

BROWARD COUNTY PUBLIC SCHOOLS Mental Health Services

Mental Health Resources

Mental Health Professionals available to all BCPS students on campus include:

- School Counselors
- Social Workers
- School Psychologists
- Family Therapists

Family Counseling Program
The Family Counseling Program provides free therapy to all students and families addressing academic, social and emotional issues. Family Therapy is available in every BCPS region.
For more information or to make an appointment, call 754-321-1595.

Mental Health Supports & Resources

24-hour helpline available to speak to trained crisis counselors

988 **SUICIDE** **211**
Crisis Helpline Lifeline Crisis Helpline
Crisis Helpline Lifeline Crisis Helpline

Apps Available on Every Student's Clever Dashboard for Free Access

InnerExplorer **TAI**
Crisis Helpline Lifeline Crisis Helpline

ALYSSA'S ALERT
Mobile Device Alert 200

Special Title: Alyssa's Alert
Alyssa's Alert is a mobile device alert system that allows students to report a lost or stolen mobile device to the school district.

How to Use
1. Download the Alyssa's Alert app from the App Store or Google Play.
2. Log in with your school email address.
3. Select the device you want to report as lost or stolen.

FORTIFYFL
FortifyFL is a mobile device alert system that allows students to report a lost or stolen mobile device to the school district.

How to Use
1. Download the FortifyFL app from the App Store or Google Play.
2. Log in with your school email address.
3. Select the device you want to report as lost or stolen.

If you have a problem, do you know who you can go to for help?

HELP IS HERE

West help or to get something off your mind?

Broward County Student Services
Student, Crisis, and Family Support Services

The Broward County Student Services team provides support and resources for students, families, and staff. We are committed to helping students succeed and providing a safe and supportive environment for all.

How to Contact Us
Email: student.services@browardschools.com
Phone: 754-321-1595

CUSTOMER SERVICE
We Value Your Feedback!

Thank you for your feedback! We are committed to providing the best possible customer service and will use your input to improve our services.

APPLY ONLINE!
It's time to power up!

Complete a Meal Benefits Application to determine if your student is eligible to receive FREE or REDUCED-PRICE LUNCH.

Scan the QR code to access ALL your school meal resources, including the Income Survey Form, MySchoolBucks, and more.

Questions? Contact us at 754-321-0250 or freereducedmeals@browardschools.com

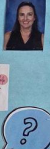
See Something Say Something
Be a Broward Reporter. Report a Tip.

See something, say something. Report a tip. We are committed to keeping our schools safe and secure.



Who can I go to aside from my teacher when I feel unsafe or need help?

Mrs. Martin, Principal
Mrs. Morris, Assistant Principal
Mr. Sade, School Counselor
Mrs. Gaskin, ESE Specialist
Mrs. Caplan, Learning Coach
Mr. Cardwell, Instructional Support
Office Manager, School Resource Officer



It's smart to ask for help!

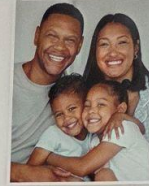
DID YOU KNOW?
Breakfast is FREE for all students at

Mental Health Resources



Mental Health Professionals available to all BCPS students on campus include:

School Counselors
Social Workers
School Psychologists
Family Therapists



Family Counseling Program

The Family Counseling Program provides free therapy to all students and families addressing academic, social and emotional issues. Family Therapists are available in every BCPS region.



For more information or to make an appointment, call **754-321-1590**.

Mental Health Supports & Resources

24-hour helplines available to speak to trained crisis counselors



Call or text 988



Mobile Response Team for Crisis: **954-463-0911**



Call 211 or text 89811

Apps Available on Every Students' Clever Dashboard for Free Access



innerExplorer

Guided mindful practices, strategies to increase peace & emotional regulation



TELL ANOTHER • LISTENING IS KEY

T.A.L.K. App: Connects students to a BCPS mental health professional

Lauderdale Manor Resource Center • 1400 NW 14 Court, Fort Lauderdale, Florida 33311 • 754-321-1710 • Browardschools.com/mentalhealthservices

The School Board of Broward County, Florida, prohibits any policy or procedure, which results in discrimination on the basis of age, color, disability, gender identity, gender expression, genetic information, marital status, national origin, race, religion, sex or sexual orientation. The School Board also provides equal access to the Boy Scouts and other designated youth groups. Individuals who wish to file a discrimination and/or harassment complaint may call the Director, Equal Educational Opportunity/Affirmative Compliance Department & Student Equity Coordinator/TIE II Coordinator at 754-321-2550 or email eeo@browardschools.com. Individuals with disabilities requesting accommodations under the Americans with Disabilities Act Amendments Act of 2008 (ADAAA), may call Total Educational Opportunity/Affirmative Compliance Department at 754-321-2550 or email eeo@browardschools.com.

APPLY ONLINE!

It's time to **POWER UP!**



Complete a Meal Benefits Application to determine if your student is eligible to receive **FREE or REDUCED-PRICE LUNCH**.

*Citizenship status is not requested on this application.



Scan the QR code to access ALL your school meal resources, including the Income Survey Form, MySchoolBucks, and more.

Questions? Contact us at **754-321-0250** or freereducedmeals@browardschools.com



See Something. Say Something

Be a Broward Buddy. Report a Tip

In an emergency, call 911 immediately. To submit a safety or security concern that is not an emergency, please use one of the tip reporting methods provided below. Please remember you can choose to remain anonymous.

- Anonymous Tip Submission Box**
Submit a tip using the Anonymous Tip Submission Box located in the main entrance of each Broward County Public School. The box is located in the main entrance of each Broward County Public School. The box is located in the main entrance of each Broward County Public School.
- Call Us Anytime (Even on Holidays)**
Call our District Security Operations Center (DSOC) 24 hours a day. Our team will receive your tip and will contact the appropriate law enforcement agency to investigate the tip. Please call 754-321-3600.
- Send Us an Email**
Submit a tip using the email address below. Although your email address is not anonymous, we will remove your name and contact information from the tip report.
- SecurityTeam@BrowardSchools.com**
- FortifyFL**
Submit a tip to the FortifyFL online (see download instructions) or use the app for your phone. The app is available on the App Store and Google Play. The app is available on the App Store and Google Play.
- Self-reporting**
Submit a tip to the FortifyFL online (see download instructions) or use the app for your phone. The app is available on the App Store and Google Play.



CARD
Center for Autism & Related Disabilities

UNIVERSITY OF MIAMI
NSU Florida

WE'RE HERE TO HELP WITH...

SCHOOL

- Observations
- Staff Trainings
- Technical Assistance
- Program Consultation
- IEP Documentation Review
- Connect with Advocates

HOME

- Individualized Family Support
- Behavioral Support
- Consultation & Training
- Strategy Implementation
- Parent & Family Training

COMMUNITY

- Parent & Professional Trainings
- Autism Friendly Business Initiative
- Support Groups
- CARD Conference
- Public Education & Community Outreach Services

ALL CARD SERVICES ARE INDIVIDUALIZED TO YOUR NEEDS

CARD
Center for Autism & Related Disabilities

UNIVERSITY OF MIAMI
NSU Florida

ESTAMOS AQUÍ PARA AYUDAR EN ...

ESCUELA

- Observaciones y entrenamientos
- Asistencia técnica
- Consulta del programa
- Revisión de la documentación del IEP
- Conéctese con defensores

HOGAR

- Apoyo familiar individualizado
- Entrenamiento para padres y familias
- Implementación de estrategias para el autismo
- Entrenamiento de conductas

COMUNIDAD

- Entrenamiento para padres y profesionales
- Autismo Amigable
- Negocio Iniciativa
- Grupos de apoyo
- CARD conferencia
- Servicios de educación pública y comunitaria

TODOS LOS SERVICIOS DE CARD SE INDIVIDUALIZAN A SUS NECESIDADES

NSU Broward Satellite Office, Davie

For more information about NSU CARD Support Services:
Phone: (954) 362-7771 • Email: CARD@nsu.edu
Website: CARD.nyu.edu
Facebook: UM-NSU CARD • Instagram: @umnsucard

CARD
Center for Autism & Related Disabilities

UNIVERSITY OF MIAMI
NSU Florida

JUST FOR DADS

A space for fathers of children on the autism spectrum to connect with other dads who understand their experiences. Participants can share perspectives, ask questions, exchange practical strategies, and build connections that promote understanding, confidence, and encouragement.
Registration is required.

For more information please contact:
Luis Grana
lgrana@nsu.edu
(954) 362-7707

JUST FOR MOMS

Join us for a monthly gathering of mothers of children and adults with ASD and/or related disabilities. This group offers opportunities to connect with other moms, share experiences, exchange resources, and build meaningful connections through mutual encouragement.
Registration is required.

For more information please contact:
Dr. María A. Silva
mm064@nsu.edu
(954) 362-7750

FAMILY SUPPORT GROUP

A family-centered space for caregivers and family members of individuals with ASD and/or related disabilities to connect in a judgment-free environment. Participants can share experiences, exchange resources, and engage in meaningful conversation within a supportive community.
Registration is required.

For more information please contact:
Sue Lape
slape@nsu.edu
(954) 362-8482

GRUPOS DE APOYO PARA MADRES

Disfrute de la oportunidad de conectar con otras madres de niños con diagnóstico de autismo, compartir experiencias, hacer preguntas, intercambiar recursos y recibir apoyo mutuo en su ambiente grupal.
Regístrase en su momento.

Para obtener más información, llame:
Rafaela García Delgado
rgarcia@nsu.edu
(954) 362-7775

CONNECT FOUR

Join us for connection and conversation around social understanding. Together, we'll explore questions such as: What are social skills? What is social thinking? How can I help my child—at any age—develop these skills? This group provides a welcoming space to learn, share experiences, and grow together on this journey.
Registration is required.

For more information please contact:
Laili Wilke
lwilke@nsu.edu
(954) 362-7709

TEACHER'S CHAT

A virtual, supportive discussion group for educators in public, charter, and private schools across Broward, Miami-Dade, and Monroe counties who work with students with ASD and/or related disabilities. Sessions are facilitated by experienced autism specialists who are former educators and emphasize practical, real-world strategies to support these students in classroom settings.
Registration is required.

For more information please contact:
Nina Garcia
ngarcia@nsu.edu
(954) 362-7708

HOMEWORK HUB

A parent-centered community for caregivers of children with ASD and/or related disabilities who are seeking practical strategies and resources to support homework completion and reinforce learning at home. Families have the opportunity to learn, share educational materials, exchange effective tactics, and offer encouragement as they support their child's academic progress.
Registration is required.

For more information please contact:
Natalie Dominguez
ndomingu@nsu.edu
(954) 362-7733

NSU Broward, Miramar Branch Office

The Daniel Jordan Fiddle Foundation Transition and Adult Programs

CARD
Center for Autism & Related Disabilities

UNIVERSITY OF MIAMI
NSU Florida

VIRTUAL PARENTS AND FAMILY MEMBERS OF ADULTS STRIVING FOR INDEPENDENCE SUPPORT GROUP

This is an opportunity for parents and family members of adults with autism to connect with others who understand the challenges of helping adults with autism become more independent. Areas of challenge might be navigating college or work, getting along with others, budgeting money and handling other "adult" tasks.

For more information please contact:
Dr. Diane Adams
dadams@nsu.edu
(954) 364-4056

SUPPORT GROUP FOR PARENTS & FAMILY MEMBERS OF ADULTS WITH HIGH SUPPORT NEEDS

Connect with others whose adults are non-speaking or minimally verbal, who may need 24/7 supervision, and may have challenging behaviors. We don't want you to feel alone in this journey.

For more information please contact:
Dr. Diane Adams
dadams@nsu.edu
(954) 364-4056

NAVEGANDO JUNTOS PARA FAMILIAS DE ADULTOS CON AUTISMO

Disfruta la oportunidad para conectar y crear una red de apoyo con otras familias de adultos con autismo. Los participantes recibirán información, apoyo y recursos sobre la planificación para la adultez. Este grupo se reúne alternadamente en la oficina de Miami Lakes y en la oficina de Miramar. Debe ser cliente de CARD para poder participar en este grupo.

Para obtener más información, llame:
Maria Hesse
mh033@nsu.edu
(781) 321-3715

JOB CLUB

A skill building group to help autistic adults who are looking for work or are employed. We will support each other as we learn the skills needed to find and keep a job. This includes social skills, job searching, networking, resume writing, interviewing skills, and more! This group is for registered CARD constituents who are 18 years old and over and out of high school. Participants must be interested in employment and be able to participate in live way group discussion via a virtual platform. This is not a job placement program.

For more information please contact:
Jennifer Fatah
jfatah@nsu.edu
(954) 364-3734

SOCIAL GAIN

(Group for Adults with Autism to Interact and Network)
A social opportunity activity-based group that will meet alternately online and in-person. The activities and format of the group vary each session. This group is for registered CARD constituents who are 18 years old and over and out of high school. Participants must be able to actively engage within the group. A screening appointment with the group facilitator is required before registration.

For more information please contact:
Brenda Group
Nathalie Stashuk
nstashuk@nsu.edu
(954) 362-7776

ADULT SUPPORT GROUP

A hybrid support group to help bring adults with autism together to talk about autism and how it impacts our lives. We will interact, gain support from one another and learn new skills. This group will alternate meeting in person in the Coral Gables CARD office and meeting virtually on Zoom. Participants must be registered with CARD, be 18 years or older, and be out of high school. They also must be able to sustain a reciprocal conversation and discuss a variety of topics. A screening appointment with the group facilitator is required before registration.

For more information please contact:
Jennifer Fatah
jfatah@nsu.edu
(954) 364-3734

SUPPORT GROUP FOR ADULT WOMEN & GENDER MINORITIES

Join us for a support group specifically for autistic women. We will support each other as we share experiences and feelings related to autism that are unique to women and gender diverse people. This group will be held virtually using the Zoom platform. This group is for women and other gender minorities who are CARD constituents, over 18 years of age and out of high school. Participants must be able to sustain a reciprocal conversation and discuss a variety of topics. A screening appointment with the group facilitator is required before registration.

For more information please contact:
Jennifer Fatah
jfatah@nsu.edu
(954) 364-3734

BROWARD
COUNTY PUBLIC SCHOOLS

ALYSSA'S ALERT

Mobile Duress Alert App

Alyssa's Alert is a mobile duress alert application that empowers staff members to immediately notify first responders in the event of an emergency. Receive potentially life-saving aid with the push of a button.

Speed Crisis Response
Upon activation, first responders will be notified of the emergency via mobile or landline notification of the emergency.

Easy to Use
Select one of the three buttons (shown right) to activate Alyssa's Alert. Aduress will be immediately be dispatched to your location.

Stay Connected
Administrators will be able to push important updates regarding an emergency situation to anyone who has downloaded Alyssa's Alert.

*Crisis buttons can only be activated while physically on school property. *Only if first responders may access location information upon button activation. Under no other circumstances is location information available.

DOWNLOAD THE APP NOW

Scan the Code

Search for "Alyssa's Alert"

Visit Learning Across Broward and search for "Alyssa's Alert" under the "Courses" tab to learn more about using Alyssa's Alert in the event of an emergency.

SAFERWATCH

FORTIFYFL
SUSPICIOUS ACTIVITY REPORTING APP

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.

#FORTIFYFL
GETFORTIFYFL.COM

Download on the App Store | GET IT ON Google Play

DOWNLOAD NOW

Broward County Student Services

HEART, Child Abuse, and Foster Care Designees:
Anum Kuplik and Monica Said

HEART
The Homeless Education Assistance Resource Team (HEART) ensures students experiencing housing instability have equal access to education in Broward County Public Schools. Students have access to assistance like transportation, uniforms, referral to resources and more.

The contact number for HEART is 754-321-1566

Mandatory Child Abuse or Educator Misconduct Reporting: All educators are mandated reporters. If you suspect someone is a victim of child abuse or neglect please report concerns to Florida's Child Abuse Hotline via phone or online submission.

Abuse Hotline: 1-800-96-ABUSE

Foster Care and Prevention Services: Foster Care and Prevention Services has worked to ensure that all students have the opportunity to learn and thrive in safe, supportive homes and school environments. The program focuses on removing students from harmful or stressful situations when necessary and providing the support they need to achieve academic success.

The contact number for Foster Care is 754-321-1557

CUSTOMER SERVICE

We Value Your Feedback!

To help us improve our services, please take a few moments to complete a short survey about your recent customer service experience at one of our Broward County Public Schools. Your input is important to us and will help ensure we continue to meet the needs of our community.

Please scan the QR code below or visit browardschools.com/customerserviceschools to share your thoughts.

Thank you for your time and feedback!

BROWARD **RATED**

Who can I go to aside from my teacher when I feel unsafe or need help?

Mrs. Machin, Principal
Mrs. Norrito, Assistant Principal
Ms. Said, School Counselor
Mrs. Gaskill, ESE Specialist
Mrs. Casios, Literacy Coach
Ms. Cardenal, Instructional Support Officer Mark, School Resource Officer

It's smart to ask for help!

