Meadowbrook Elementary

0761

Annual School Counseling and Support Plan

Principal: CASTILLO, MAXIMO

Director/Lead Counselor: Sarah Sternglanz

Max Castillo 8/27/26

CASTILLO, MAXIMO Date

Sarah Sternglanz 8/27/26

Sarah Sternglanz Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Review last school year's student list and provide Minute Meetings to ease transition back to school and set a positive tone	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Check-in's for students with previous BTA's SRA's or other counseling needs from previous year.
Post District LSW and HEART informational posters	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	INforming students and families of resources available to them through the district.
Welcoming Students/Introducing School Counseling Services/Goal-Setting and Empathy lessons	(6). Academic Advising and Planning. Effective school counselors cultivate a (3). School Counseling Program. Effective school counselors develop,	Greeting students and setting a tone of welcome.
Outreach to HEART and Foster Care families, introductions	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Call families to see if HEART services are still needed and introduce myself as the HEART and foster care liaison
Feelings Friday on morning announcements	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	LSW Toolkit and Inner Explorer resources shared over morning announcements
Meet & Greet (August 8th)/Open House (August 27th 5:00 -7:00)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students and parents along with school staff participated in an open house to meet families and welcome students back to school.
Introduction to Life Skills and Wellness and Mindfulness Toolkit Canvas Page	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Staff development introducing the Toolkit to teachers for daily use.
Contact students with active SRA safety plans and SSMPs to adjust services as needed.	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Curated selections from
Initiate Kindness Club (monthly meetings)-Welcome back activity/Setting our intentions	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Review active SRA's and SSMP's and revisw plans as needed.
Power of Words assemblies/Positive Behavior assemblies (08/12/26)	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Power of Words powerpoint presented to all students during positive behavior assemblies.
Outside agency counseling referral management (ongoing)	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate services with outside therapeutic agencies to see referred students and families.
Kindness Club recruitment snd intial meeting.	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	
Mandatory Anti-Bullying Policy 5900	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers will provide instruction about preventing Bullying at our school and show mandatory video.
College & Career Readiness		
Xello indroduction to teams leaders with proposed schedule of programming	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Team leaders will share Xello instructions and timeline with their teams.
Contact potential presenters for Career Day	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor with share Career Day dates with Rick Case Automotive, Home Depot, and BSO
Life Skills & Wellness		
Kindergarten: "It's a Feeling" lesson	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	20-30 minute classroom lesson
Grades 1, 2, and 3: "Torn Heart" Empathy lesson	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	20-30 minute classroom lessons

Challenge Accepted	emotions and behaviors to achieve personal and academic goals.	

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Manage individual counseling referrals for in-house Chrysalis counselor	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate services with outside therapeutic agencies to see referred students and families
Kids of Character recognition: Cooperation	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers select students who have best demonstrated good character. Students assist with bulletin board content describing the monthly trait.
Small groups: Zen Kids, Changing Circles, Healing Hearts	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Small groups for identified students with specific needs. Pre-and-post assessments will be completed.
Peace Week: Coordinating school-wide Peace awareness and Start with Hello activities.	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide events celebrating famous peace keepers, peace-themed literature, and dress-up days. International Day of Peace is September 21st. Wear white!
wellness Wednesday: Facilitate presentations of Lauren's Kids Lesson 1 (K-5)	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers will complete Lesson 1 with their classes.
Start with Hello Presentation	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will view the Start with Hello Presentation narrated by the School Counselor.
KIndness Club monthly meeting	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Club activity: decorate boxes for Fall Harvest Drive food collection
Individual counseling-ongoing	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Assist students with personal concerns
Email teachers monthly RethinkED and Inner Explorer scope and sequence	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Curated selections from ReThinkED and Inner Explorer to facilitate implementation.
Feelings Friday- morning announcements (weekly)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Morning announcements. School-wide.
College & Career Readiness		
K-5 create Xello avatars in introductory lesson	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Monitoring Xello usage according to CCLR timeline
Recruit additional visitors for Career Day (Baptist Health, NSU, Memorial Healthcare)	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor will share career day dates with Baptist Health, NSU, and Memorial Healthcare partners.
Life Skills & Wellness		
Introduce classes to 'Peace Pad" in room 122, a room containing sensory relaxation activities	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Classes will have an introduction to a new space on campus for calmng and relaxing activities
Grades K-5: Present "Working Together" lessons aligning with Character Trait Cooperation.	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will present abd facilitate activites
Grades 4 and 5: Rethink Ed Lessons about School Values and behavior	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School counselor will present and facilitate activities

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Manage individual counseling referrals for in-house Chrysalis counselor	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate services with outside therapeutic agencies to see referred students and families
College/Career Week	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	morning announcements and counselor-created videos to talk about postseconday and career options and goal setting.
Red Ribbon Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Drug Education, making good choices, daily dress-up days
Zen Kids, Changing Circles, and Healing Hearts groups	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Small group counseling to teach self regulation and learn strategies to cope with changing families or grief.
Substance Misuse Required Resiliency Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School counselor will assist teachers in presentation and participation in different activities to help educate the students on being drug and alcohol free.
KIndess Club Meeting	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Activity: Peace Rocks! Rock painting
Facilitate Lauren's Kids lesson 2	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Teachers will complete Lesson 2 with their classes.
Kids of Character: Responsibility	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Teachers select students who have best demonstrated good character. Students assist with bulletin board content describing the monthly trait.
LSW: Coordinate "Trusted Adult Week" activities	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate lessons and events related to Trusted Adult Week.
Feelings Friday morning announcements (weekly)	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School wide invitation to join school counselor in mindfulness practice on morning announcements.
Kindness Club- Red Ribbon Activities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Dress up days each day. Visit from anti-drug group for assembly (3-5). No Drugs March (K-2)
Brief individual counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Personal concerns / issuesK-2
College & Career Readiness		
Continue Xello lessons according to scope and sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor will assist teachers with presenting Xello and faciliateing activities
Coordinate and host magnet middle school assembly	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Annual assembly for 5th grade students hosting middle schools with magnet programs
Begin planning 5th grade visit to middle school	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Communication with New River Middle to arrange a date for 5th grade students to visit and tour.
Life Skills & Wellness		
K-5: Present " Making Responsible Choices" lessons, aligning with character trait Responsibility.	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Adapting Rethink Ed lesson "Clouds of Positive Self-Talk" to all K-3 studdents.
Grades 4 and 5: Complete LSW Fall Survey	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Assist teachers with administering LSW Fall survey in grade 4 and 5 classroom.
Grades 4 and 5: Complete LSW Fall Survey		School counselor will review data from Fall LSW survey and design curriculum path based on identified needs.

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Feelings Friday on Morning Announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School wide invitation to join school counselor in mindfulness practice on morning announcements.
Manage individual counseling referrals for in-house Chrysalis counselor	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate services with outside therapeutic agencies to see referred students and families
"Shop with the Sheriff" and AKA gift-giving projects to identified students	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	select students, based on teacher and self-referrals who could use food or gift support during the holidays.
Anti-Bullying week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	No Bullying Pledge Door decorating contest. Kindness Club members to judge.
Honor Roll Recognition	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	An assembly to acknowledge students' accomplishments and hard work.
Email teachers suggested RethinkEd and Inner Explorer activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Curated selections from ReThinkED and Inner Explorer to facilitate implementation.
Feelings Friday morning announcements (weekly)	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	School wide invitation to join school counselor in mindfulness practice on morning announcements.
Support teachers with required Digital Citizenship Rethink Ed lesson	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Mandatory Resiliency Lesson
Kindness Club	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assisting with Harvest Drive Collection and maintaining the school's Peace Garden.
Zen Kids, Changing Circles, Healing Hearts groups	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	SBBC LSW and mindfulness activities. Zen Kids curriculum.
Collection for Harvest Drive	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	All students and staff will donate food and personal items for the Harvest Drive Collection for afmilies in need.
Kids of Character: Character Trait: Citizenship	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers select students who have best demonstrated good character.
College & Career Readiness		
Continue Xello lessons according to scope and sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor will assist teachers with presenting Xello and faciliateing activities
Life Skills & Wellness		
K-5: present "Being Fair and Helping Others" lessons, aligned with character trait Citizenship.	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Mindfulness activities from Inner Explorer or Rethink Ed
Grades 4 and 5 classroom lessons chosen based on needs reflected in on LSW survey data.	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Rethink Ed lessons selected based on LSW survey needs.

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services for referred students with outside agency counselor.	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinate services with outside therapeutic agencies to see referred students and families
Kids of Character: Kindness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	monthly recognition of students who best exemplify the monthly character trait.
"Shop with the Sheriff" gift activity, Broadview Park Association Holiday Drive	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Identifying Families in Need and Providing Resources (collaboration with SSW and Broadview Park Community Association)
Kindness Club- Conflict Mediation	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Finding Solutions to conflicts. Role play.
Feelings Friday Morning announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Weekly invitation to practice mindfulness with the school counselor.
AKA CHIPP snack bags for identified students	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Identifying students in need and coordinating CHIPP snack pack distribution.
Email teachers suggested RethinkED and Inner Explorer activities	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Curated selections from ReThinkED and Inner Explorer to facilitate implementation. ReThink Ed Scope and Sequence
College & Career Readiness		
Xello scope and sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Monitor Xello Progress
Life Skills & Wellness		
K-5: present " Choose Kindness lessons, aligning with character trait Kindess.	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Using grade-level appropriate lessons from Rethink Ed and Inner Expoler
Grades 4 and 5 classroom lessons chosen based on needs reflected in on LSW Survey data	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Rethink Ed lessons selected based on LSW survey needs.

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Multicultural Night 2026 (parent night)
Coordinate services for referred students with outside agency counselor.	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Coordinating in-school therapy for selected students based on teacher and RTI referrals
Self-Awareness/Self-Management/No Name Calling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	January 18-22: Daily morning announcements
Email teachers suggested ReThink ED and Inner Explorer activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Curated selections from ReThinkED and Inner Explorer to facilitate implementation. LSW ReThink Ed scope and sequence.
Kids of Character: RESPECT	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Award presented to students who best exemplify the monthly character trait
Coordinate 5th grade visit to New River Middle school	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Introduction to the programs and opportunities at New River Middle School
Feeling Friday on Morning Announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Weekly invitation to participate in a mindfulness practice during morning announcements.
AKA CHIPP snack bags for identified students	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Identifying students in need and faciliatating the distribution of CHIPP snack bags.
Kindness Club: writing Day of Service and Love encouragement notes	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Monthly meeting of a pro-social club with a mission to increase kindness and service in our school and community.
College & Career Readiness		
K-5 Xello activities according to scope and sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	using scope and sequence from CCLR department
Final preparations for Career Day	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Completing schedule and reception for guests at our 2026 Career Day
Life Skills & Wellness		
K-5: present lesson "Respecting Others", aligning with character trait Responsibility.	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Rethink Ed lessons teaching Grit and Resiliency
Grades 4 and 5: Lessons targeting areas of nee based on LSW survey data	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Rethink Ed lessons teaching topics related to areas of need, based on LSW survey

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services for referred students with outside agency counselor.	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coordinating in-school therapy for selected students based on teacher and RTI referrals
Host boundary Middle School for course selection and registration	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Staff from New River Middle come to Meadowbrook to register students for 6th grade and assist with course selection.
Diversity, Respect, and Social Awareness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	African American history and pride week-themed dress up days
Zen Kids, Changing Circles, and Healing Hearts groups	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Support groups for students to assist with specific issues.
African American History Month and diversity celebration	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide initiative to celebrate the accomplishments of African Americans
AKA CHIPP snack bags for identified students	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Identify students in need and facilitating distribution of CHIPP snack bags.
Kids of Character: Honesty	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Awards given to students who best exemplify the monthly character trait
Feelings Friday on Morning announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	weekly invitation to participate in a mindfulness practice during morning announcements.
Honor Roll: 3-5	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Recognition of students' academic success and perfect attendance
Kindness Club	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students practice leading mindfulness practices ahead of next month's LSW Night.
Email teachers monthly suggested RethinkED and Inner Explorer activities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Curated selections from ReThinkED and Inner Explorer to facilitate implementation. LSW Rethink Ed Scope and sequence.
February 14th- Day of Service and Love	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide celebration of kindness and friendship.
College & Career Readiness		
Career Day	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Meadowbrook will welcome guests from our community to describe their career and career pathway to students.
K-5 Xello activities according to CCLR scope and sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will use Xello to explore career options and pathways.
Life Skills & Wellness		
Graes K-5: present lesson "Honesty Builds Trust", aligning	Elementary- LSW C: Students will engage in positive social interactions	Rethink Ed lessons and activities related to improving relationship skills

Grades 4 and 5: Lessons targeting areas of needs based on LSW survey data	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Rethink Ed lessons teaching topics related to areas of need, based on LSW survey
Trusted Adult Week	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Using toolbox from LSW dept, activities and announcements will promote the relationship between students and trusted adults.

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services with outside agency counselor for referred students	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Coorsinating in-school therapy for students referred by parents, teachers, or RTI.
CHIPP snack bags for identifies students	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Identifying students in need and distributing snack bags.
Email teachers monthly suggested RethinkED and Inner Explorer activities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Curated selections from ReThinkED and Inner Explorer to facilitate implementation.
Kids of Character: Self-Control	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Teachers select student who best exemplifys the monthly trait for school-wide recognition.
General individual counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	As needed for students on SSMPs, RTI referrals, or parent referrals
Feelings Friday on morning announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	students will practice skills to relax and focus during testing
Kindness Club	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Pro-social club to encourage kindess and service to our school and community.
Coordinte LSW Family Night	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Evening event to introduce the community to mindfulness and LSW practices and community agencies that are here to help.
	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	
College & Career Readiness		
K-5 Xello Scope and Sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will use Xello to explore Career options and pathways

Grades K-5: present lesson " Pause, Think, Choose", aligning with character trait Self-Control.	LSW scope and sequence	Rethink Ed lesson and activities that will help students identify their strengths and
Grades 4 and 5: LSW Spring Survey	Assist with administration of Spring LSW survey.	LSW Spring survey to assess the effectiveness of counseling pgm based on needs identifies in Fall suvery.
Grades 4 and 5 LSW Spring survey data analysis and needs assessment	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	School counselor will review data from Spring LSW survey and evaluate effectiveness and make changes to improve for next year.

April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services for referred students with outside agency counselor	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselor from Chrysalis will see students referrerad through counselor, teachers, and parents, and RTI
AKA CHIPP snack bags for identified students	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	identifying students in need and facilitating distribution of CHIPP snack bags.
Zen Kids, Changing Circles, and Healing Hearts groups	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	small groups for student with a common need.
Kids of Character:Tolerance	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Awards to students who best exemplify the monthly character trait
Honor Roll RecognitionGrades 3-5	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assembly to acknowledge students accomplishments, hard work, and Perfect Attendance
Holocaust Remembrance Day	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Presentation about tolerance and acceptance of diversity
Feelings Friday on morning announcements	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Weekly invitation for students to proatice mindfulness on the morning announcements
Kindness Club	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Wrap-up activities
Email teachers monthly suggested RethinkED and Inner Explorer activities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Curated selections from ReThinkED and Inner Explorer to facilitate implementation. LSW Rethink Ed scope and sequence.
College & Career Readiness		
Xello K-5 according to Xello Scope and Sequence	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor will assist teachers with presenting Xello and faciliateing activities

Life Skills & Wellness		
LSW Family Night	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Evening event where families and students are invited to practice mindfulness activities and learn self-regulating techniques.
Grades K-2: sample activities to prepare and encourage attendance at LSW night	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Classroom lessons where students rotate the room and practice mindfulnesss activities at stations.
Grades 3-5: sample activities to prepare and encourage attendance at LSW Night	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Classroom lessons where students rotate the room and practice mindfulnesss activities at stations.

May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselor to visit Grade 5 classrooms to discuss transition to Middle school
Mental Health Awareness Month	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Frequent announcements and bulletin board featuring Mental Health resources.
5th grade Transition: Classroom		
Daily 10 minutes of Mindfulness	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	LSW resources and Inner Explorer
Kindness Club	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Leaving a legacy...How kindness club can reach into next school year.
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As Needed Daily
College & Career Readiness		

	counselors provide opportunities for all students to develop the behaviors	
Life Skills & Wellness		
K-5 Setting intentions for a super summer	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	School Counselor will assist students in setting goals for a fun and peaceful summer break.
LSW family night	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Family event featuring Wellness activities that families can practice at home.

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	Not Applicable	
ASCP Closeout	Not Applicable	
Summer Safety	Not Applicable	
Honor Roll & 5th Grade moving up CEREMONY	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Awards Ceremony
Daily 10 minutes of Mindfulness Activity	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Daily 10 minutes of mindfulness activity during morning announcement
Kindness Club	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Weekly invitation to join school counselor in mindful moving and breathing after school

College & Career Readiness		
Life Skills & Wellness		