



Country Hills Elementary

3111

Annual School Counseling and Support Plan

Principal: Meacham-Hall, Laneia

Director/Lead Counselor: Susan Schaffer

Susan Schaffer
Meacham-Hall, Laneia
Date 8/19/12

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August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Call parents/students that are identified as needing support
Academic Support	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide academic counseling with retained students
Welcoming Students/Introducing School Counseling Services	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet the School Counselor Guidance Lessons (Grades K-5)
Introductions With Grade Level Teams	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet with all grade level teams in order to help staff understand the school counselor role
Anti-Bullying	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Mandated Anti-Bullying Lesson and follow up activity
Individual Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
HEART Assistance	(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Assist with providing HEART resources as needed.
Leader in Me Training	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Train teachers on Leader in Me direct lessons
Leader in Me Direct Lessons	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers will begin teaching the Leader in Me direct lessons
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Materials placed throughout the school
Post College/Career Materials around school.		
Life Skills & Wellness		
Coping Skills Lesson	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Body regulation and calming strategies taught and practiced.

September

Kids of Character: Cooperation

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselor will meet with several students in the lowest quartile to set academic goals.
Start with Hello Week	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Ideas provided over the morning announcements. Icebreaker cards in lunchroom.
Peace Week	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide awareness and activities for PEACE Week: Dress up days, read books about kindness to Grades K-2, Peace Pledge Tree and ChalkPeace
WIN group	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily small group of high achieving students-growth mindset, social skills, and coping strategies.
RTI	(2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Student needs assessment	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Teachers provided with a needs assessment to identify students for small group counseling.
Individual Counseling	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
Leader In Me Planning	(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the	Collaborate with Lighthouse Team
Leader In Me Direct Lessons	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Leader in Me lessons taught 3x per week
Goal Setting Lesson	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Goal Setting Lesson (Grades 3-5)
College & Career Readiness	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.
Career Exploration	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Create Xello Profiles
Introduction to Xello		
Life Skills & Wellness		
Mindfulness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Mindful Mondays over the morning announcements
Leader in Me: Habit 1-Be Proactive	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Habit Hero Wednesdays over the morning announcements, Habit Hero Assembly
Relationship Skills Lesson	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Overcoming Obstacles Lesson

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills Leader In Me Planning Red Ribbon Week WIN group RTI Individual Counseling LSW Survey Group Counseling Academic Support Leader In Me Direct Lessons	(8). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will meet with the counselor as needed to review study & success skills. Ongoing. Collaborate with Lighthouse Team School-wide awareness and activities during Red Ribbon Week Daily small group of high achieving students-growth mindset, social skills, and coping strategies Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed. Meet with weekly counseling students and others as needed. LSW survey given to 4th and 5th graders. Counseling groups begin based on needs assessment. Provide academic counseling with students as needed. Leader In Me lessons taught 3x per week
College & Career Readiness Career Exploration Xello Lesson	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements. Grades 3-5: Mission 1
Life Skills & Wellness Mindfulness Leader In Me: Habit 2-Begin with the End in Mind Leader In Me: Habit 2-Begin with the End in Mind	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary- LSW C: Students will engage in positive social interactions and demonstrated respectful and cooperative behaviors. Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Mindful Mondays over the morning announcements. Habit Hero Wednesdays over the morning announcements, Habit Hero Assembly Grade Level Overcoming Obstacles Lesson

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept Leader In Me Planning AntiBullying/Relationship Skills Individual Counseling RTI Group Counseling WIN group Harvest Drive Academic Support Leader In Me Direct Lessons	(6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2) Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselor will work with students on an individual basis to address the importance of home and school Collaborate with Lighthouse Team School-wide anti-bullying awareness week-Friendship stories read in Grades K-2 Meet with weekly counseling students and others as needed. Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed. Counseling groups continue based on needs assessment. Daily small group of high achieving students-growth mindset, social skills, and coping strategies. School-wide event to collect food for the less fortunate during the holidays. Provide academic counseling with students as needed. Leader In Me lessons taught 3x per week
College & Career Readiness Career Exploration Xello Lesson	(7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements. Xello Career Exploration Activity
Life Skills & Wellness Mindfulness Leader In Me: Habit 3-Put First Things First Resiliency Skills Lesson	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors. Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Mindful Mondays over the morning announcements Habit Hero Wednesdays over the morning announcements, Habit Hero Assembly Grade Level Overcoming Obstacles Lesson

Kids of Character: Kindness

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success	(6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselor will celebrate academic successes with students in lowest quartile
Leader In Me Planning	(4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the	Collaborate with Lighthouse Team
Individual Counseling	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
RTI	(2) Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Group Counseling	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Close out first semester counseling groups
WIN group	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily small group of high achieving students growth mindset, social skills, and coping strategies
Academic Support	(6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide academic counseling with students as needed.
Leader In Me Direct Lessons	(3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Leader in Me lessons taught 3x per week
College & Career Readiness	(7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.
Career Exploration	(7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Grades 3-5: Mission 2
Xello Lesson		
Life Skills & Wellness		
Mindfulness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Mindful Mondays over the morning announcements
Leader In Me: Review Habits 1-3	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Habit Hero Wednesdays over the morning announcements
Relationship Skills Lesson	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Overcoming Obstacles Lesson

Kids of Character: Respect

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Kids of Character: Honesty

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselor will do a lesson with 3rd grade students on test taking skills and anxiety management
RTI	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Diversity, Respect, and Social Awareness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Culture trivia over morning announcements
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
WJN group	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily, small group of high achieving students-growth mindset, social skills, and coping strategies
Leader In Me Planning	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with Lighthouse Team
Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counseling groups begin based on needs assessment.
Day of Service and Love	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Service Projects and Acts of Kindness activities in the classroom
Leader In Me Direct Lessons	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Leader In Me lessons taught 3x per week
College & Career Readiness		
Career Exploration	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.
Melec Lesson	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grades 3-5: Mission 3
Life Skills & Wellness		
Mindfulness	Elementary- LSW/ A. Students will recognize, identify, and appropriately	Mindful Mondays over the morning announcements

		express basic emotions in themselves and others.	
Leader In Me: Habit 5: Seek First to Understand, Then to Be Understood		Elementary: LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Habit Hero Wednesdays over the morning announcements, Habit Hero Assembly
Relationship Skills Lesson		Elementary: LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Overcoming Obstacles Lesson

March

Kids of Character: Self Control

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Guidance lesson: Grades 3-5
Individual Counseling	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
RTI	(2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
WIN group	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily small group of high achieving students-growth mindset, social skills, and coping strategies
Social Awareness-Women's History Month	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide initiative to educate students on historical women throughout the month
Group Counseling	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counseling groups continue based on needs assessment.
Leader In Me Planning	(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the	Collaborate with Lighthouse Team
Leader In Me Direct Lessons	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Leader In Me lessons taught 3x per week
	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	
College & Career Readiness		
Career Exploration	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.
Xello Lesson	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Xello Lesson Activities

Xello Lesson	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grades 3-5: Mission 4
Life Skills & Wellness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Mindful Mondays over the morning announcements
Mindfulness	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Habit Hero Wednesdays over the morning announcements; Habit Hero Assembly
Leader In Me: Habit 7- Sharpen the Saw	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Overcoming Obstacles Lesson
Responsible Decision-Making Lesson		

May

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	5th Grade Classroom lesson to prepare for middle school
Mental Health Awareness Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide initiative to educate students on mental health throughout the month with videos and activities.
Leader In Me Direct Lessons	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Leader In Me lessons taught 3x per week
RTI and Promotion	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Summer Learning Opportunities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Assist families in finding resources for the summer.
Promotion Ceremony	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Attend 5th grade ceremony
Summer Safety	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom lessons on summer safety tips/stranger awareness/social media
Leader In Me Planning	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with Lighthouse Team
College & Career Readiness		

College & Career Readiness		
Life Skills & Wellness		