



BCPS LSW Action Plan 2026-2027



LSW TEAM Members	LWS Liaison: <i>The designated staff member head-steering the Life Skills & Wellness Plan of the school/please include their name and position</i> Luann Flores School Counselor	School: Cresthaven Elementary Zone: 0901
	Administrator: Roxanne M. Reid, Assistant Principal	Date Plan Completed: 08/27/2026
	Other Team Members: <i>Natasha Watkins, Kathryne de Lage, Tamekka Figures, Hughues Supplice, Bernard Shapiro</i>	

ACTIVITY	STANDARD	DESCRIPTION
Kind Words Challenge	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students participate in a schoolwide challenge focused on using respectful language with peers and adults. Students identify the difference between playful communication, teasing, and language that hurts or humiliates others. Throughout the week, students are encouraged to notice and acknowledge classmates who use kind, respectful, and inclusive words.
Feeling ≠ Behavior	LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students explore the idea that all feelings are acceptable, but not all behaviors are appropriate. Through age-appropriate scenarios, students identify feelings such as anger, frustration, embarrassment, jealousy, and excitement and practice expressing those feelings without hurting, insulting, threatening, or disrespecting others.
Stop. Think. Choose.	LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students practice a three-step decision-making strategy: Stop, Think, Choose. Students are presented with common elementary school situations involving conflict, teasing, frustration, impulsive behavior, and peer pressure. Students identify possible consequences and practice selecting a safer and more respectful response.
Safe Bodies	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students learn that everyone has the right to personal space and bodily boundaries. Through age-appropriate scenarios, students



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		practice identifying appropriate ways to interact with peers, asking permission before physical contact such as hugs or high-fives, respecting personal space, and understanding that friendship does not give someone permission to touch another person's body.
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Elementary