



Annual School Counseling and Support Plan

Principal: BENKA-COKER, DEIRDRE

Director/Lead Counselor: Fabeulah Pierre


Deirdre Benka-Coker (Aug 27, 2026 00:02:24 EDT)

BENKA-COKER, DEIRDRE

Date


Fabeulah Pierre

Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Register and schedule student; attend open house
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	introducing school staff to students via new student orientation introductions
Welcome/Introductions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselors will go classrooms and welcome students to McNicol and give them an orientation to the guidance department and staff in guidance
Registration/Schedule chats	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Register and meet with new students/change classes for students who completed schedule change requests
Transcript Review	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Evaluated transcripts for new 7th and 8th graders
Overage Plan	Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. Academic B: Students will complete	Identify all overaged students
School Advisory Council (SAC)	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Support school to community involvement
BTA/SRA Review	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	BTA/SRA meetings to help students who are struggling with mental health update support plans
MTSS/RTI Review	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	RTI meetings to discuss struggling students
New Students/6th Grade Orientation	Personal/Social C: (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community	Orienting new students to the school
Review Student Data	Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary	Evaluate attendance data from previous year
College & Career Readiness		
Set College/Career Expectations	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Start classroom discussions on college/career expectations
Introduction to Xello	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Introduction to Xello- Matchmaker Activity
Life Skills & Wellness		
Introduction to "Leader in Me". Build Leadership Culture through the 7 habits.	Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	Students will describe Habits 1-7 and learn how they will support learning, personal development, and a positive classroom culture.
Anti-Bullying Training	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Student will have a classroom discussion on bullying and consequences.

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Transcript Evaluations Attendance Initiatives Attendance/Student Engagement Overage Plan MTSS/RTI National Suicide Prevention and Awareness Month Peace Week Character Trait-Cooperation 	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of 	New student transcripts will be evaluated Students will be involved in school wide attendance counts awareness Meeting with students who are struggling with attendance or have in the past Verify placement of overage students RTI meetings do discuss struggling students School will explore suicide awareness with students All students will participate in Peace Week activities Teachers will submit students for recognition
College & Career Readiness Xello Xello Xello 	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grade 6- Interests/ survey Grade 7- Explore Learning Styles Grade 8- Skills/ survey
Life Skills & Wellness Leader in Me Responsibility and Decision Making Risk of Suicide (lesson)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them. Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges.	School will focus on Habit 1: Be Proactive. Classroom activity: Students will apply the Pause Plan (Notice, Name, and Think) and self- Engage in decision making scenarios in classroom presentations Students will learn resiliency lesson

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Building a College/Career Culture Identify & Recover Fragile Students Monitoring Grades on Focus Parent Resource Night At-Risk group Decision Making MTSS/RTI College Awareness Week Character Trait-Responsibility	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	All students will be a part of college week activities fragile and recovery students will be identified End of quarter evaluate student grade outcome Invite community to resource fair Determine at-risk students small group RTI meetings do discuss struggling students All students are exposed to colleges Teachers will submit students for recognition
College & Career Readiness Xello	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Learning Styles Activity
Life Skills & Wellness Start With Hello Help is Here (Trusted Adult Week) Help is Here (Trusted Adult Week)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges. Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students will participate in a mix-it-up lunch program to build new friendships. Students will complete and deliver trusted adult post cards. School will focus on Habit 2: Begin With the End in Mind. Students will describe their personal values and create a plan to commit to personal values when making decisions.

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
1st Quarter Honor Roll	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will be invited to honor roll assemblies for grade recognition
Anti-Bullying	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students will participate in school wide anti bullying program
1st Quarter Promotion Check	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Review failing list; student and parent conference for all students failing a core class.
MTSS/RTI	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	RTI meetings do discuss struggling students
Foster Care Quarterly Check-in	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Student check-in
Character-Citizenship	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Teachers will submit students for recognition
College & Career Readiness		
Xello College & Career Activity	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will use XELLO to explore College and Careers
Life Skills & Wellness		
Online Safety (lesson)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students will learn resiliency lesson
Anxiety (lesson)	Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges.	Students will learn resiliency lesson
Keeping Commitment (Leader in Me)	Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	School will focus on Habit 3: Put First Things First. Students will describe the value of keeping commitments and develop personal strategies to stay true in the moment of choice

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Credit Recovery/ Remediation Internet Safety Character- Kindness Parent/Teacher Conferences Self Esteem Group Conflict Mediation MTSS/RTI	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	fragile and recovery students will be identified and provided support Think Before You Post Teachers will submit students for recognition Conferences with parents/student and teachers At-Risk students identified for small groups Brief sessions with students RTI meetings do discuss struggling students
College & Career Readiness XELLO - Career Program	Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	Real Life games
Life Skills & Wellness Accountability Partner (Leader in Me)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	School will focus on The 4 Disciplines of Execution. Students will conduct an effective Accountability Partner Session and will utilize these skills to support their Accountability

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
FOCUS: Review Grades MTSS/RTI Goal Setting National Mentoring Month No Name Calling Week National School Choice Week The Great Kindness Challenge Week Boys Group Life Skills Human Trafficking Awareness Day 1/11 Character- Respect 	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social C: Students will understand safety and survival skills. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. 	Fragile and recovery students will be identified RTI meetings do discuss struggling students Students will be prompted to start setting goals Students and mentors Student Observance Student Observance Student Observance At-Risk students identified for small groups School-wide Teachers will submit students for recognition
College & Career Readiness Xello College & Career Activity 	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors 	Students will use XELLO to explore College and Careers
Life Skills & Wellness Human Trafficking (lesson) Support Systems (lesson) 	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges. 	Students will learn resiliency lesson. Students will learn resiliency lesson.

High Trust Behaviors (Leader in Me)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	School will focus on Trust and Emotional Bank Accounts. Students will describe and practice the 13 Behaviors of High Trust
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February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
2nd Quarter Honor Roll PAC Plan 8th Grade Diversity & Respect MTSS/ RTI Black History Month Random Acts of Kindness Week 2/11 Day of Service and Love Course Remediation Character - Honesty Teen Dating Violence Awareness Prevention Month Safer Internet Day LSW Day	Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community. Career B: Students will employ strategies to achieve future career goals with success and satisfaction. Personal/Social C: Students will understand safety and survival skills. (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the Students develop historical empathy by imagining and understanding the experiences of individuals, particularly during periods of enslavement and Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Personal/Social C: Students will understand safety and survival skills. Personal/Social C: Students will understand safety and survival skills. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will be invited to honor roll assemblies for grade recognition NA At-Risk students identified for small groups RTI meetings do discuss struggling students Student Observance Student Observance Student Observance Fragile and recovery students will be identified Teachers will submit students for recognition Student Observance Student Observance Students will take part in fun interactive stations highlighting LSW themes(Self-Awareness, Relationship Skills, Self-Management, Responsible Decision Making) and Help is Here
College & Career Readiness Xello Xello Xello	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grade 6- Decision Making Grade 7- Biases and Career Choices Grade 8- Transition to High School
Life Skills & Wellness Help is Here (Trusted Adult Week)	Middle- LSW B: Students will develop and apply effective coping strategies	Lunch with school based trusted adult.

	to manage stress, setbacks, and challenges.	
Re-Think Ed Culture and Values	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students will learn from classroom lessons how to be more aware and understanding when it comes to different cultures and values.
Preventing Violence (lesson)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students will learn resiliency lesson.

March Kids of Character: Self Control		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test Prep/Study Skills	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. Students learn that effective leadership is not defined by gender but by qualities like vision, resilience, and the ability to inspire others. Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will learn new test prep skills
Magnet Showcase		students will be invited to magnet assemblies
New Student/Parent Showcase		New students and parents will be invited to magnet showcase
Study/Test Taking Skills		At-Risk students identified for small groups
Women History Month		At-Risk students identified for small groups
Matriculation-High School		Students will meet have assemblies to go over course selection cards from high schools
Articulation- Elementary		Students will meet have assemblies to go over courses offered in middle schools
Course Remediation		Fragile and recovery students will be identified
Character-Self Control		Teachers will submit students for recognition
MTSS/RTI		RTI meetings do discuss struggling students
4th Quarter Promotion Checks		Ongoing promotion monitoring for at-risk students
College & Career Readiness	Career B: Students will employ strategies to achieve future career goals with success and satisfaction.	Students will use XELLO to explore College and Careers
XELLO - CAREERS		

Life Skills & Wellness Self-Management/ Self- Care Valuing Differences (Leader in Me)	Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges. Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Mental Health School focus on Habit 6: Synergize. Students will describe the importance of valuing differences and how it positively impacts group success.
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April Kids of Character: Tolerance		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Course Selection High School Information School-wide Initiative Prepare for Summer Experience Honor Roll Recognition National Youth Violence Prevention Week Character- Tolerance MTSS/RTI Day of Silence 4.09 Foster Care/ HEART Quarterly Check-in College & Career	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals. Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span. Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community. Personal/Social C: Students will understand safety and survival skills. Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the Personal/Social C: Students will understand safety and survival skills. (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Counselors will go to different classrooms and have students select courses for the next school year. Students will meet have assemblies to go over course selection cards from high schools Studens will be presented with school initiatives Fragile and recovery students will be identified Students will be invited to honor roll assemblies for grade recognition Student Observation Teachers will submit students for recognition RTI meetings do discuss struggling students Student Observance Student Monitoring Spirit Week ending with career dav
College & Career Readiness Xello	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grade 6- Time Management

Xello Xello	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Grade 7- Jobs and Employers Grade 8- Self-Advocacy
Life Skills & Wellness Responsibility Decision Making/ Tolerance My Daily Private Victory (Leader in Me)	Middle- LSW B: Students will develop and apply effective coping strategies to manage stress, setbacks, and challenges. Middle- LSW C: Students will set personal and academic goals, develop action plans, and monitor their progress toward achieving them.	Mental Health School will focus on Sharpen the Saw. Students will explain the Daily Private Victory and make a plan for achieving it.

May		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
3rd Quarter Honor Roll/Graduation/Promotion Summer Learning Opportunities / Remediation Transition to Next Grade Level Awards Ceremony MTSS/RTI Mental Health Awareness Month	Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will be invited to honor roll assemblies for grade recognition Fragile and recovery students will be identified and provided support Students will prepare for promotion to a new grade level Teachers will submit students for recognition PMP Close-outs
College & Career Readiness		

Xello College & Career Activity	Career B: Students will employ strategies to achieve future career goals with success and satisfaction.	Students will use XELLO to explore College and Careers
Life Skills & Wellness		
Empowering Others (Leader in Me)	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self	Students will practice positive and instructive feedback strategies as a means of empowering the potential of others.

June

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College & Career Readiness		
Life Skills & Wellness		