mindfulness activities and counseling initiatives LIM: Seek First to Understand, then to be Understood Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Provide Individual Counseling/support as needed. Classroom Lessons surrounding Habit 5 Send Needs Assessment to teachers to develop small groups Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 2-3
Life Skills & Wellness The Great Kindness Challenge	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will engage in a month long Kindness Challenge where each day they will be challenged with a unique kindness task such as including someone they see is being left out

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety Acquire Career Information Diversity, Respect, and Social Awareness Diversity/Black History Month Classroom Lessons Social Awareness and Relationship Skills Habit Heroes School Counseling Week Individual Counseling February 14/Day of Remembrance/Day of Service and Love 100 Acts of Kindness Challenge Small Groups Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Individual, small group, and classroom counseling lessons, as needed. Career Day Events Re-think Ed and Suite 360 Lessons Provide Activities around diversity/Black History month & morning announcements Classroom Lessons surrounding Habit 6 Continue utilizing mindfulness activities and counseling initiatives LIM: Synergize Advocate and Promote the School Counseling program and implement activities surrounding academic, career, social, and emotion standards Provide Individual Counseling/Support as needed District suggested activities. School Wise challenge to complete 100 Acts of Kindness leading up to the Day of Service and Love Small groups for selected students Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 4-5
Life Skills & Wellness School Counseling Week	Elementary- LSW B: Students will demonstrate the ability to manage	Students will engage in a week long initiative focusing on emotions, academics, and career

	emotions and behaviors to achieve personal and academic goals.	education. Students will recognize that their school counselors can help them with a variety

March			Kids of Character: Self Control		
*ACTIVITY		DOMAIN/STANDARD		DESCRIPTION	
Becoming a Life Long Learner		(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the		Review course selections offered by Middle School.	
Identify Career Goals		(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors		Career Information and Exploration	
Responsible Decision-Making/Equity		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Re-Think Ed and Suite 360 Lessons	
Life Skills & Wellness		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Continue utilizing mindfulness activities and counseling initiatives	
Habit Heroes		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		LIM: Sharpen the Saw	
Individual Counseling		Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.		Provide Individual Counseling/support as needed.	
Social Awareness and Relationship Skills		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed	
Test Prep and Test Anxiety Classroom Visits		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Mindfulness, breathing techniques, etc. Based on Teacher Request.	
Classroom Lessons		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Classroom Lessons surrounding Habit 7	
Small Groups		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Small groups conclude	
Thursday Thoughts (Morning Announcements)		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.	
		(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic			
College & Career Readiness					
Xello Platform		(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors		Xello Lessons 4-5	

Life Skills & Wellness		
Gratitude Wall	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will post notes about things they are grateful for encouraging positive thinking, empathy, and a sense of community.

April Kids of Character: Tolerance		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences New Student & Parent Session (RUFL) Conflict Mediation Habit Heroes Life Skills & Wellness Earth Day Individual Counseling Social Awareness and Relationship Skills Test Prep and Test Anxiety Classroom Visits Classroom Lessons Thursday Thoughts (Morning Announcements)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Collaborate with Transitioning Parents Collaborate with parents of prospective students Re-Think Ed and Suite 360 Lessons/Conflict mediation meetings LIM: Find Your Voice Continue utilizing mindfulness activities and counseling initiatives Share Earth Day activities as provided by the District Provide Individual Counseling/support as needed. Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Mindfulness, breathing techniques,etc. Based on Teacher Request. Classroom Lessons surrounding Habit 8 Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 5<

Life Skills & Wellness		
Goal Setting and Positive Thinking	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will engage in goal setting activities and learn about the power of positive thinking, the power of yet, and how it can help them reach their goals.

May		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Teachers provide promotion criteria per grade level. Collaborate with support staff regarding transition to next grade level based on LS&W needs
Thursday Thoughts (Morning Announcements)	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
Transitioning to New Grade	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Support staff through orientation process of new Kindergarten students.
Life Skills & Wellness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Continue utilizing mindfulness activities and counseling initiatives
Summer opportunities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with support staff about summer academic opportunities
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide Individual Counseling/Support as needed.
Matriculation Meetings	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Attend matriculation meetings for students transitioning to Middle School
Social Awareness and Relationship Skills	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed
Mental Health Awareness Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide activities for staff and students; brain breaks, mindfulness, self-care, etc.
Leader in Me Support	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Support teachers in implementation of LIM
College & Career Readiness		

Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 5<
Life Skills & Wellness		
Mental Health Awareness Month	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will engage in month long activities surrounding mental health, self care, supports, and emotions. Students will learn about emotional regulation, support circles, positive self

June

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College & Career Readiness		
Life Skills & Wellness		



Annual School Counseling and Support Plan

Principal: MCGREEVY, JENNIFER

Director/Lead Counselor: Alexis Acin & Cortney Valme

MCGREEVY, JENNIFER

Date

Alexis Acin & Cortney Valme

Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions Post College/Career Materials around school. Welcoming Students/Introducing School Counseling Services/Goal-Setting Welcome/Introductions Mindfulness and Life Skills and Wellness Open House Meeting/Back to school Parent/Teacher Conferences-Academic School Wide Behavior Plan (SPBP) Classroom Lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Creating Classes, helped in school wide Open house Displaying posters Classroom Counselor Introductions and back to school night Morning Announcements & Classroom visits Help promote daily Life Skills & Wellness through affirmations Wellness Wednesdays, Be Kind to Your Mind Tuesdays, Leader in Me, and poster displays Attend open house/back to school events and Introduce the counseling department Will participate in RTI, MTSS, and Support meetings. Counselor will also schedule parent meetings as needed Committee members and Administration will collaborate/work on plan via (Positive Influencer, Kid of character, Hawkspectation, Hawk bills & PBIS) Classroom Lessons to introduce Counselors and further discuss Leader in Me Program
College & Career Readiness Xello Platform	Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	Introduction to Xello platform
Life Skills & Wellness Action Plan	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Develop Life Skills and Wellness Action Plan

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting Intro to College/Career Education Leader in Me Support Behavior Plan Support Social Awareness and Relationship Skills Choose Peace Week/Start with Hello Individual Counseling Habit Heroes Thursday Thoughts (Morning Announcements) Small Group Needs Assessment	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Provided teachers and students with behavioral interventions to support academic growth. Promote college and career readiness Collaborate with teachers on the implementation of the Leader in Me program, assist with lessons and guidance Create a positive behavior plan with students, parents and teachers, as needed. Reinforce and implement school wide behavior plan Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Peace Week daily activities, Start with Hello Activities, No Place For Hate & morning announcements Provide individual counseling/support as needed LIM: Be Proactive Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school. Small Group Needs Assessment to be sent to teachers to begin the development of relevant small groups
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Introduction to Xello Platform
Life Skills & Wellness Peace Week	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students participate in a week long initiative to spread peace and positivity. Students will create Pinwheels for Peace showcasing their hopes and dreams as well as engage in

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills College/Career Continued Exploration Thursday Thoughts (Morning Announcements) Social Awareness and Relationship skills Individual Counseling Wellness Week Life Skills & Wellness Habit Heroes Classroom Counseling Lessons Small Groups Needs Assessment/Begin Small Groups	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counseling sessions for academic per teacher request; providing support for retained students. Provide ongoing academic support, making long term goal decisions Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school. Promote School wide Life Skills & Wellness; provide classroom guidance,, and individual interventions as needed Provide individual counseling/support as needed Students will participate in Wellness week Continue utilizing mindfulness activities and counseling initiatives LIM: Begin with the End in Mind Classroom Lessons in coordination with Leader in Me Habit 2 Small Groups will begin based on needs assessment
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lesson 1
Life Skills & Wellness Wellness Week	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students participate in a week-long school-wide initiative promoting positive choices through daily challenges, such as writing kind notes to trusted adults, doing guided

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept Building a College & Career Culture Antibullying/Relationship Skills Anti Bullying Week Social Awareness and Relationship Skills Harvest Drive Kids of Character/Leader of the Month Life Skills & Wellness Individual Counseling Small Groups Classroom Lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Monitor and assist those students at risk of academic difficulties. Promote college and career readiness Provide support to teachers through guidance classroom lessons and school wide initiatives Anti-Bullying Spirit Week Promote School wide Life Skills & Wellness; provide classroom guidance, Life Skills & Wellness Survey participation, and Individual interventions as needed Participate in the collection of food items for the Harvest Drive initiative. Kids of Character Program: Citizenship; LIM: Put First Things First Continue utilizing mindfulness activities and counseling initiatives Provide individual counseling/support as needed Small group for selected students Classroom Lessons surrounding Leader in Me Habit 3
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lesson 1
Life Skills & Wellness Anti-Bullying Week	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will participate in a week long initiative to learn about bully prevention. Students will learn what it means to be an upstander and engage in conversations surrounding what

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success Leader in Me Support (Ongoing) Internet Safety/School-Wide Kindness Initiatives Life Skills & Wellness Habit Heroes Individual Counseling Social Awareness and Relationship Skills Small Groups Conclude Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Leadership recognition Supporting teachers in implementing Leader in Me Support students via individual sessions, Suite 360 lessons, and counseling lessons, as needed Continue utilizing mindfulness activities and counseling initiatives LIM: Think Win-Win Provide individual counseling/support as needed Promote School wide Life Skills & Wellness; provide classroom lessons, and Individual interventions as needed Small Groups conclude Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 2-3
Life Skills & Wellness Wellness into Winter break	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will be exposed to wellness activities such as guided meditations, read-alouds, and wise word Wednesday challenges where we review topics such as perseverance, kindness,

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities Develop Career Awareness Self-Awareness/Self-Management/No Name Calling Life Skills & Wellness Habit Heroes Social Awareness and Relationship Skills Individual Counseling Classroom Lessons Small Groups Needs Assessment Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Provide on-going support for students to achieve motivation and academic goals Promote college and career readiness Re-Think Ed/Suite 360 Lessons Continue utilizing mindfulness activities and counseling initiatives LIM: Seek First to Understand, then to be Understood Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Provide Individual Counseling/support as needed. Classroom Lessons surrounding Habit 5 Send Needs Assessment to teachers to develop small groups Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 2-3
Life Skills & Wellness The Great Kindness Challenge	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will engage in a month long Kindness Challenge where each day they will be challenged with a unique kindness task such as including someone they see is being left out

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety Acquire Career Information Diversity, Respect, and Social Awareness Diversity/Black History Month Classroom Lessons Social Awareness and Relationship Skills Habit Heroes School Counseling Week Individual Counseling February 14/Day of Remembrance/Day of Service and Love 100 Acts of Kindness Challenge Small Groups Thursday Thoughts (Morning Announcements)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Individual, small group, and classroom counseling lessons, as needed. Career Day Events Re-think Ed and Suite 360 Lessons Provide Activities around diversity/Black History month & morning announcements Classroom Lessons surrounding Habit 6 Continue utilizing mindfulness activities and counseling initiatives LIM: Synergize Advocate and Promote the School Counseling program and implement activities surrounding academic, career, social, and emotion standards Provide Individual Counseling/Support as needed District suggested activities. School Wise challenge to complete 100 Acts of Kindness leading up to the Day of Service and Love Small groups for selected students Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 4-5
Life Skills & Wellness School Counseling Week	Elementary- LSW B: Students will demonstrate the ability to manage	Students will engage in a week long initiative focusing on emotions, academics, and career

	emotions and behaviors to achieve personal and academic goals.	education. Students will recognize that their school counselors can help them with a variety

March			Kids of Character: Self Control		
*ACTIVITY		DOMAIN/STANDARD		DESCRIPTION	
Becoming a Life Long Learner		(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the		Review course selections offered by Middle School.	
Identify Career Goals		(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors		Career Information and Exploration	
Responsible Decision-Making/Equity		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Re-Think Ed and Suite 360 Lessons	
Life Skills & Wellness		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Continue utilizing mindfulness activities and counseling initiatives	
Habit Heroes		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		LIM: Sharpen the Saw	
Individual Counseling		Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.		Provide Individual Counseling/support as needed.	
Social Awareness and Relationship Skills		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed	
Test Prep and Test Anxiety Classroom Visits		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Mindfulness, breathing techniques, etc. Based on Teacher Request.	
Classroom Lessons		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Classroom Lessons surrounding Habit 7	
Small Groups		(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that		Small groups conclude	
Thursday Thoughts (Morning Announcements)		(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of		Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.	
		(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic			
College & Career Readiness					
Xello Platform		(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors		Xello Lessons 4-5	

Life Skills & Wellness		
Gratitude Wall	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will post notes about things they are grateful for encouraging positive thinking, empathy, and a sense of community.

April Kids of Character: Tolerance		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences New Student & Parent Session (RUFL) Conflict Mediation Habit Heroes Life Skills & Wellness Earth Day Individual Counseling Social Awareness and Relationship Skills Test Prep and Test Anxiety Classroom Visits Classroom Lessons Thursday Thoughts (Morning Announcements)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Collaborate with Transitioning Parents Collaborate with parents of prospective students Re-Think Ed and Suite 360 Lessons/Conflict mediation meetings LIM: Find Your Voice Continue utilizing mindfulness activities and counseling initiatives Share Earth Day activities as provided by the District Provide Individual Counseling/support as needed. Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed Mindfulness, breathing techniques,etc. Based on Teacher Request. Classroom Lessons surrounding Habit 8 Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
College & Career Readiness Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 5<

Life Skills & Wellness		
Goal Setting and Positive Thinking	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will engage in goal setting activities and learn about the power of positive thinking, the power of yet, and how it can help them reach their goals.

May		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Teachers provide promotion criteria per grade level. Collaborate with support staff regarding transition to next grade level based on LS&W needs
Thursday Thoughts (Morning Announcements)	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Weekly appearance on morning announcements sharing positive, mindful, and motivational thoughts with the school.
Transitioning to New Grade	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Support staff through orientation process of new Kindergarten students.
Life Skills & Wellness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Continue utilizing mindfulness activities and counseling initiatives
Summer opportunities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with support staff about summer academic opportunities
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide Individual Counseling/Support as needed.
Matriculation Meetings	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Attend matriculation meetings for students transitioning to Middle School
Social Awareness and Relationship Skills	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Promote School wide Life Skills & Wellness; provide classroom guidance, and Individual interventions as needed
Mental Health Awareness Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide activities for staff and students; brain breaks, mindfulness, self-care, etc.
Leader in Me Support	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Support teachers in implementation of LIM
College & Career Readiness		

Xello Platform	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lessons 5<
Life Skills & Wellness		
Mental Health Awareness Month	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will engage in month long activities surrounding mental health, self care, supports, and emotions. Students will learn about emotional regulation, support circles, positive self

June

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College & Career Readiness		
Life Skills & Wellness		