



Country Hills Elementary

3111

Annual School Counseling and Support Plan

Principal: Meacham-Hall, Laneia

Director/Lead Counselor: Susan Schaffer

Megacham-Hall
 Date 9/2/05

Susan Schaffer
 Date 9/13/25

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Call parents/students that are identified as needing support
Academic Support	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Provide academic counseling with retained students
Welcoming Students/Introducing School Counseling Services	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet the School Counselor Guidance Lessons (Grades K-5)
Introductions With Grade Level Teams	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Meet with all grade level teams in order to help staff understand the school counselor role
Anti-Bullying	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Mandated Anti-Bullying Lesson and follow up activity
Individual Counseling	(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Meet with weekly counseling students and others as needed.
HEART Assistance	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assist with providing HEART resources as needed.
Think BA You Post Assembly	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Social Media/Online Safety Assembly for Grades 4-5
Leader In Me		Collaborate with Leadership Team to begin Leader In Me School Program
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Materials placed throughout the school
Post College/Career Materials around school.		
Life Skills & Wellness	Elementary-LSW-B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Body regulation and calming strategies taught and practiced
Coping Skills Lesson		

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Counselor will meet with several students in the lowest quartile to set academic goals.
Start with Hello Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Ideas provided over the morning announcements, 'teabreaker' cards in lunchroom.
Peace Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide awareness and activities for PEACE Week: Dress up days, read books about kindness to Grades K-2, and Chalk4Peace
MTSS group	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily small group of high achieving students-growth mindset, social skills, and coping strategies
RTI	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Student needs assessment	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Teacher's were provided with a needs assessment to identify students for small group counseling.
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
Leader In Me	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with Leadership Team to begin Leader In Me School Program
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.
Career Exploration	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Create Xello Profiles
Introduction to Xello		
Life Skills & Wellness		Mindful Mondays over the morning announcements
Mindfulness	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Character Trait Wednesdays over the morning announcements, Rising Stars student recognition
Kids of Character-Cooperation	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Rethink Ed Lesson
Relationship Skills Lesson	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Study & Success Skills</p> <p>Leader In Me</p> <p>Red Ribbon Week</p> <p>MTSS group</p> <p>RTI</p> <p>Individual Counseling</p> <p>LSW Survey</p> <p>Group Counseling</p> <p>Academic Support</p> <p>Help Is Here</p>	<p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Students will meet with the counselor as needed to review study & success skills. Ongoing.</p> <p>Collaborate with Leadership Team to begin Leader In Me School Program</p> <p>School-wide awareness and activities during Red Ribbon Week</p> <p>Daily small group of high achieving students-growth mindset, social skills, and coping strategies</p> <p>Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.</p> <p>Meet with weekly counseling students and others as needed.</p> <p>LSW survey given to 4th and 5th graders.</p> <p>Counseling groups begin based on needs assessment.</p> <p>Provide academic counseling with students as needed.</p> <p>Postcards to identify trusted adults/PA announcements</p>
<p>College & Career Readiness</p> <p>Career Exploration</p> <p>Xello Lesson</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>College and Career Fridays-facts and information provided to students over the morning announcements.</p> <p>Grades 3-5: Mission 1</p>
<p>Life Skills & Wellness</p> <p>Mindfulness</p> <p>Kids of Character-Responsibility</p> <p>Kids of Character-Responsibility</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindful Mondays over the morning announcements</p> <p>Character Trait Wednesdays over the morning announcements, Rising Stars student recognition</p> <p>Grade Level Rethink Ed Lesson</p>

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Self Concept</p> <p>Leader In Me</p> <p>Anti-bullying/Relationship Skills</p> <p>Individual Counseling</p> <p>RTI</p> <p>Group Counseling</p> <p>MTSS group</p> <p>Harvest Drive</p> <p>Academic Support</p>	<p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p>	<p>Counselor will work with students on an individual basis to address the importance of home and school</p> <p>Collaborate with Leadership Team to begin Leader In Me School Program</p> <p>School-wide anti-bullying awareness week-Friendship stories read in Grades K-2</p> <p>Meet with weekly counseling students and others as needed.</p> <p>Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.</p> <p>Counseling groups continue based on needs assessment.</p> <p>Daily small group of high achieving students-growth mindset, social skills, and coping strategies</p> <p>School-wide event to collect food for the less fortunate during the holidays.</p> <p>Provide academic counseling with students as needed.</p>
<p>College & Career Readiness</p> <p>Career Exploration</p> <p>Xello Lesson</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>College and Career Fridays-facts and information provided to students over the morning announcements.</p> <p>Xello Career Exploration Activity</p>
<p>Life Skills & Wellness</p> <p>Mindfulness</p> <p>Kids of Character-Citizenship</p> <p>Resiliency Skills Lesson</p>	<p>Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindful Mondays over the morning announcements</p> <p>Character Trait Wednesdays over the morning announcements, Rising Stars student recognition</p> <p>Grade Level Rethink Ed Lesson</p>

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Celebrate Academic Success</p> <p>Leader In Me</p> <p>Individual Counseling</p> <p>RTI</p> <p>Group Counseling</p> <p>MTSS group</p> <p>Academic Support</p>	<p>(9). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p> <p>(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(3). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p>	<p>Counselor will celebrate academic successes with students in lowest quartile</p> <p>Collaborate with Leadership Team to begin Leader In Me School Program</p> <p>Meet with weekly counseling students and others as needed.</p> <p>Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.</p> <p>Counseling groups continue based on needs assessment.</p> <p>Daily small group of high achieving students-growth mindset, social skills, and coping strategies</p> <p>Provide academic counseling with students as needed.</p>
<p>College & Career Readiness</p> <p>Career Exploration</p> <p>Xello Lesson</p>	<p>(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>College and Career Fridays-facts and information provided to students over the morning announcements.</p> <p>Grades 3-5: Mission 2</p>
<p>Life Skills & Wellness</p> <p>Mindfulness</p> <p>Kids of Character-Kindness</p> <p>Relationship Skills Lesson</p>	<p>Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindful Mondays over the morning announcements</p> <p>Character Trait Wednesdays over the morning announcements. Rising Stars student recognition</p> <p>Grade Level Rethink Ed Lesson</p>

January

Kids of Character: Respect

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities Individual Counseling MTSS group RTI Leader In Me Group Counseling	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (2). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselor will meet with students in the lowest quartile to motivate students academically. On going Meet with weekly counseling students and others as needed. Daily small group of high achieving students-growth mindset, social skills, and coping strategies Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed. Collaborate with Leadership Team to begin Leader In Me School Program Counseling groups continue based on needs assessment.
College & Career Readiness Career Exploration Xello Lesson	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements. Xello Career Exploration Activity
Life Skills & Wellness Mindfulness Kids of Character-Respect	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others. Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Mindful Mondays over the morning announcements Character Trait Wednesdays over the morning announcements. Rising Stars student recognition

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Test & Academic Anxiety RTI Diversity, Respect, and Social Awareness Individual Counseling MTSS group Leader In Me Group Counseling Day of Service and Love Help Is Here	<ol style="list-style-type: none"> (6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that 	Counselor will do a lesson with 3rd grade students on test taking skills and anxiety management. Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed. Culture trivia over morning announcements Meet with weekly counseling students and others as needed. Daily small group of high achieving students-growth mindset, social skills, and coping strategies Collaborate with Leadership Team to begin Leader In Me School Program Counseling groups continue based on needs assessment. Service Projects and Acts of Kindness activities in the classroom Postcards to identify trusted adults/PA announcements
College & Career Readiness Career Exploration Xello Lesson	<ol style="list-style-type: none"> (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors 	College and Career Fridays-facts and information provided to students over the morning announcements. Grades 3-5- Mission 3
Life Skills & Wellness Mindfulness	Elementary- LSW A: Students will recognize, identify, and appropriately	Mindful Mondays over the morning announcements

Life Skills & Wellness	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Mindful Mondays over the morning announcements
Mindfulness	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Character Trait Wednesdays over the morning announcements. Rising Stars student recognition
Kids of Character-Self-Control	Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Grade Level Rethink Ed Lesson
Problem Solving Lesson		

April

Kids of Character: Tolerance

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Classroom lesson on student success skills for life
RTI	(2). Data-Driven Planning: Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
MSSS group	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Daily small group of high achieving students-growth mindset, social skills, and coping strategies
Individual Counseling	(5). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Meet with weekly counseling students and others as needed.
Leader in Me	(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the	Collaborate with Leadership Team to begin Leader in Me School Program
Matriculation	(6). Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will be provided with courses for middle school.
Group Counseling	(3). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counseling groups continue based on needs assessment.
College & Career Readiness		
Career Exploration	(7). Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	College and Career Fridays-facts and information provided to students over the morning announcements.

May

<p>Xello Lesson</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Grades 3-5: Mission 4</p>
<p>Life Skills & Wellness</p> <p>Mindfulness</p> <p>Kids of Character-Tolerance</p> <p>Responsible Decision-Making Lesson</p>	<p>Elementary-LSW/A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary-LSW/C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary-LSW/C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindful Mondays over the morning announcements</p> <p>Character Trait Wednesdays over the morning announcements, Rising Stars student recognition</p> <p>Grade Level Rethink Ed Lesson</p>

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	5th Grade Classroom Lesson to prepare for middle school
Mental Health Awareness Week	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide initiative to educate students on mental health throughout the month with videos and activities.
Group Counseling	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counseling groups continue based on needs assessment.
RTI and Promotion	(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Monitor individual students with the RTI team to ensure that strategies are being implemented. Provide support as needed.
Summer Learning Opportunities	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Assist families in finding resources for the summer.
Awards Ceremony	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Attend 5th grade ceremony
Summer Safety	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom lessons on summer safety tips/stranger awareness/social media
Leader in Me	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Collaborate with Leadership Team to begin Leader in Me School Program
College & Career Readiness		

College & Career Readiness

Life Skills & Wellness

