



Nova Blanche Forman Elementary

1282

Annual School Counseling and Support Plan

Principal: SCHWARTZ, RUSSELL

Director/Lead Counselor: Aneysa James

SCHWARTZ, RUSSELL

Date

Aneysa James

Date

August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	All students are registered
Introduction lessons	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Counselor introduction for new students
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assemblies done to introduce counselor. Classroom guidance lessons provided to introduce counselor. Goal Setting information posted on bulletin board and through announcements.
Welcome/Introductions	(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Classroom lessons introducing the counselor, counselor's role and how to contact and meet with the counselor.
Discipline Assembly	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Support Staff reviews code of conduct policies and yearly expectations with students. Counselor reviews definition of bullying and how to report it.
Open House Meetings	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School Counselor met new students/parents and greeted returning students/parents.
Parent/Teacher Conferences	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Schedule and attended conferences. Provided interventions to parents and teachers.
Crisis Management	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students meet with counselor as needed for individual sessions.
Conflict Mediation	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Conflict mediations between students held as needed.
Goal Setting	Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.	Academic goal setting classroom lessons
Attendance Incentive	(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Attendance incentives will be announced for a school-wide competition. Attendance tracking done with follow up based on truancy concerns.
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College/Career items will be posted around the school for students to see
Post College/Career Items around the school	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will find out what school their teachers went to and be exposed to college information
Staff College Certificates displayed on doors		
Life Skills & Wellness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will receive activities to promote healthy social interactions. Inner explorer lessons will be given in classrooms
Inner Explorer	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will receive anti-bullying training learning not to bully others and how to be a buddy through lessons and assemblies.
No Bully Zone		

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Goal setting classroom lessons provided for students. Students will think of an academic goal and stick to it for the school year.
Intro to College/Career Education	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College bulletin board posted in the school. College certificates posted on each of the teacher's classroom doors. Announcements include college and career trait of the week
Attendance Initiatives/Peace Week	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students work in art class to items for peace week. Virtual activities done for the International Day of Peace. Attendance competition starts this month with perfect attendance
Attendance Goal Setting	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	During a school assembly, the counselor discusses attendance, BTIP, excused/unexcused absences and tardies. Attendance bulletin board set up for perfect attendance
Hispanic Heritage Month Celebration	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Academic goal setting activities Students will recognize Hispanic heritage by acknowledging the Hispanic flags posted around the school and morning announcements with facts about
Small Group planning and organization	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Small groups will be scheduled for the school year. Teachers are able to refer students for
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Crisis counseling as needed.
Character Ed/Tip Top Titan recognition	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students who are selected for character trait of the month will enjoy lunch bunch with counselor on the stage at our 'Character Cafe' for a celebration.
Choose Peace / International Day of Peace celebration	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will read and understand the peace pledge with their class and sign their names as accepting the pledge. Students will participate in a school wide international Day of Peace
New to Nova small groups	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Introducing new students to the school and each other. Showing them around the school.
Start with Hello Week- Sandy Hook Promise	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will learn about the Sandy Hook Promise and participate in Start with Hello week
College Interactive bulletin board	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will be recognized for being chosen as the Tip Top Titan for their class on the morning announcements.
3rd grade retention small groups	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Confidence small group for 3rd graders
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will work in Xello and complete career related activities
Xello Trainings/Lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will create smart goals for the new year.
Smart goals for 5th graders		
Life Skills & Wellness		
Start with Hello Week	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will participate in Start With Hello week including learning hello in new languages, making new friends and sitting with new friends at lunch.
Inner Explorer	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will use benefits of mindfulness to help manage emotions.
Peace Week	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will create pinwheels for peace and plant them in the school fence. Students will participate in peace chalk activities on the sidewalks and gratitude letters for staff.

October

Kids of Character: Responsibility

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills	Academic A: Students will acquire the attitudes, knowledge and skills that	Teachers will work with students on success skills and academic importance.
College/Career Week!	(3) School Counseling Program. Effective school counselors develop,	College Facts announced over the morning announcements daily. College T-Shirt day for students and staff. College posts around the school. Neapod Career lessons given in
Child Abuse Prevention	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Activities to prevent child abuse and increase awareness.
Digital Citizenship Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students learn strategies to keep their items organized and how it helps with effective learning.
Harvest Drive	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students receive and donate food and supplies for the holidays as needed
Kindness/ Teasing/ Bully Prevention Month	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Use of books and classroom lessons to learn about bullying, how to stop it and how to stand up to bullies.
Red Ribbon Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Activities in classroom and school-wide related to being a Bully and Drug Free School
Third Grade Retention Group	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students learn organization strategies, self-control and self esteem skills for successful learners
College/Career classroom lessons	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will learn and discuss different careers through classroom lessons.
Small Group Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Small group counseling for students
Latinos in Action	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are paired with high school mentor/tutor to enhance reading skills and relationship skills.
Tip Top Titan recognition	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students who are selected for character trait of the month will enjoy lunch bunch with counselor on the stage at our "Character Cafe" for a celebration.
2nd and 3rd Grade guidance lessons in Specials rotation	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Specials lessons given by school counselor
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will complete Xello lessons for career readiness
Xello Intro Lesson/Pathway	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will participate in college week with morning announcements, spirit days and interactive bulletin boards and college related workshops within their classrooms.
College and Career Week		
Life Skills & Wellness		
Character Lunch bunch- Cooperation	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will participate in lunch bunches for topics monthly. This month will be cooperation. Teachers will choose students who need a reminder on how to cooperate with
Red Ribbon Week	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Substance abuse and Red Ribbon Week activities assigned lessons on responsibility and be able to learn new life skills.provided school wide. Students participate in spirit week, daily
Red Ribbon Week	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will understand the benefits of mindfulness and be able to use self-regulation skills

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept Building a College & Career Culture Relationship Skills Anti-Bullying Honor Roll Recognition Small group (multiple topics) Empathy Classroom Lessons Holocaust Education Week World Kindness Day Individual Counseling Tip Top Titan recognition Harvest Drive Overcoming Obstacles Classroom Lessons	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Mentoring programs provided through Latinos in Action at Nova High School. College Pictograph wall remains posted throughout the year. Announcements for college and career traits throughout the year. Conflict Resolution and Peer Mediation provided as needed. During Guidance Classes, students developed an understanding of what bullying means and discussed ways to be "upstanders." Resources: Health Teacher and Bully Blockers Book the Honor Roll. Group sessions to focus on different topics and how it can affect the students social/emotional learning Classroom guidance lessons to discuss what it means to have empathy for others and how to use it Student will gain awareness of Holocaust and it's effects on the Jewish Community thus creating a community of empathy. World Kindness day activities and posters around the school. General individual counseling sessions as needed Students who are chosen as the character trait for the month will have a lunch on stage with counselor. Food and items sent home to families in need. Life Skills lessons in classrooms
College & Career Readiness Xelo Mission 1 Completed	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Students will explore career options/ interests
Life Skills & Wellness Compass Lessons THINK before you Post- Internet safety Lessons Character Lunch Bunch- Responsibility	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will learn new life skills and be able to identify feelings and emotions. Students will receive classroom lessons on internet safety and screen time. A small group of students will participate in lunch bunches based on need. This month's topic is responsibility. Teachers will refer students who need a refresher on responsibility.

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success Career Interest Inventories Internet Safety/School-Wide Kindness Initiatives Holiday Gift Drive Tip Top Titan recognition Barnes & Noble night Family Game Night- Kindness Small group counseling Kindness Classroom guidance 3rd Grade Retention Group- Leaders of Third 5th grade Girls group Life Skills Lunch Bunch Internet Safety Classroom Lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Honor roll assemblies EVERFI and Nearpod Career lessons provided to whole group. Teachers receive information on internet safety lessons per grade level. Classroom guidance lessons provided for internet safety. Students will donate and receive holiday items from peers and their families. Tip Top Titans will discuss character trait for the month over lunch bunch with counselor on the stage in the cafeteria. Students and families will attend a night of holiday fun at Barnes and Nobles to include the community in Nova affairs. Parent night with presentation on different topics to involve families as a partner in education. Students will work with counselor in small groups on social emotional topics. Students will learn techniques and skills to learn to being kind to each other Students receive self-confidence and skills needed to be successful in 3rd grade Working with 5th grade girls on self-esteem and peer relationships to enhance their leadership skills. Lunch with Life Skills topic for students - KINDNESS Students will learn about safety online through classroom lessons focusing on video games, cell phones and group chats.
College & Career Readiness EVERFI lessons to address college/career activities for students Xello Lessons for career exploration Life Skills & Wellness Holiday Drive Kindness Quilts Inner explorer	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors. Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will participate in Everfi lessons to address compassion, financial literacy and kindness. Students participate in career lessons on Xello according to their mission progress Students will bring in unused items/toys for children in need, learning about giving and kindness. Classroom lessons will be given to address kindness- Including making a school-wide kindness quilt for display. Students will learn the benefits of mindfulness by participating in mindful activities through inner explorer

January

Kids of Character: Respect

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Growth Mindset morning announcements, postings and classroom lessons.
Develop Career Awareness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Career lessons provided in classrooms. College/Career trails of the week given on announcements.
Self-Awareness/Self-Management/No Name Calling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Kindness Tree posted in school for students to get "caught being kind". Leaves will be given to kind students to put their name on them and make the tree "bloom".
Test Taking Skills	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Third Grade retainees were taught student success skills and strategies.
Honor Roll Recognition	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Recognizing students for their academic achievement and character traits.
No Name Calling Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Week of activities that promote positive self-esteem and accepting the differences of others.
Test Anxiety group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assist students with anxiety levels and how to cope with them.
Lowest quartile group	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Group sessions conducted with low performing students in 5th grade- confidence, skills, educational assistance
Tip Top Titan recognition	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will have lunch on stage to display to other students their good choices and character
Family Game Night- Relaxation/ Stress/ Anxiety	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Families will participate in a night of games and a topic related to social emotional needs
Life Skills Lunch Bunches	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Lunch with Life Skills topic for students - RESPECT
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	
Xello Lessons 1/2		Xello lessons provided to students to explore career interests
Life Skills & Wellness		
S.W.A.G. Chats (Students with academic goals)	High- LSW A: Students will assess their personal strengths, limitations, values, and interests to set meaningful academic and career goals.	Students will participate in data chats with their teachers for their personal growth and set academic and behavioral goals within a classroom lesson.
Respect Character Lunch Bunches	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Lunch with students chosen to address respect amongst peers. Students will participate in activities that align with learning about respectful actions

Inner Explorer	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will learn the benefits of mindfulness
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February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will learn what anxiety means and strategies to overcome anxieties for testing.
Acquire Career Information	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Classroom guidance career lessons provided. College/Career trails given weekly throughout the school year.
Diversity, Respect, and Social Awareness	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Schoolwide activities, morning announcement facts regarding black history month and promoting love and positivity throughout February. BHM Program, Justice activities via
Diversity & Respect	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Guidance Counselor introduced a lesson about the importance of respect. Students showed what they learned through role-playing.
National School Counseling Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School Counseling Week activities conducted through the week to raise awareness to the counseling program.
Random Acts of Kindness Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide activities to promote kindness throughout the school- RAK BINGO game shared with teachers for students. Kindness Tree continues throughout year
Individual Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Individual counseling provided as needed.
Jump Rope for Heart	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students learn about heart health and safety through the Jump Rope for Heart program
Family Game Night	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Family Game night to invite parents with a presentation on a specific topic
Black History Month celebrations	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Interactive bulletin will be posted for Black History Month, Announcements made daily for BHM facts
Tip Top Titan recognition	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students who are recognized as character of the month will celebrate with a lunch on stage
Life Skills Lunch Bunch	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Lunch with Life Skills topic for students - HONESTY
Lauren's Kids- Safer Smarter Kids		Lessons given on safety to students
College & Career Readiness		
Xcelio Lesson 3	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will explore careers and future career options.
Life Skills & Wellness		
Secret Kindness Missions	Elementary- LSW A: Students will recognize, identify, and appropriately	Students obtain secret missions to complete during Kindness week. Missions include

	express basic emotions in themselves and others.	leaving rice notes for friends, giving flowers to a teacher and holding doors for others.
A Day of Service and Love	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students participate in a school-wide friendship chain and a full day of service and love activities to commemorate the MSD tragedy.
Honesty Character Lunch Bunch	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Lunch bunches with students chosen to discuss character- students will participate in a week of meetings and discussions to address monthly trait.

March

Kids of Character: Self Control

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Speaking with students about college and career goals and future plans via classroom lesson and schoolwide activities.
Identify Career Goals		Classroom guidance career lessons provided. College/Career traits given weekly throughout the school year.
Responsible Decision-Making/Equity		Classroom and morning announcements teaching responsible decision making
Goal Setting		The Guidance Counselor taught the members of the retention group how to set goals,take action steps and monitor if their goals have been met.
Family Game Night: Life Skills and Wellness Informationals		Parent night with a focus on the importance of social emotional learning
Tip Top Titan recognition		Students who are recognized as character of the month will celebrate with a lunch on stage
Respect/Influences		Worked with students to teach respect and empathy and the impact influences have on our lives.
Self Control celebrations	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Student will be aware of their self- control and learn strategies to help them succeed in school and socially.
Test Preparation lessons		Students will learn strategies to deal with stress and test taking skills.
Lunch Bunch on Life Skills Topics		Lunch Bunch with students on Self-Control
College & Career Readiness	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will complete activities on XELLO and EVERFI relating to career education
Xello lesson 3		Students will participate In Everfi lessons to address compassion, financial literacy and kindness.
EVERFI lessons		

Life Skills & Wellness		
Youth Mental Health Awareness Month	Elementary - LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will participate in mindful activities, physical activities, and learn about gratitude through classroom lessons, PE and Inner Explorer lessons.
Self-Control classroom lessons	Elementary - LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will learn about the character trait for the month.
Character Lunch Bunches - Self-Control	Elementary - LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will participate in small group sessions with activities related to the character trait.

April

Kids of Character: Tolerance

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Neapod and EVERFI lessons assigned for students to navigate work.
New Student & Parent Session	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet with New students for next school year to discuss Nova rules and expectations.
Conflict Mediation	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Ongoing conflict mediation provided as needed.
Parent Information Session	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Assemblies and parent nights hosted for the grade levels to discuss the next grade level expectations.
Honor Roll Recognition	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	The Guidance Counselor celebrates honor roll students and success strategies.
Safety Lessons ReThink Ed	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will learn safety and survival skills including abuse prevention and online safety.
Tip Top Titan recognition	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students who were chosen for the character trait of the month will celebrate lunch on stage with the counselor
Life Skills Lunch bunch	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Lunch with Life Skills topic for students on TOLERANCE
College & Career Readiness		
Xello lessons 2 and 4	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will explore careers through Xello and complete missions based on progress.

Life Skills & Wellness		
Tolerance classroom guidance	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will be able to identify and understand the character trait for the month. Students will complete classroom guidance lessons with counselor.
Testing Pep Rally	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Pep Rally to prepare K-5 students for testing season.
Tolerance Character Lunch Bunch group	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will participate in small group lessons with activities related to the character trait of the month.

May

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Lunch Bunch hosted for 5th graders to discuss expectations and next grade level transition.
Career Education Lesson	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Career Day hosted in classrooms. Career presenters will rotate through grade levels.
Transitioning to New Grade	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Middle school presentation provided to all 5th grade students. Parent night provided for K-4 for grade level transitions.
Transition to Next Grade Level	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	A small group was formed to expose students to the next grade's expectations and prepare them for the fifth grade.
Summer Learning Opportunities	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Letters sent to parents regarding summer school options
Career Day	Career C: Students will understand the relationship between personal qualities, education, training and the world of work.	Students explore career options with presenters and information on different career paths.
Hygiene Classroom Lesson	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Students learn about the importance of being healthy and hygiene.
Family Game Night- Internet Safety	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Parent night hosted for families to play games and learn about internet safety
Tolerance lessons	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Students learn to accept differences of their peers
Celebrating Success- Celebration for students after testing is done.	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students will celebrate completing testing with music and games
5th grade lunch bunch	(3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselor will host lunch bunch for 5th grade students to discuss how they are and their next steps into middle school.
College & Career Readiness		

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Life Skills & Wellness		