Wilton Manors Elementary

0191

Annual School Counseling and Support Plan

Principal: ELIGON, TAURI

ELIGON, TAURI — 8/24/24 Date

Director/Lead Counselor: Catherine Opdam

Catherine Opdam — 8/27/2026 Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Mandatory Annual Anti Bullying Policy 5900 Training	(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Supervise and train teachers to complete requirements.
Review 3rd grade retention lists and safety monitoring plans, SRA and BTA for 2025-2026 school year.	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	N/A
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet and Greet before beginning of school year
Attend BTM, CPST and RTI meetings to collaborate with staff on academic achievement goals for students.	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Meet and Greet before beginning of school year
Ind. Counseling, Small Groups, Classroom Lessons, School-Wide Initiatives, Community Initiatives, Indirect	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Comprehensive School Counseling Activities - Send referral form for teachers to refer students to individual and small group counseling.
IB Learner Profile Attribute of the Month: Risk-Taker	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Discussed daily on the Morning Show and in class during Morning Meetings.
Registration, Scheduling, Open House, New School Transitions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Attend open house and performance matters training
		Students will receive 10 Minutes of Mindfulness exercises daily through the school Morning Show.
College & Career Readiness		
Present Xello at faculty meeting	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	expose and inform teachers of the benefits of Xello program
Life Skills & Wellness		
self-awareness Connection Actives	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	
Intro to College/Career Education	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Readiness Resources available through School Counselor
Attendance Initiatives/Peace Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	lassroom and School Wide activities to celebrate Peace Week
Choose Peace Week	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Wide lessons
School Counseling Program Needs Assessment	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	LSW curriculum
Mindfulness Activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Mindfulness activities will be shared with students daily on the Morning Show and recorded in School Counselor Canvas page. Students also have access to the BCPS Mindfulness
Individual/Small Group counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Begin Individual Counseling. Form small groups for counseling.
IB Learner Profile Attribute of the Month: Risk Taker	Personal/Social A: Students will acquire (5). Counseling Services. Effective school counselors provide direct and indirect services that support the	Discussed daily on the Morning Show and in class during Morning Meetings.
College & Career Readiness		
Xello Lesson	Career C: Students will understand the relationship between personal qualities, education, training and the world of work.	Introduce Xello platform
Life Skills & Wellness		
Life Skills & Wellness: Self Awareness	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts, peacefully etc.

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Small Group with students in need of Time Management/Study Skills
College/Career Week!	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Activities will be planned to build a college / career culture and show students options for the future.
Red Ribbon Week/Child Abuse Prevention	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School wide activities | October 23rd, 2025 - October 31st, 2025
Building a College Culture	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	College/Career resources will be provided through
Child Safety classroom lessons	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Child abuse prevention classroom lesson by classroom teacher
College Week + Red Ribbon Week activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Announce activities on morning show. Community members to visit and discuss their career path with students
Classroom Guidance (Reflective)	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	School-wide lessons related to the IB Learner Profile Attributes
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Individual counseling with students identified by teachers/support staff
RTI/CPST	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Ongoing meeting held twice a month with CPST Team
Group Counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Begin Group Counseling in Social Skills, Anger Management, Family Issues, Study Skills
IB Learner Profile Attribute of the Month: Inquirer	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Discussed daily on the Morning Show and in class during Morning Meetings.
		State Mandate. Lesson found on CANVAS
College & Career Readiness		
Xello KG art gallery, 1st grade construction site, 2nd grade farm	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	be introduced to careers
Xello 3rd grade interests, 4th grade skills, 5th grade learning and future success	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	start missions
Life Skills & Wellness		
Fall Rethink ed Student survey	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	4th and 5th will participate in the survey
Adaptability Lessons	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Student will practice strategies for coping with change, staying positive and adjusting to new challenges.
Adaptability Lessons		

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Self Concept	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Activities and information to be provided through Morning Show.
Building a College & Career Culture	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Readiness Resources available through School Counselor
Antibullying/Relationship Skills	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	BCPS Anti-bullying Week
Internet Safety: All Grades Lauren's Kids: Safer, Smarter Kids! Lesson 3 All Grades	Personal/Social C: Students will understand safety and survival skills.	District Mandate: Lessons found on CANVAS
Individual / Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Continue Individual / Group counseling in the areas of: Social Skills, Anger Management, Family Issues, Study Skills, if needed.
Helping Hands	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School wide activity to collect can goods for families in need
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Conflict Resolution/Problem Solving
RTI/CPST	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	ongoing meeting held twice a month to discuss student academic/behavioral progress
IB Learner Profile Attribute of the Month: Knowledgeable	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Discussed daily on the Morning Show and in class during Morning Meetings.
College & Career Readiness		
Xello 3rd grade missions, 4th grade interests, 5th grade learning and future success	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	answer profile questions. discover a clue to solve the missing people case.
3rd grade missions, school subjects, 4th grade goal setting, 5th grade learning paths	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	
Life Skills & Wellness		
Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn to communicate clearly

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Pep Rally / Honor Roll Assembly (TBD)
Career Interest Inventories	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Career Interest Inventory will be provided through School Counselor
Internet Safety/School-Wide Kindness Initiatives	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Digital Citizenship and Kindness activities/questions on Morning Show.
Helping Hands Outreach	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Holiday-toy drive/ collection and distribution to families
Individual / Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Continue Individual / Small Group Counseling as needed
IB Learner Profile Attribute of the Month: Balanced	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Discussed daily on the Morning Show and in class during Morning Meetings.
Character Trait: Kindness	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Kindness activities - rethink Ed
College & Career Readiness		
Xello KG to 2nd any location	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Play a game related to care town location
Xello 3rd to 5th grade Like and Explore Careers	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	students will explore careers by school subjects, career groups
Life Skills & Wellness		
Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	students will learn how to communicate clearly, cooperate with others, resolve conflicts, peacefully and develop and maintain healthy friendships.

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	The Great Kindness Challenge Week | January 23rd, 2023 - January 27th, 2023
Develop Career Awareness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Career Interest Inventory will be provided through School Counselor
Self-Awareness/Self-Management/No Name Calling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	No Name Calling/Anti-Bullying to be discussed on Morning Show.
Test Taking Skills	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide test taking tips on Morning Show
IB Learner Profile Attribute of the Month: Reflective	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discussed daily on the Morning Show and in class during Morning Meetings.
Individual counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	student/parent crisis counseling/foster care, HEART
RTI/CPST	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	ongoing meeting held twice a month to discuss student academic/behavioral progress
Character Trait: Respect	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Rethink Ed lessons
College & Career Readiness		
Xello KG park, 1st pet grooming, 2nd hospital	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Play a game related to the career town location.
Mission 3rd, why people work 4th, tools for success, 5th starting a business	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	start missions
Life Skills & Wellness		
self awareness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths and personal values. Activities may include emotion sorting, self portraits with affirmations or strengths spotlight activity.

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety	Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary	Classroom Guidance for Test Anxiety and Study Skills
Acquire Career Information	Career B: Students will employ strategies to achieve future career goals with success and satisfaction.	College/Career Resources will be provided on School Counseling Canvas page.
Diversity, Respect, and Social Awareness	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Activities and specified books promoting diversity and cultural awareness on Morning Show.
IB Learner Profile Attribute of the Month: Caring	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Discussed daily on the Morning Show and in class during Morning Meetings.
Day of Service and Love | February 14th, 2023	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	School-wide Activities to celebrate a Day of Service and Love and to honor the victims of the tragedy at Marjory Stoneman Douglas. | February 14th, 2024
Individual/ Small Group Counseling	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Continue Individual / Small Group Counseling as needed
RTI/CPST	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	meeting held twice a month to discuss student academic/behavior progress
Lauren's Kids: Safer, Smarter Kids! Lesson 6 Grades K-3	Personal/Social C: Students will understand safety and survival skills.	State Mandate
Character Trait: Honest	Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	Rethink Ed Lessons
College & Career Readiness		
Xello KG park, 1st pet grooming, 2nd hospital	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Be introduced to 2 careers
Xello Mission 3rd, why people work, 4th tools for success, 5th starting a business	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Continue missions
Life Skills & Wellness		
Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions	Students will learn how to communicate clearly, cooperate with others, resolve conflicts

	and demonstrate respectful and cooperative behaviors.	peacefully and maintain healthy friendships.

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Activities and specified books promoting student to be Lifelong Learners on Morning Show.
Identify Career Goals	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College/Career Resources will be provided on School Counseling Canvas page.
Responsible Decision-Making/Equity	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Nearpod lessons on School Counselor Canvas / discussion on Morning Show.
Goal Setting	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discussed goal setting with third grade retained students
RTI/CPST	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	meeting held twice a month to discuss student academic/behavior progress
IB Learner Profile Attribute of the Month: Open Minded	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discussed daily on the Morning Show and in class during Morning Meetings.
Individual / Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Continue Individual / Small Group Counseling as needed
	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	
College & Career Readiness		
KG Park, 1st pet grooming, 2nd hospital.	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Answer one or two profile questions. Discover a clue to solve the missing people case.
3rd grade, 4th grade problem solving, 5th grade facing big challenges	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Start missions

Life Skills & Wellness		
Spring Rethink Ed Student Survey	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	4th and 5th grade students will participate in the fall survey

April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	To be discussed school-wide through Morning Show.
New Student & Parent Session	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	College/Career Resources will be provided on School Counseling Canvas page.
Conflict Mediation	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Conflict Mediation as needed for k-5 students.
Individual / Small Group Counseling	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Continue Individual / Small Group Counseling as needed
IB Learner Profile Attribute of the Month: Communicator	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discussed daily on the Morning Show and in class during Morning Meetings.
RTI/CPST	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	meeting held twice a month to discuss student academic and behavior progress
Character Trait: Tolerance	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Rethink Ed activities
College & Career Readiness		
KG-5th finalize all missions, discuss with students various career options	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will discuss preferred career options with classmates.

Life Skills & Wellness		
Responsible Decision Making	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will learn how to make a thoughtful, respectful and safe choices by evaluating options and consequences.

May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Classroom Guidance and FAQ for 5th graders transitioning to Middle School
Career Education Lesson	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College/Career Resources will be provided on School Counseling Canvas page.
Transitioning to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Classroom Guidance and FAQ for 5th graders transitioning to Middle School
Transition to Next Grade Level	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Assist 5th Grade students with transition to Middle School.
Summer Learning Opportunities	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Provide information for Summer School / Tutoring
Individual / Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Continue Individual / Small Group Counseling as needed
IB Learner Profile Attribute of the Month: Thinker	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Discussed daily on the Morning Show and in class during Morning Meetings.
College & Career Readiness		

Xello Makeups	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Pull lessons usage and review data with
Life Skills & Wellness		
Self Awareness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths, and personal values.

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	
Parent Conference as needed for retention/ promotion	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	
Summer Safety	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	
Fifth Grade Graduation	Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community.	award ceremony TBA
Data Analysis	Not Applicable	Review Behavior Referral data for current SY and begin planning behavior initiatives for 2023 -2024 SY

College & Career Readiness		
Life Skills & Wellness		