

Resiliency Education Curriculum Guide 26-27

Month	Character Trait	Resiliency Topic	Date	Block to be taught
August		District: Anti-Bullying Training (60 mins) District: Teen Dating Violence (60 mins)	8/14/26	9th - 1st blk 10th – 4th blk 11th & 12th PM Students – 2nd 11th & 12th AM Students & Full Time STC – 3rd blk
September	Cooperation	Lesson 1: Mental Health & Wellbeing	9/16/26	9th & 10th – 1st blk 11th & 12th – 1st & 3rd blk
October	Responsibility	Lesson 2: Understanding the Stigma Associated with Mental Health	10/9/26	9th & 10th – 2nd blk 11th & 12th – 2nd & 4th
November	Citizenship	Lesson 3: State of Mind	11/18/26	9th & 10th – 3rd blk 11th & 12th – 1st & 3rd blk
December	Kindness	Online Safety (Guidance will deliver presentation to students)	Week of 12/1 OR Week of 12/7	TBD
January	Respect	Lesson 4: Seeking Help (Suicide Prevention)	1/13/27	9th & 10th – 4th blk 11th & 12th – 2nd & 4th blk
February* <i>Two Lessons to be taught on two separate days</i>	Honesty	Lesson 5: Addiction	2/3/27	9th & 10th – 1st blk 11th & 12th – 1st & 3rd blk
		Lesson 6: Wellbeing	2/24/27	9th & 10th – 2nd blk 11th & 12th – 2nd & 4th
March	Self-Control	Lesson 7: Human Trafficking	3/18/27	9th & 10th – 3rd blk 11th & 12th – 1st & 3rd blk
April	Tolerance	Make-up Month	n/a	n/a