



Sunland Park Academy

0611

Annual School Counseling and Support Plan

Principal: Mrs. Nikia McDowell

Director/Lead Counselor: Tameshia Tyson-Blake

Mrs. Nikia McDowell

Date

Tameshia Tyson-Blake

Date

August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions Post College/Career Materials around school. Welcoming Students/Introducing School Counseling Services/Goal-Setting Welcome/Introduction Start with HELLO Warm welcome in front of school Meet and Greet Attendance / Student & Parent Resources Mindfulness Activities/Health & Wellness Individual counseling Small Groups Planning/Review Referrals Provide School Stakeholders with 2026-2027 Required Curriculum Discipline Assembly Open House: family surveys, community outreach.	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (1). Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic (1). Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic	Virtual Open Houses, parent academy, Digital college collages via morning global announcements School counselor virtual introductions to each classroom Video viewed through morning announcements. Getting to know you. School-wide event for families. Classrooms As needed As Needed District and FL mandated curriculum. Assist admin in presenting student training. Student assembly: school expectations e.g. safety, bullying, in-ready, behavior, etc. All grade levels. All grade levels
College & Career Readiness Present Xello at a Faculty Meeting	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Expose teachers/staff of the benefits of Xello Program.
Life Skills & Wellness Self-Awareness Connection Activities	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will identify their emotions, strengths and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a strengths spotlight activity.
LSW Connection Activity of		To help students create a safe, inclusive

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	STUDENTS WILL WRITE ACADEMIC SMART GOALS
Intro to College/Career Education	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	DISCUSSION: WHAT DO YOU WANT TO BE WHEN YOU GROW UP? WHAT PROBLEMS WILL YOU SOLVE?
Attendance Initiatives/Peace Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	START WITH HELLO-THE IMPORTANCE OF ATTENDANCE MORNING ANNOUNCEMENTS
Choose Peace and Start with Hello Week activities for each day	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School-wide activities including: chalk drawing/writing. Hang decorated peace tags on a tree, make kindness cards.
Classroom Guidance Lesson: Cooperation	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Facilitated in the classrooms. All grade levels
Individual counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Wellness checks as needed.
Kid of Character Recognition/ Super Star RECOGNITION	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide recognition of class winner for monthly character trait. All grade levels.
RTI/Student Support	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Discussions on identifying student needs and support.
Perfect attendance awards	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School wide recognition.
College & Career Readiness		
Hello - KG: Farm, 1st Grade: Art Gallery, 2nd: Construction Site	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Complete/Review "About Me" activities. Students will create/update avatar related to the career town location
Hello - 3rd grade - All About Me	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Complete/Review "About Me" activities. Students will create/update avatar
Life Skills & Wellness		
Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts
LSW Connection Activity of	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	At the beginning of the month, the School

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills College/Career Week! Red Ribbon Week/Child Abuse Prevention Kid of Character Recognition/ Super Star RECOGNITION - Character Trait: Responsibility National Bullying Prevention Awareness Month: Digital Citizenship Week Harvest Drive Prep and Plan Small Group Counseling Individual Counseling Helpers in Our Community Diversity Awareness Month Perfect Attendance Awards(Personal/Social A: Students will acquire the knowledge, attitudes and (1). Professional,	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	RETHINK LESSONS HOW TO BE A GOOD STUDENT SESAME STREET VIDEO-WHERE WILL YOU GO TO COLLEGE AND WHAT WOULD YOU LIKE TO BE WHEN YOU GROW UP? DAILY ACTIVITIES School-wide activities throughout the week: Morning announcements, RRV video, wear red, mix-it up at lunch day. Facilitated in the classrooms. As needed. School-wide recognition of class winner for monthly character trait. All grade levels. School wide event. Discussions on identifying student needs and support. School wide event. School wide recognition.
College & Career Readiness Present XELLO data at a Faculty Meeting	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Present curriculum guide.
Life Skills & Wellness Adaptability Lessons	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will practice positive coping

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	School counselors will meet with students to enhance self awareness and learn coping skills for succeeding in school, at home, and in the community
Building a College & Career Culture	Ca(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Counselors will meet with students to address concerns regarding respecting boundaries and getting along with others. Anti-Bullying Classroom lessons
Antibullying/Relationship Skills	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School-wide initiatives; holding career/college week until May after testing is over.
Classroom Guidance lesson: Citizenship	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Reinforced students will meet weekly for group counseling to discuss learning strategies and attitudes towards school.
Anti-bullying week activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School Counselor and teacher will explain citizenship and recognize students of the month for November on the morning announcements. The parents will be invited to celebrate with
Kid of Character Recognition/ Super Star RECOGNITION	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School-wide recognition of class winner for monthly character trait. All grade levels.
Individual and group counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Individual Student counseling as needed
Perfect Attendance Awards	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Classes will earn incentives based on the number of compliments they receive outside of the classroom.
RTI/Student Support	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Discussions on identifying student needs and support.
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow curriculum guide.
Xello for students k-2	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow curriculum guide.
Xello for students grade 3	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow curriculum guide.
Life Skills & Wellness	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts peacefully and develop and maintain healthy friendships.
Relationship Skills		

December

Kids of Character: Kindness

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	RECOGNIZING STUDENTS MAKING SIGNIFICANT GAINS AND EXCELLENCE AT SCHOOL VIA GLOBAL ANNOUNCEMENTS AND GUEST CLASS VISITS.
Career Interest Inventories	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Student will take age appropriate online career interest inventories
Internet Safety/School-Wide Kindness Initiatives	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Spreading Acts of Kindness around the campus using social distancing (greeting someone by name, writing a nice letter, paying someone a compliment)
Classroom Guidance Lesson: Kindness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Facilitated in the classrooms. Per teacher request.
Individual and group counseling sessions	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed.
Kid of Character Recognition/ Super Star RECOGNITION	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School-wide recognition of class winner for monthly character trait. All grade levels.
Perfect Attendance Awards	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School wide recognition.
RTI/Student Support		Discussions on identifying student needs and support.
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow curriculum guide.
XELLO- KG to 2nd: Any location	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Follow curriculum guide.
XELLO- 3rd		
Life Skills & Wellness		
Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities Develop Career Awareness Self-Awareness/Self-Management/No Name Calling Classroom Guidance lesson: Respect Individual and group counseling Kid of Character Recognition/ Super Star RECOGNITION RTI/Student Support Perfect Attendance Awards No name-calling week	(6) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	RETHINK ED SELF CARE/SELF MANAGEMENT Review career interest inventories with students who participated Scavenger Hunt: Find out what your name means and its origin-Share on morning announcements Facilitated in the classrooms. Per teacher request. As needed. School-wide recognition of class winner for monthly character trait. All grade levels. Discussions on identifying student needs and support. School wide recognition. Morning Announcements.
College & Career Readiness Present XELLO data at a Faculty Meeting Xello for students. Review Semester lessons	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Pull lessons and review dates with teachers. Follow curriculum guide.
Life Skills & Wellness Self Awareness	Elementary LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths, and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a "strengths spotlight" activity

February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety Acquire Career Information Diversity, Respect, and Social Awareness Classroom Guidance lesson: Honesty Day of Service and Love activities Black History Month Individual and group counseling Kid of Character Recognition/ Super Star RECOGNITION RTI/Student Support Perfect Attendance Awards	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Career C: Students will understand the relationship between personal qualities, education, training and the world of work.	Rethink ED Lessons Self Management and Self Awareness Inquiry: Students will create 5 questions they would ask the CEO of a company in the community (police, fire, grocery store, apple, etc.) School wide parade celebrating diversity. Rethink ED LESSONS SOCIAL AWARENESS Facilitated in the classrooms. Per teacher request. Morning announcement and school wide activities Morning announcements As needed. School-wide recognition of class winner for monthly character trait. All grade levels. Discussions on identifying student needs and support. School wide recognition.
College & Career Readiness Present XELLO data at a Faculty Meeting Xello for students. Review Semester lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Pull lessons and review dates with teachers. Follow curriculum guide.
Life Skills & Wellness	Elementary LSW C: Students will engage in positive social interactions and	

Relationship Skills	demonstrate respectful and cooperative behaviors.	Students will learn how to communicate

March Kids of Character: Self Control		
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* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner Identify Career Goals Responsible Decision-Making/Equity Classroom Guidance lesson: Self-Control Individual and group counseling Kid of Character Recognition/ Super Star RECOGNITION Perfect Attendance Awards RTI/Student Support	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Rethink Ed Lessons-Self Awareness How do you learn best? Student will write one career SMART Goal RETHINK ED LESSONS RESPONSIBLE DECISION MAKING Facilitated in the classrooms. Per teacher request. As needed. All grade levels. School-wide recognition of class winner for monthly character trait. All grade levels. School wide recognition. Discussions on identifying student needs and support.
College & Career Readiness Present XELLO at a Faculty Meeting Xello for students. Review Semester lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Pull lessons and review dates with teachers. Follow curriculum

Life Skills & Wellness		
Self-Management Skills	Elementary: LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will explore ways to manage their

April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences New Student & Parent Session Conflict Mediation Classroom Guidance lesson: Tolerance Matriculation for 3rd graders Kid of Character Recognition/ Super Star RECOGNITION Small group counseling conducted weekly Asian and Pacific Islander Month: American Muslim Heritage Month Jewish Heritage month SAVE Promise Club meeting Classroom: Responsible Decision Making National Autism Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Share your COVID 19 STORY IN 5 SENTENCE OR LESS Kindergarten Round Up/Parent info RETHINK ED LESSONS RELATIONSHIP SKILLS Facilitated in the classrooms. Per teacher request. As needed. All grade levels. School-wide recognition of class winner for monthly character trait. All grade levels. School wide recognition. Discussions on identifying student needs and support. Monthly Meeting Provide student support. Promote awareness
College & Career Readiness XELLO for Students	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Pull lessons and review dates with students

Life Skills & Wellness	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will learn how to make thoughtful.
Responsible decision making for students		

May

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Helping through discussions and role play about moving to the next grade level-set expectations
Career Education Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Rethink Ed Lessons-Responsible Decision Making
Transitioning to New Grade	(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Answering questions and Answers about what to expect for the new grade level
Transition to Next Grade Level	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	5th grade students
Individual and group counseling	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	As needed.
Grade Level Awards Ceremony	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Award Recognition ceremonies. All grade level.
Mental Health Awareness Month Activities	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Promote Mental Health Awareness.
College & Career Readiness		

College & Career Readiness			
Life Skills & Wellness			