



Sandpiper Elementary

3061

Annual School Counseling and Support Plan

Principal: LACHANCE, CAMILLE

Director/Lead Counselor: Meredith Codd

Camille Lachance
LACHANCE, CAMILLE

Steph
Date

Meredith Codd
Meredith Codd

8/26/26
Date

August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Open House, visit classrooms, attend assemblies
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Classroom visits, Positive Behavior Assemblies
Parent/Teacher Conferences	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Join teachers for parent conferences when requested. (Ongoing)
Registration/Scheduling/Class Changes	(5) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Work with Literacy coach and IMT on scheduling and placement.
Positive Behavior Assemblies	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Counselor introduction
HEART registrations	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Prepare applications and forward to department; consult families and SSW as needed
Review 504 Plans and distribute to teachers	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Attend BOY trainings, review plans and distribute to teachers, schedule annual meetings
3rd grade retentions/Mid-year promotion testing	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Plan for mid-year promotion assessment and organize small group meetings.
Monday Mindfulness Videos	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
Caught Being Kind Initiative	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Introduces new Caught Being Kind initiative to students and recognize students who are identified.
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Collect alma mater information from teachers and create pennants for their classroom doors
Post College/Career Materials around school.		
Life Skills & Wellness		
Wellness Wizard Announcements	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Begin meetings with 3rd grade retained students
HEART Registrations		Referrals to HEART and SSW
Attendance Initiatives		Consult with SSW
Monday Mindfulness videos		Post weekly videos for teachers to share with students.
Classroom lessons		Welcome, kindness, behavioral expectations
Peace Week		Chalk for Peace Day- Coordinate with Specials. Suggested links and videos sent to teachers; morning announcement; Start with Hello assemblies grades 2-5.
KOC trait: Cooperation		Email resources for LSW lessons and activities aligned with character trait
Needs Assessment Distribution		Send out Needs Assessment to gather data for counseling interventions
Small Group Identification		Using information from CPST meetings, needs assessment, and teacher referrals, determine topics for groups and students to participate
Caught Being Kind Initiative		Introduce new Caught Being Kind Initiative to students and recognize students who are identified.
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Introduce teachers and students to Xello platform
Intro to Xello		
Life Skills & Wellness	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students in grades 2-5 will participate in an assembly describing the Start With Hello steps.
Start With Hello		Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc
Wellness Wizard Announcements		Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence. K-2: Cooperation, 3-5: Cooperation & Teamwork

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
Red Ribbon Week	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate activities with Specials and Student Council Red Ribbon day
KOC trait: Responsibility	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Harvest Drive coordination and collection	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Coordinate with SSW to select families and collect and organize items
504	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed. Accellity data entry, reading course updates
Small Group counseling sessions begin	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Create groups based on students' needs as Identified through needs assessment, CPST meetings, teacher and parent referral
Individual Counseling sessions	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Based on teacher referral, CPST discussions, needs assessment, and LSW Rethink Ed survey
Caught Being Kind Initiative	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students.
College & Career Readiness		
College and Career Week	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Create activities for teachers to share with students.
Assist K-5 students with creating Avatars	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Get students excited about personalizing their Xello account
Life Skills & Wellness		
Coordinate LSW Survey Administration	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Train teachers and assist in survey administration for grades 4 and 5
Wellness Wizard Announcements	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc
Wellness Wizard Announcements	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence K-5: Being Responsible

November

Kids of Character: Citizenship

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
Anti-bullying/Digital Citizenship Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Anti-Bullying and Digital Citizenship activities. Think B4 You Post assembly
KOC trait: Citizenship	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Caught Being Kind Initiative	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students
Small Group Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Facillate group sessions with students
Individual Counseling sessions	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Based on teacher referral, CPST discussions, needs assessment, and LSW Rethink Ed survey
Harvest Drive: Food baskets for Families	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Coordinate with School Social Worker and student council
HEART,SSW, outside resource referrals	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Make referrals to the appropriate agency as needed
504	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed. Accellify data entry, reading course updates
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grades 3-5 complete Xello lesson 1 "Mission Lesson"
Life Skills & Wellness	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence. K-2: Fairness, 3-5: Good Citizenship
Citizenship focused classroom lessons (Problem Solving)	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc
Wellness Wizard Announcements		

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
KOC trait - Kindness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Caught Being Kind	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students.
Holiday help for families	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Team with School Social Worker and student groups
Small Group wrap ups	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Complete first session of small group meetings
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Ongoing/as needed
Referrals to outside services/ consultations	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Referrals to SSW and HEART
504	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed. Accuracy data entry, reading course updates
Wellness Wonderland Family Night	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Family night focused on mindfulness, mental health, and life skills and wellness awareness
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Supervise and monitor lesson completion
K-2 Students complete lesson 1	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Supervise and monitor lesson completion
3-5 students complete lesson 2		
Life Skills & Wellness		
Kindness/Empathy Classroom lessons (Friendship & Conflict Resolution)	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Wednesday classroom lessons from Overthinking Obstacles based on LSW Scope and Sequence. K-2: Kindness, 3-5: Becoming a Good Friend
Wellness Wizard Announcements	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
No Name Calling Week/ No Place for Hate	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Morning Announcements. "The Torn Heart." Work with Specials team on theme activities
KOC trait: Respect	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Great Kindness Challenge	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Random Acts of Kindness BINGO card
Caught Being Kind Initiative	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students.
Small Groups	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Start second round of small groups
Individual counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	ongoing/as needed
504	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed. Acelity data entry, reading course updates
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	supervise and monitor lesson completion
K-2 students complete Lesson 1	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	supervise and monitor lesson completion
3-5 students complete lesson 2		
Life Skills & Wellness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence. K-5: Respect
Self-awareness classroom lessons (Respect)	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc.
Wellness Wizard Announcements		

February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
KOC trait: Honesty	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Caught Being Kind Initiative	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students.
Small Group counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Facilitate small group meetings
Individual counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	ongoing/as needed
Middle School Visit	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Coordinate with Westpine Middle School to schedule a visit for the 5th grade class
504	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed.
Harmony Day/Days of Service and Love	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Accelerly data entry, reading course updates Plan school-wide activities for Day of Service and Love
College & Career Readiness		
Grades 3-5 complete lesson 3	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	supervise and monitor lesson completion
Life Skills & Wellness		
Relationship Skills classroom lessons (Actions and	Elementary- LSW C: Students will engage in positive social interactions	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and

Consequences)	and demonstrate respectful and cooperative behaviors.	Sequence. K-5: Integrity
Wellness Wizard Announcements	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc

Kids of Character: Self Control		
March		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Monday Mindfulness videos	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
KOC trait: Self-Control	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Caught Being Kind Initiative	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students.
Small group counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	facilitate small group meetings
Individual counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	ngoing/as needed
504	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed. Accelerly data entry, reading course updates
	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will explore careers and vote on their favorites based on a March Madness type bracket
March Madness Career Bracket	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Supervise and monitor lesson completion
3-5 students complete lesson 3		

Life Skills & Wellness		
Coordinate LSW Survey Administration	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Train teachers and assist in survey administration for grades 4 and 5. Analyze data and utilize for 2024-25 LSW Plan.
Wellness Wizard Announcements	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc
Self-Control classroom lessons (Self-Control)	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence. K-2: Self-Control, 3-5: Handling Peer Pressure

April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test Taking Support/Strategies	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Test-taking skills lessons
Monday Moment of Mindfulness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.
KOC trait: Tolerance	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Email resources for LSW lessons and activities aligned with character trait
Small group counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	wrap up small groups in preparation for testing
Individual counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	ongoing/as needed
504	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meetings, parent and teacher contact as needed.
Caught Being Kind Initiative	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Acclivity data entry, reading course updates
		Recognize Caught Being Kind students.
College & Career Readiness		
K-2 students complete lesson 2	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Supervise and monitor lesson completion

3-5 students complete lesson 4		(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Supervise and monitor lesson completion
Life Skills & Wellness			
Responsible Decision-Making classroom lessons (Safe and Ethical Behavior)		Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Wednesday classroom lessons from Overcoming Obstacles based on LSW Scope and Sequence. K2: Becoming a Good Friend, 3-5: Resolving Conflicts
Wellness Wizard Announcements		Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc

May			
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION	
Monday Moment of Mindfulness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Post weekly videos for teachers to share with students.	
Mental Health Awareness Month activities	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Plan activities and resource sharing for mental health awareness month	
Transitioning to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Classroom lessons focusing on transitioning to the next grade	
Caught Being Kind Initiative	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognize Caught Being Kind students	
Summer Learning Opportunity Information dissemination	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	parent link/newsletter	
Middle School hand-off	(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Meet with middle school regarding warm hand-off for students moving to a different school	
College & Career Readiness			

College & Career Readiness Xello data review	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Review Xello data and create plan for Implementation for 26-27 SY
Life Skills & Wellness Summer Safety Resources Wellness Wizard Announcements	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Share resources and tips for being safe over the summer Every Thursday, the Wellness Wizard will share a wellness tip with students such as a coping strategy, mindfulness practice, etc.