



Annual School Counseling and Support Plan

Principal: Fatout, Daniela

Director/Lead Counselor: Sassanae Myers

Fatout, Daniela

Date

Sassanae Myers

Date

August

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Cougar Prowl Orientation for new incoming students 6-8
Set College/Career Expectations	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	During Cougar Prowl students visited various clubs that will expose them to college and career options.
Welcome Students/Introducing School Counseling Services/Goal-Setting	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School counselors visited grade level classrooms for brief introductions and to welcome students new year
Cougar Connect-10 mins of daily SEL Lessons	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide mindfulness lessons.
Registration/Scheduling/Class Changes	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet with students individually to discuss options
Anti-Bullying and Dating Violence Prevention	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
Parent Conferences	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Schedule & meet with parents to discuss academic or social progress of students (throughout the year).
School Advisory Council (SAC)	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Work closely with SAC to promote incentives and provide information to parents, students and teachers.
Conflict Mediation	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Provide mediation to students who are having conflicts (throughout the year).
College & Career Readiness		
Consultation, Collaboration, and Coordination	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students participate in small-group discussions to solve academic or social challenges, practicing effective communication, collaboration, and sharing strategies to support one
Life Skills & Wellness		
Decisions Dominoes	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students line up "domino cards" showing choices and their possible outcomes, creating chains that illustrate how one decision can lead to positive or negative consequences for

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Transcript Evaluations Xello College & Career Activity Attendance Initiatives/Peace Week Counseling Newsletter Course Recovery MTSS/RI Meetings (Biweekly) Classroom Counseling Lessons Choose Peace/Stop Violence/ Suicide Prevention Honor Character Traits Cougar Connect-10 mins of daily SEL Lessons LSW Theme: Relationship Skills FAST Assessments 504 Plans Parent Conferences	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Counselors determine placement and recommendations. Meet with classes to work on first semester Xello lessons Counselors collaborate with Emerging Leaders to coordinate Peace Week activities Counselors collaborate with school social worker to encourage students to attend school The Counseling department create and distribute a monthly Counseling and School Newsletter to address SEL, College Career Readiness, and other pertinent information. Counselors identify students who need course recovery and schedule accordingly. MTSS/RI team facilitates meetings to discuss academic/behavior concerns and determine interventions as a team. Discuss promotion criteria and bullying policy to incoming 6th graders/ Review with 7 and 8 graders. Provide SEL lesson Invite students to submit art work or creative writing pieces, Emerging Leaders and art students collaborate on different school-wide activities. Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA Provide mindfulness lessons. Coordinate, schedule, and prepare all aspects of the FAST Assessments. Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans. Schedule & meet with parents to discuss academic or social progress of students (throughout the year).
College & Career Readiness Transition to Middle School Survey Smart Goal-Career	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Middle School Survey-Students work on quarter 1 Students will create career goals
Life Skills & Wellness Goal Roadmap	Middle LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	Students identify a personal or academic goal, map out 3-4 action steps on a "roadmap" template, and set checkpoints to monitor their progress along the way.

October

Kids of Character: Responsibility

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Building a College/Career Culture Identify & Recover Fragile Students College Fair/College Week/Building a College Culture Cougar Connect- 10 mins of daily SEL Lessons LSW Theme: Resiliency Honoring Character Traits Peer Mentoring Multicultural Activities- His panie Heritage Red Ribbon Week MTSS/RI Meetings (Biweekly)	(7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors provide information to classes regarding College Fair and update school website to include College and Career Corner. Counselors will meet with students identified through Basis, through concerned parents or teachers to address needs. The counselors will collaborate with Emerging Leaders to create school-wide activities to promote college awareness and college week. Provide mindfulness lessons. Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA Big Cougar/Little Cougar program, whereby 6th grade students mentor identified 6th grade students Provide daily announcements to honor Hispanic heritage/classist with activities In collaboration with the Emerging Leaders, activities will be scheduled each day of Red Ribbon Week School counseling department facilitates Rt to discuss academic behavior concerns and provide interventions to meet the needs of each student
College & Career Readiness SMART Career Goal SMART Career Goal SMART Career Goal	(7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Students will create SMART goals, career cluster and Middle School Transition survey. Students will complete standards 2.0 and 4.0 Students will complete standards 2.0 and 6.0.
Life Skills & Wellness Rethink Ed Survey	Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	student survey 25 questions (pre)

November

Kids of Character: Citizenship

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
1st Quarter Honor Roll		Honor Roll assembly conducted for all grades
Xello College & Career Activity	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Xello lessons through Social Studies lessons with classroom guidance and peer counseling activities
Anti-Bullying	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans. Present Awards to students meet the criteria - Academic Success
504 Plans	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide mindfulness lessons.
Honor Roll Recognition	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Big Cougar/Little Cougar program, whereby 8th grade students mentor identified 6th grade students
Cougar Connect-10 mins of daily SEL Lessons LSW Theme: Resiliency	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Work with students/classes in collecting items providing information/assisting with organizing and distributing food to parents
Peer Mentoring/5000 Role Models	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA
Harvest Drive	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet and discuss academic/behavioral concerns of students/recommend strategies to meet student needs
Honoring Character Traits		
MTSS/RU Meetings (Biweekly)		
Parent Conferences	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Schedule & meet with parents to discuss academic or social progress of students (throughout the year). Provide mediation to students who are having conflicts (throughout the year).
Conflict Mediation		
College & Career Readiness		
SMART Career Goal	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on SMART goals and career cluster
SMART Career Goal	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on standards 2.0 and 4.0
SMART Career Goal	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on standards 2.0 and 6.0.
Life Skills & Wellness		
Choices and Consequences	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students discuss scenario cards, explore choices and consequences, and share how decisions affect themselves and others.

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Credit Recovery/ Remediation	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will participate in course recovery based on grades in core courses.
Internet Safety	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counseling lessons with review of cybersafety presentation
Cougar Connect-10 mins of daily SEL Lessons LSW Theme: Relationship Skills	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Provide mindfulness lessons.
Honoring Character Traits	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA
MTSS/RtI Meetings (Biweekly)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Discuss struggling students and implement interventions and other services as it relates to the academic and social needs of students.
Career Planning/PAC Plan	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will attend JA World (Jr. Achievement)
Peer Mentoring	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Big Cougar/Little Cougar program, whereby 8th grade students mentor identified 6th grade students
FAST Assessment	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Coordinate, schedule, and prepare all aspects of the FAST Assessments.
504 Plans	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
HOPE Sunshine Club	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet weekly with students regarding FISP's curriculum, which includes topics such as suicide prevention, bullying, conflict mediation and more
Living Skills in School (LSS) Mental Health Awareness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Mental health presentations to address mental and social needs of our students
Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Grief Counseling, Test Anxiety, Social Anxiety, Friendships, etc.
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on SMART goals and career cluster
SMART Career Goal	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on standards 2.0 and 4.0.
SMART Career Goal	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will continue working on standards 2.0 and 6.0.
Junior Achievement Field Trip	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	
Life Skills & Wellness		
Stress Tool Box	Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges.	Students brainstorm healthy coping strategies, create a personalized "toolbox" of techniques they can use during stressful situations, and share one strategy they find most

January

Kids of Character: Respect

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
FOCUS: Review Grades Xello College & Career Activity Health Screenings Cougar Connect-10 mins of daily SEL Lessons LSW Theme: Respect No Name Calling Week MTSS/RI Meetings (Biweekly) Small Group Counseling Honoring Character Traits Cougar Showcase 504 Plans 1-2 Quarter Report Card Review/Data Check High School Matriculation	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Weekly review of grades in FOCUS with students identified as struggling Monthly Xello lessons through history Counselors will schedule and prepare for the hearing, vision and BMI screenings as well as assist district staff in performing the hearing screenings. Provide mindfulness lessons. Counselors in collaboration with peer counseling will coordinate school-wide No Name-Calling Week activities. Important information will be posted on Canvases pages. Discuss struggling students. Implement interventions and other services as it relates to the academic and social needs of students. Remind students of promotion criteria and group activities on respecting self and others. Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA Students will showcase their work and presentations or displays with the assistance of counseling department Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans. Monitor students who do not have at least 4 points in 4/6 classes. Begin looking at Course recovery options and schedule parent-teacher conferences. Counselors will coordinate with high schools and meet with students to discuss/distribute and collect high school course selection forms.
College & Career Readiness SMART Career Goal Super Match College Search and Post Secondary Options Game Plan Survey	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Standards 3.0, 5.0, 6.0 and 7.0 Standards 5.0 and 7.0 Standards 3.0 and 7.0
Life Skills & Wellness SMART Goal Challenge	Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	Students choose a personal or academic goal and rewrite it using the SMART framework (Specific, Measurable, Achievable, Relevant, Time-bound) to create a clear, actionable plan.

February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
2nd Quarter Honor Roll	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Honor students who made the honor roll
PAC Plan 8th Grade	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Meet with small groups to discuss goals.
Diversity & Respect	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Cultural Awareness Program: Celebrate Black History Month. Students attend and/or participate in assemblies
504 Plans	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
Honor Character Traits	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and P.T.S.A.
MTSS/RI Meetings (Biweekly)	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discuss struggling students. Implement interventions and other services as it relates to the academic and social needs of students.
504 Plans	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
5th Grade Matriculation	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School tour, presentation, and course selection.
Cougar Connect: 10 mins of daily SEL Lessons	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide mindfulness lessons.
LSW Theme: Honesty	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselors celebrate and make students, parents and staff aware of the services offered by school counselors
National School Counseling Week	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Big Cougar/Little Cougar program, whereby 8th grade students mentor identified 6th grade students
Peer Mentoring	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	
SMART Career Goal	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Standards 3.0, 5.0, 6.0 and 7.0
Super Match College Search and Post Secondary Options	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Standards 5.0 and 7.0
Game Plan Survey	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Standards 3.0 and 7.0s
Life Skills & Wellness		
Stop, Think, Choose	Middle- LSW A: Students will analyze situations and make responsible	Students practice impulse control by acting out quick scenarios where they must pause

choices by evaluating consequences and considering the well-being of self

("Stop"), identify possible choices and consequences ("Think"), and then select the most

March

Kids of Character: Self Control

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test Prep/Study Skills	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Test taking strategies are provided for each class
Magnet Showcase	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Coordinate with magnet schools to provide information to students
New Student/Parent Showcase	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Tours of campus for new students and course selection for grade levels
Women's History Month	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	In collaboration with peer counseling, counselors will provide information relating to Women's History Month
MTSS/RII Meetings (biweekly)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Discuss struggling students, implement interventions and other services as it relates to the academic and social needs of students.
Matriculation/Articulation/Course Selection	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Course selection for middle school classes
Cougar Connect-10 mins of daily SEL Lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide mindfulness lessons through.
LSW Theme: Self Control		Provide course recovery for failing students
Remediation/ Course Recovery		
Peer Mentoring	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	
Cougar Characters- Kids of Character	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Big Cougar/Little Cougar program, whereby 8th grade students mentor identified 6th grade students
504 Plans	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA
6th Grade- Health Screening(Vision, Hearing, and BMI)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Counselors will schedule and prepare for the hearing, vision, and BMI screenings as well as district staff in performing health screenings.
College & Career Readiness		
Wellness Check In	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students participate in a guided reflection or small-group discussion to identify feelings, stressors, and coping strategies, helping them build skills to support their mental health and

Life Skills & Wellness	
Rethink Ed Student Survey	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self

25 survey questions (post)

April

Kids of Character: Tolerance

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Course Selection	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Course selection cards given to students in grades 6 and 7 to choos courses for incoming year
High School Information	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow up meeting with 8th graders to discuss high school expectations
School-wide Initiative	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	"Making Smarter Choices" teach students importance of positive life skills
MTSS/Rt Meetings (Biweekly)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Discuss struggling students, implement interventions and offer services as it relates to the academic and social needs of students.
Honor Roll Recognition	(9). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Celebrate students that made the honor roll
Honor Character Traits	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA
FAST Writing(TBD)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors create testing schedule and prepare, distribute, collect and return standardized testing materials
High School Matriculation	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselor follows up with students to review and complete course selection forms and provide information
Classroom Guidance	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with students to discuss test anxiety, test prep, and other pertinent information.
Kids of Character - Cougar Character Celebration	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Selected students (Cougar Characters) who represent the character trait of the month are honored with a pizza party provided by the counselors and PTSA
Peer Mentoring	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Big Cougar/Little Cougar program, whereby 8th grade students mentor identified 6th grade students
504 Plans	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
Cougar Connect: 10 mins of daily SEL Lesson LSW Theme: Tolerance	(9). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide mindfulness lessons through.
College & Career Readiness		
Career Skills Workshop	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students explore different careers through research, role-play, or guest speakers, identify the skills and behaviors needed for success, and create a personal plan to develop work-

Life Skills & Wellness Team Tower Challenge	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	In small groups, students work together to build the tallest tower possible using limited materials while practicing teamwork, making shared decisions, and considering the well-

May

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
3rd Quarter Honor Roll/Graduation/Promotion	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Assembly to honor students meeting criteria for honor roll
Xello college & Career Activity	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Xello through social studies classes
Transitioning to New Grade	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselors meet with students in elementary school for matriculation and with 8th grade students to help them transition and matriculate to high school.
Transition to Next Grade Level	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet with groups to discuss promotion. Provide them with information and expectations of next grade level.
Summer Learning Opportunities	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet with students to discuss and provide summer learning options for enrichment and recovery
Awards Ceremony	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Honor students for academic and behavior success - End of Year Awards
MTSS/RII	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Discuss struggling students, prepare for incoming school year and close out this year's RI
FAST/EOC Testing Preparation	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors will coordinate, schedule, and prepare all aspects of FAST/EOC
Course Recovery	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors will meet with students to discuss course recovery options.
Mental Health Awareness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	The school counseling department along with peer counselors, will provide activities surrounding mental health awareness.
Cougar Connect-10 mins of daily SEL Lessons	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide mindfulness lessons.
504 Plans	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors will collaborate with parents, teachers and students to review current and/or create new 504 plans.
College & Career Readiness		

College & Career Readiness		
Life Skills & Wellness		