



Riverland Elementary

0151

Annual School Counseling and Support Plan

Principal: GIL, OSLAY

Director/Lead Counselor: Whitney Toussaint

[Signature]
GIL, OSLAY

8/26/26
Date

[Signature]
Whitney Toussaint

8/26/26
Date

August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Assist in welcoming and orienting students and families for the current school year	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Attend Open House/ Participate and Facilitate in the beginning of the school year assemblies/ Counselor Introduction
Open House/ Meet and Greet	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School Counselor will assist parents, students, and staff during Open House and Meet & Greet
HEART Families Contact	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Contact families previously in the program.
Individual Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Counselor will meet with identified students from the previous school year.
Small Group Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School counselor will meet with new students to the school
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Expose teachers/ staff to the benefits of Xello Program. Counselor will discuss with leadership rollout of Xello for teachers and students
CCRL Xello Platform Access		
Life Skills & Wellness		
Gratitude/ Mentorship Back-to-School ¹	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will introduce the importance of building a community in the classroom.

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting Attendance Initiatives/ Discussion Character Trait - Cooperation Peace Week Individual Counseling Small Group Collaborative Problem Solving Team Small Group	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Counselor will meet with retained 3rd grade students to discuss goal-making. Collaborate with Social Worker regarding attendance and discuss attendance initiatives. Introduce students to the character trait and discuss ways to show trait in everyday life. The School Counselor will create activities for PEACE week and students will be encouraged to participate in activities. Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration A referral form/ e-mail will be sent to teachers for them to refer students for group counseling sessions. Begin to set up small groups. Collaborate with team to discuss ways to support children who have exceptionalities. School counselor will meet with new students to the school
College & Career Readiness XELLO-KG: Farm, 1st Grade: Art Gallery 2: Construction Site XELLO: 3rd-5th " All About Me"	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Support teachers and student is completing " About Me" Activities. Students will create/update avatars Support teachers and student is completing " About Me" Activities. Students will create or update avatars.
Life Skills & Wellness Monthly Topic: Relationship Skills	Elementary - LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will introduce topic of the month and provide weekly tidbits in morning announcements or through e-mail. Students will learn how to build relationship skills.

October

Kids of Character: Responsibility

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Harvest Drive Prep and Plan College/Career Week! Red Ribbon Week/Child Abuse Prevention Character Trait - Responsibility Individual Counseling Small Group Counseling Crisis Intervention Collaborative Problem Solving Team Participation Parent/Teacher Conferences	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Harvest Drive collection; students will learn about helping others Teachers can post the college they attended in their classroom doors or wear shirts to represent their colleges. Share their experiences as a college student preparing to become a A week long celebration of activities on promoting drug prevention Introduce students to the character trait and discuss ways to show trait in everyday life. Introduce ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor and Social Worker will begin to conduct small group to address student needs Threat/Suicide Assessments/Abuse reports ongoing Collaborate with team to discuss ways to support children who have exceptionalities. Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
College & Career Readiness KG- Art Gallery, 1- Construction Site, 2nd Farm Missions 3rd grade: Interests, 4th grade: Skills 5th: Learning and Future Success	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will be introduced to at least two careers and answer 3-4 questions about a career path. Students will complete grade level lessons
Life Skills & Wellness Monthly LSW Theme: Making Responsible Choices	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	School Counselor will explain topic of the month and provide counselor tidbits

November

Kids of Character: Citizenship

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Harvest Drive Crisis Intervention BCPS Anti-Bullying Week Character Trait - Citizenship Attendance Discussion Individual Counseling Small Group Counseling Collaborative Problem Solving Team Participation Parent/Teacher Conferences Harvest Drive Prep and Plan	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Assisting families in need. Threat/Suicide Assessments/Abuse reports ongoing Discuss the importance of the roles of a bystander during morning announcements and/or provide teachers with videos to show or activities to engage in and encourage students/staff introduce students to the character trait and discuss ways to show trait in everyday life. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs Collaborate with team to discuss ways to support children who have exceptionalities. Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
College & Career Readiness XELL O-K-G Construction Site, 1st Grade: Farm 2nd Grade: Art gallery XELLO 3-5 Mission School Subjects, Goal Setting, Learning Falls	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Provide support in the classroom with answering profile questions and discovering a clue to solve the missing people case. Provide support in the classroom with completing "Mission Lesson"
Life Skills & Wellness Monthly LSW Theme: Citizenship/ Being Fair and Helping Others	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	School Counselor will explain topic of the month and provide counselor tidbits

December

Kids of Character: Kindness

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
CPST Participation Crisis Interventions School-Wide Kindness Initiatives Character Trait - Kindness Attendance Discussions Small Group Counseling Individual Counseling Parent/ Teacher Conferences	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Threat/Suicide Assessments/Abuse reports ongoing Collaborate with team to discuss ways to support children who have exceptionalities. LSW Classroom lessons using Re-Think Ed and morning announcements to include mindfulness Introduce students to the character trait and discuss ways to show trait in everyday life. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
College & Career Readiness K-2 Any location 3-5: Like and Explore Careers	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School Counselor will encourage and assist teachers in playing a game related to Career Town Location Students will explore careers by School Subjects School Counselor will encourage and assist teachers
Life Skills & Wellness Monthly LSW Theme: Kindness/Empathy	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will explain topic of the month and provide counselor tidbits

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Weekly inspirational quotes on morning announcements
CPST Participation	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with team to discuss ways to support children who have exceptionalities.
No Name Calling Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School- wide activities on positive communication and relationship skills.
Character Trait: Respect	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will learn how to show consideration, understanding, and regard for people, places and things.
Attendance Discussions	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration
Small Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Counselor will conduct small group to address student needs
Parent teacher conferences	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
Crisis Intervention	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Threat/Suicide Assessments/Abuse reports ongoing
College & Career Readiness		
K-2; K- Park, 1st: Pet Grooming 2nd: Hospital	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Support teachers in completing grade level missions
3-5 3rd- Complete Mission (Why people work) 4th- Tools for Success, 5th- Starting a business	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Support teachers in completing grade level missions
Life Skills & Wellness		
Monthly LSW Theme: Respecting Ourselves and Others	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	School Counselor will explain topic of the month and provide counselor tidbits

February

Kids of Character: Honesty

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Crisis Intervention Parent Conferences CPST Participation Character Trait: Honesty Attendance Discussion Individual Counseling Small Group Counseling Random Acts of Kindness Week	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Threat/Suicide Assessments/Abuse reports ongoing Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families. Collaborate with team to discuss ways to support children who have exceptionalities. Introduce students to the character trait and discuss ways to show trait in everyday life. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs School-wide activities that encourage, name, and celebrate being kind Threat/Suicide Assessments/Abuse reports ongoing
College & Career Readiness CCRL K-2 Park, Pet Grooming, Hospital CCRL 3-5 Why people work, Tools for Success, Starting a Business	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Counselor will encourage and support teachers to introduce students to at least two careers and answers 4 questions about a career path. Students will continue working on Missions from previous month
Life Skills & Wellness Monthly LSW Theme: Honesty/ Relationship Skills	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	School Counselor will explain topic of the month and provide counselor tidbits

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Parent Teacher Conferences Character Trait: Self-control Attendance Discussion Individual Counseling Small Group Counseling Crisis Interventions CPST Participation Parent Teacher Conferences	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families. School Counselor will introduce students to the character trait and discuss ways to show trait in everyday life. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs Threat/Suicide Assessments/Abuse reports ongoing Collaborate with team to discuss ways to support children who have exceptionalities. Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
College & Career Readiness K-2 3-5	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will answer one to two profile questions. Discover a clue to solve missing people case Counselor will encourage teachers to complete Mission lessons
Life Skills & Wellness Monthly LSW Theme: Self-control Problem Solving (Pause, Think, Cross) Think, Cross	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will explain topic of the month and provide counselor tidbits.

April

Kids of Character: Tolerance

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Character Trait: Tolerance Attendance Discussions Individual Counseling Small Group Crisis Interventions CPST Participation Matriculation of 5th graders Parent/ Teacher Conferences	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School Counselor will introduce students to the character trait and discuss ways to show trait in everyday life. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs Threat/Suicide Assessments/Abuse reports ongoing Collaborate with team to discuss ways to support children who have exceptionalities. Assist 5th grade students with matriculation cards and class choices Attend conferences to support teachers with referring and/or providing academic, social, and counseling services available to families.
College & Career Readiness XELLO-KG-5: Finalize missions, discuss with student different career options.	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will discuss career options with classmates. Review data with leadership team.
Life Skills & Wellness Monthly LSW Theme: Tolerance/ Responsible Decision Making	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	School Counselor will explain topic of the month and provide counselor tidbits.

May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade Character Trait Theme: Perseverance Individual Counseling Small Group Counseling Mental Health Awareness Month CPST Participation Attendance Discussions Crisis Interventions	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom lesson on middle school preparation School Counselor will introduce students to the character trait and discuss ways to show trait in everyday life. Meeting ongoing needs of students referred by parents, teachers, school personnel, and administration School Counselor will conduct small group to address student needs Celebrate Mental Health with activities centered around mental health awareness. Collaborate with team to discuss ways to support children who have exceptionalities. School Counselor will check on attendance numbers and discuss with designated school personnel as well as contact parents and collaborate with Social Worker regarding Threat/Suicide Assessments/Abuse reports ongoing
College & Career Readiness Complete Xello lessons	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Assist students in completing at least 5 Xello Classroom "Mission Lesson" (Pathway to Possibilities)
Life Skills & Wellness Monthly LSW Theme: Perseverance/ Grit/Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	School Counselor will explain topic of the month and provide counselor tidbits.

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout ASCP Closeout Summer Safety Liaison Duties	Not Applicable Not Applicable Not Applicable Not Applicable	
College & Career Readiness		
Life Skills & Wellness		