

Life Skills & Wellness Standards 26-27

ACTIVITY	STANDARD	DESCRIPTION
Example: School-wide Emotion Charades	Students will recognize, identify, and appropriately express basic emotions in themselves and others.	In this school-wide activity, students across grade levels participate in "Emotion Charades" by acting out basic emotions using facial expressions and body language while peers guess the emotion. Class discussions follow, helping students better understand and express emotions in themselves and others.
Students will recognize and identify emotions they experience throughout the school day.	LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Classrooms will incorporate regular feelings check-ins where students identify their current emotion using visual emotion charts, feeling thermometers, or check-in prompts. Students will have opportunities to discuss healthy ways to communicate their feelings and identify strategies for managing difficult emotions.
Students will understand the connection between their thoughts, feelings, and behaviors.	LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Through classroom lessons and small-group activities, students will learn how thoughts influence feelings and behaviors. Students will practice identifying challenging situations and selecting positive coping strategies to make responsible choices and manage their reactions.
Students will demonstrate kindness, inclusion, and positive peer interactions.	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will participate in school-wide activities focused on reducing social isolation and encouraging students to reach out to others. Activities may include greeting new students, inviting peers to join activities, kindness challenges, and classroom discussions about inclusion and belonging.

Life Skills & Wellness Standards 26-27

Life Skills & Wellness Team Information:

LSW TEAM Members	LSW Liaison: Sandra Apollon	School: Coral Springs Elementary Zone: North Region
	Administrator: Keandra Fulton	Date Plan Completed: 09/08/2026
	Other Team Members: Frislene Bazile, and Sathasha Blair	
	Monthly Meeting Dates: 10/28/2026, 11/18/2026, 12/16/2026, 01/27/2027, 02/24/2027, 03/31/2027, 04/28/2027, and 05/26/2027	