



Banyan Elementary School

2001

Annual School Counseling and Support Plan

Principal: Shalonda Jennings

Director/Lead Counselor: Tresa Davis Chance

Shalonda Jennings

8/18/24
Date

Tresa D. Chance

8/18/24
Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
HEART Registration, Open House, New School Transitions	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Assist with HEART student registration, Open House with Teachers and Parents. Assist parents with back to school information.
Meet the Counselor/Who are Your Trusted Adults classroom guidance lesson	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	During classroom lesson (K-5), introduce myself and my responsibilities to the students and they will learn to identify who their trusted adults are and why they should go to them when
Meet and Greet with Parents and Student	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School Wide Activity Inviting parents/students to meet their teacher and see their classroom.
Anti-Bullying/Anti Threats Classroom lesson	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom lesson (K-5) to teach students about the anti-bullying and anti-threats policy.
Safety Plan check-ins	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	One to one brief counseling to help students to resolve conflicts, increase self-awareness, learn coping skills, and enhance self-esteem.
College & Career Readiness		
Life Skills & Wellness		

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Students in Study Skills group will analyze test scores from previous year.
Intro to College/Career Education	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will observe College board to gain exposure to various colleges and universities.
Required SAVE Promise student training.	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	K-5 Students participate in SAVE Promise training during classroom guidance.
Attendance Discussion	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	During RTI, attendance concerns will be discussed with the teacher and RTI team.
RTI/CPST	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Meet with the teachers and parents on a weekly basis.
Character Education-Cooperation	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students of the Month are announced on Morning Announcements and certificates are posted on Student Board.
Promoting Peace/Stopping Violence Week activity.	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Schoolwide initiative that is introduced on the morning announcements and the students do an activity each of day of Peace Week in celebration of Promoting Peace/Stopping Violence
Formulate Small Counseling Groups for Divorce/Changing Families, Zones of Regulation, Social Skills, and Study	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Small groups such as Zones of Regulation, Changing Families, Social Skills, and Study Skills groups will meet with Counselor weekly.
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	K-5 students do career development lessons on Zello.
Zello career activity		
Life Skills & Wellness		
Planting the Seeds of Peace Pledge and How Can We Have Peace at School activity	Elementary -LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students recite the Peace Pledge and complete the How Can We Have Peace at School activity.

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills Social Skills Small Group Red Ribbon Week/Child Abuse Prevention SAVE Promise group meeting Harvest Drive & Harvest Feast Classroom Lesson on Substance Abuse and Misuse Character Trait Responsibility Divorce/Changing Families small group Zones of Regulation Small Group First Quarter Awards Ceremony	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	During Study Skills Small Group Counseling, students will develop effective study skills Facilitate the Social Skills small group weekly to teach students how to resolve conflicts, increase self-awareness, respect others, learn empathy, and enhance self-esteem. Introduce Red Ribbon Week on the morning announcements. Coordinate Red Ribbon decorating and daily Red Ribbon activities. SAVE Promise students plan and implement activities that promote friendship. Coordinated the Harvest Drive Initiative at our school to collect food items from staff and families. Red Ribbon Lesson for (K-5) on Substance Abuse and Misuse. Students of the Month are announced on Morning Announcements and certificates are posted on Student Board. Students will practice positive thinking and understand that families often look different and diverse. Facilitate Small Counseling Group weekly to teach students how to identify how they are feeling and regulate their emotions. Grades 3 - 5 students are recognized with award certificates for the A and B honor roll during the 1st quarter awards ceremony.
College & Career Readiness Guess the Occupation Bulletin Board Zello career lessons	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Career Board to expose students to the definitions of various careers. Grades 3-5 students do career lessons on Zello.
Life Skills & Wellness LSW Survey Start with Hello activity Start with Hello activity	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade 4 and 5 will demonstrate self awareness based on their responses to the LSW survey. Grades K-3 students pair with students with matching shapes to get to know their partner using a student questionnaire.

November

Kids of Character: Citizenship

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	During Study Skills group, students will continue to track personal data to monitor self growth
Cyber-Bullying Classroom Lesson	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Rethink Ed lesson on cyber-bullying and internet safety.
SAVE Promise Club meeting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	SAVE Promise students plan and implement activities that promote positivity.
Divorce/Changing Families Small Group Counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will practice positive thinking and understand that families often look different and diverse.
Social Skills Small Group Counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students learn how to get along with others and treat others with kindness.
Harvest Drive & Harvest Feast	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Work with classroom teachers, community, parents, and social worker to collect good items and distribute to families.
Character Trait Citizenship	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students of the Month are announced on Morning Announcements and certificates are posted on Student Board.
Zones of Regulation Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students learn how to regulate their emotions, use coping strategies and get along with other.
College & Career Readiness		
Exploring Careers	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Career bulletin board is changed to add new careers and career definitions.
Life Skills & Wellness		
Lesson on respecting boundaries and personal space.	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grades K-2 classroom lesson on respecting boundaries, personal space, and Good Touch, Bad Touch.

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Go around weekly to classes with the green cart of incentives rewarding students that scored the highest on AR and i-ready.
Character Trait Kindness	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students of the Month are announced on Morning Announcements and certificates are posted on Student Board.
2nd Quarter Awards Ceremony	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Grades 3 - 5 students are recognized with award certificates for the A and B honor roll during the 2nd quarter awards ceremony.
RTI	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Work with ESE specialists, support staff and teachers to move tier 2 and tier 3 students to proficiency.
Study Skills Group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During small study skills group, teach students test-taking strategies.
Angel Tree	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Work with Social Worker to get names for the Angel Tree.
SAVE Promise Club meeting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	SAVE Promise students plan and implement activities that promote kindness.
Zones of Regulation small group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teach students how to regulate their emotions, use calming strategies, and make better choices.
Social Skills small group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During a small counseling group, students learn social pragmatics for communicating and making friends.
Divorce/Changing Families group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students learn positive thinking strategies and that families are diverse.
College & Career Readiness		
Career Interest Inventories	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will complete career interest inventories during classroom guidance lesson.
Life Skills & Wellness		
Respecting Boundaries classroom lesson	Elementary, LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Respecting and maintaining boundaries and Digital Citizenship lesson for grade 3-5.

January

Kids of Character: Respect

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Zones of Regulation small group lesson on recognizing triggers. Test Taking Skills SAVE Promise group meeting Character Trait Respect Study Skills small group Divorce/Changing Families small group. Social Skills Small Group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Zones of Regulation Group learn to be aware a triggers and manage emotions using coping strategies. Classroom lessons on test taking skills and relieving anxiety (3-5) Students plan and implement activity to promote positivity. Students of the Month are announced on Morning Announcements and certificates are posted on Student Board. During study skills small group, students learn good homework and study habits. Students learn to use problem-solving strategies such as 1 messages and Conflict Resolution skills. They identify their 3 responsible adults at school and away from school. Teach students to resolve conflicts, increase self-awareness, use coping skills, and build self-esteem.
College & Career Readiness Develop Career Awareness Zello career lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	JA Biz Town (Grade 5) K-5 students do career development lessons on Zello.
Life Skills & Wellness What is anxiety and anxiety management strategies.	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Anxiety lesson on Grounding Techniques for grades K-2.

February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Testing Anxiety	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	During Study skills group, students will understand Test Anxiety and practice grounding techniques.
Social Skills Small Group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During social skills group, students learn resolve conflict resolution skills and coping techniques.
Diversity, Respect, and Social Awareness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Classroom lesson on Respect (K-2)
Zones of Regulation Group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During small counseling group, students track the feelings during a whole day to identify their triggers.
Character Trait Honesty	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students of the Month are announced on Morning Announcements and certificates are posted on Student Board.
Divorce/Changing Families Group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During small counseling group, students share a problem and apply the positive thinking technique, "Size of the Problem."
Day of Service and Love	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students will participate in service activities in the classroom. Students will show love through pictures and card making activities.
SAVE Promise Group meeting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	SAVE Promise group make friendship bracelets to give as incentives.
College & Career Readiness		
Xello career lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	During classroom guidance for grades 3-5, students will do career activities on Xello.
Life Skills & Wellness		
Managing Anxiety	Elementary- LSW B: Students will demonstrate the ability to manage	Releasing Tension in the Body anxiety exercise.

emotions and behaviors to achieve personal and academic goals.

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner SAVE Promise Group meeting 3rd Quarter Awards Ceremony Zones of Regulation small group counseling Character Trait Self-Control Divorce/Changing Families Group	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During study skills group, student learn the importance of having good homework habits consistently. SAVE Promise group make friendship bracelets to give as incentives. Grades 3-5 students are recognized with award certificates for the A and B honor roll during the 3rd quarter awards ceremony. Students learn to regulate emotions and make healthy choices. Students get recognized on the morning Announcements and their certificates are posted on the Student board. Students learn about acceptance and practice positive thinking techniques.
College & Career Readiness Identify Career Goals	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	During classroom guidance lesson (Grades 3-5), students complete Career Path wheel and survey.

Life Skills & Wellness		
Self-Control Lesson	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	During classroom guidance lesson (Grades K-2), students learn about self-control and making responsible decisions.

April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Study Skills group will understand the relationship of academics and being a productive citizen.
New Student & Parent Session (K-Round-Up)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Kindergarten Round up
Conflict Mediation small group lesson	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Social Skills group learn conflict mediation and role play the process.
Parent Information Session	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Middle school visit
Classroom guidance lesson (Grades 1 and 2) on tolerance and diversity.	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	During classroom guidance lesson (Grades 1 and 2), students learn about tolerance and diversity.
Character Education & Lessons: Tolerance	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students recognized on the Morning Announcements and their certificates are posted on student board.
SAVE Promise students promote positivity.	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	SAVE Promise students make Friendship bracelets to give as incentives.
Zones of Regulation small group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Zones of Regulation group understand the relationship between regulating emotions and being ready to learn.
Divorce/Changing Families small group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Small counseling group will understand the connection between positive thinking and the motivation to learn.
College & Career Readiness		

Life Skills & Wellness		
Celebrating Diversity	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students work in pairs and ask each other questions about their culture during a classroom guidance lesson (grades 3-5).

May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Matriculation Trip for grade 5.
Zones of Regulation Group reflect and close group.	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Zones of Regulation Group reflect on their most effective calming techniques for the last session.
Study Skills group reflect and close group.	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Study Skills group reflect on their FAST test results and the importance of good study habits for the last session.
Transition to Next Grade Level	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Moving on Awards Ceremony for grades K-4.
Matriculation Trip	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Feeder Middle schools will meet with students for completing course selection cards.
Awards Ceremony	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Assist with 5th grade promotion ceremony.
SAVE Promise students promote Teacher Appreciation	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	During arrival time, SAVE Promise students hold up apple shaped signs with messages of appreciation.
Divorce/Changing Families group reflect and close group.	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Divorce/Changing Families group reflect on positive thinking techniques for the last session.
Social Skills group reflect and close group.	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Social Skills group reflect on social pragmatics for the last session.
College & Career Readiness		

Career Education Lesson 	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors 	Classroom guidance lesson (Grades 3 - 5) on Reflecting and Goal-Setting.
Life Skills & Wellness 		
Reflecting on this school year 	Elementary, LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. 	Students reflect on the school year and what qualities did they demonstrate to impacted their FAST test results.

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	Not Applicable	
ASCP Closeout	Not Applicable	
Summer Safety	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Safety tips on morning announcements.
Awards Ceremony	Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community.	Assist with K-4 assemblies.
Fifth Grade Promotion Ceremony	Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community.	Assist with 5th Grade Promotion Ceremony.
Life Skills & Wellness	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Mindfulness activity demonstrated on morning announcements for 5 minutes.