



Annual School Counseling and Support Plan

Principal: SUAREZ, SUSAN

Director/Lead Counselor: Lorena Rodriguez

*Susan Suarez* 8/12/25  
 SUAREZ, SUSAN Date

*Lorena Rodriguez* 8/13/25  
 Lorena Rodriguez Date

# August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet with parents, teachers, and support staff
Post College/Career Materials around school.	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Introduction to new XELLO program.
Welcoming Students/Introducing School Counseling Services/Goal-Setting	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom visits- responsibilities of a school counselor; when to see your school counselor
Individual Counseling	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students
Welcome/Introductions/ Behavior Assembly	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	School Counselor introduction in an assembly
Meet and Greet	Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.	School Counselors will introduce themselves to parents and students at Meet and Greet and assist them with finding their classrooms and school supplies.
Parent/Teacher Conferences	Academic C: Students will understand the relationship of academics to the world of work and to life at home and in the community.	Assist parents and teachers with any academic, social, or emotional concerns
Mindfulness Mornings	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Foster/HEART Students	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Contact families previously in the program
Lunch Bunch	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Help is Here/Be Kind to your Mind	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students will participate in school-wide assembly. Safe people at school.
Open House Meeting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Welcomes families, shares information about school programs and resources, and answers questions to help students feel supported and prepared for the year ahead.
Character Trait: Gratitude/Mentorship	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during the gator of the month assembly
College & Career Readiness		
Present XELLO at a Faculty Meeting	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Expose teachers/staff of the benefits of XELLO program
Life Skills & Wellness		
Self-Awareness Connection Activities	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths, and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a "strengths spotlight" activity.

# September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Goal Setting	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Meet with 3-5 classes to help create academic goals and plan
Intro to College/Career Education	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Planning college/career week activities
Lunch Bunch	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students
Small Group	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Schedule and coordinate small group based on teacher/parent referral (needs assessment)
Peace Week Activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Peace activities held during the entire week
Start With Hello (Sandy Hook Promise)	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will participate in lessons and the importance of starting with hello and its effects on individuals
Mindfulness Mornings	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Hispanic Heritage Month( September 15- October 16)	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students, staff, and families will be provided with Hispanic Heritage lessons & activities utilizing the BCPS Dates of Observance Calendar
Student of the Month / Character Trait (Cooperation)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during the gator of the month assembly
Anti Bully student training	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Students will complete the mandatory anti-bullying lessons and a school-wide assembly will review/discuss expectations and safe people at school.
Classroom Counseling Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom counseling lesson
College & Career Readiness		
XELLO- KG: Farm, 1st Grade: Art Gallery, 2nd: Construction Site	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Complete/Review "ABOUT ME" activities. Students will create or update avatar. Play a game related to the Career Town location. Learn about at least two missing people.
XELLO- KG: Farm, 1st Grade: Art Gallery, 2nd: Construction Site	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Complete/Review "ABOUT ME" activities. Students will create or update avatar.
Life Skills & Wellness		
Life Skills & Wellness: Relationship Skills	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts peacefully, and develop and maintain healthy friendships.

# October

## Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Study & Success Skills	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Conduct an Anxiety Group to teach students coping skills for succeeding in school.
College/Career Week	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School-wide career day activities
Red Ribbon Week/Child Abuse Prevention	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students engage in Red Ribbon Week activities each day for a week. A week of long celebration of activities on promoting drug prevention.
Student of the Month / Character Trait (Responsibility)	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	School Counselor and teacher will explain responsibility and recognize students of the month for October on the morning announcements. The parents will be invited to celebrate
National Bullying Prevention Awareness Month: Digital Citizenship Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	All students will participate in lessons and the understanding of bullying. Students will engage in an open discussion regarding different ways to prevent bullying and speak up.
Red Ribbon Activities	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-wide red ribbon activities
Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Small Group Counseling on various topics depending on need
Harvest Drive Preparation	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Counselor will attend SGA meetings and work together in preparation for school-wide food drive
Lunch Bunch	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Mindfulness Mornings	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Individual Counseling	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Individual Student counseling as needed.
Diversity Awareness Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students, staff, and families will be provided with diversity awareness lessons & activities through the BCPS Dates of Observance Calendar and morning announcements
Classroom Counseling Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom counseling lesson
College & Career Readiness		
XELLO- KG: Art Gallery, 1st Grade: Construction Site, 2nd: Farm	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Learn about at least two missing people. Be introduced to a least two careers. Answer three to four questions about a Career path.
XELLO- Missions: 3rd Grade: Interests, 4th Grade: Skills, 5th Grade: Learning & Future Success	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Start Missions 3rd grade: Mission "Interest"
Career Day	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School-wide career day activities
Life Skills & Wellness		
Fall Rethink Ed Student Survey 10/6-10/31	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	4th & 5th Grade students will participate in the fall survey.
Adaptability Lessons	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will practice strategies for coping with change, staying positive, and adjusting to new challenges.
Adaptability Lessons		

# November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Building a College &amp; Career Culture</p> <p>Antibullying/Relationship Skills</p> <p>Lunch Bunch</p> <p>Individual Counseling</p> <p>Group Counseling</p> <p>Classroom Counseling Lesson</p> <p>Student of the Month / Character Trait (Citizenship)</p> <p>Mindfulness Mornings</p> <p>Harvest Drive Prep and Plan</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Career Exploration via Xello</p> <p>Facilitate teaching anti-bullying lessons. School-wide anti-bullying activities</p> <p>Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.</p> <p>As needed, individual counseling sessions for students</p> <p>Small Group Counseling on various topics depending on need</p> <p>Classroom counseling lesson</p> <p>Students are recognized for outstanding character traits during the gator of the month assembly</p> <p>Breathing techniques and calming strategies presented during morning announcements and classroom visits</p> <p>A school wide event (Harvest Drive) to help families in need in the community.</p>
<p>College &amp; Career Readiness</p> <p>XELLO- KG: Construction Site, 1st Grade: Farm 2nd: Art gallery</p> <p>XELLO- Missions 3rd Grade: School Subjects, 4th Grade: Goals Setting, 5th Grade: Learning Paths</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Answer one to two profile questions. Discover a clue to solve the missing people case.</p> <p>Continue Missions 3rd grade: Mission "School Subjects"</p>
<p>Life Skills &amp; Wellness</p> <p>Relationship Skills</p>	<p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Students will learn how to communicate clearly, cooperate with others, resolve conflicts peacefully, and develop and maintain healthy friendships. Lessons may include role-playing.</p>

# December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Celebrate Academic Success	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Reinforce positive behavior, and foster a supportive learning environment
Career Interest Inventories	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Identify future careers
Internet Safety/School-Wide Kindness Initiatives	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Promote safe online practices and foster a culture of respect and empathy through school-wide kindness initiatives.
CRISIS Intervention	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Ensure the safety, emotional support, and well-being of young students during or after a traumatic event or emergency
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students
Classroom Counseling Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom counseling lesson
Mindfulness Mornings	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Toy Drive	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School wide event by assisting children in need in the community, Chapel Trail will sponsor families in our school, donate to Toys for Tots, and sponsor another school.
Student of the Month / Character Trait (Kindness)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during gator of the month assembly
Lunch Bunch	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
College & Career Readiness		
XELLO- KG to 2nd: Any location	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Play a game related to the Career Town Location.
XELLO- 3rd to 5th: Like and Explore Careers	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students will explore Careers by School Subjects, Career groups and Alphabet to add to "My Liked Careers".
Life Skills & Wellness		
XELLO- 3rd to 5th: Like and Explore Careers	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts peacefully, and develop and maintain healthy friendships.

# January

## Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Motivational Activities	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Weekly Inspirational quotes on morning announcements
Develop Career Awareness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will do a personality inventory during classroom guidance with XELLO
Self-Awareness/Self-Management	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	School-Wide activities on Positive communication and relationships Skills.
No Name Calling Week	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	No Name Calling week will be introduced on morning announcements and students will be encouraged to do the daily activities for Name Calling Week.
Lunch Bunch	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Group Counseling sessions
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students
Classroom Counseling Lessons	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom Counseling Lessons
Mindfulness Mornings	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Student of the Month / Character Trait (Respect)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during the gator of the month assembly
College & Career Readiness		
XELLO KG: Park, 1st: Pet Grooming, 2nd: Hospital	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Play a game related to the Career Town location. Learn about at least two missing people.
XELLO- Complete Mission 3rd: Why people work, 4th: Tools for Success, 5th: Starting a Business	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Start Missions 3rd grade: Mission "Why people work"
Life Skills & Wellness		
Self Awareness	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths, and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a "strengths spotlight" activity.

# February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Test &amp; Academic Anxiety</p> <p>Acquire Career Information</p> <p>Diversity, Respect, and Social Awareness</p> <p>School-wide kindness and compassion day</p> <p>Individual Counseling</p> <p>Classroom Counseling Lessons</p> <p>MSD Commemorative Activities</p> <p>Mindfulness Mornings</p> <p>National School Counseling Week Activities</p> <p>Honor Roll</p> <p>Student of the Month / Character Trait</p> <p>Black History Month</p> <p>Lunch Bunch</p>	<p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Test taking skills classroom lessons.</p> <p>Students will do a personality inventory during classroom guidance</p> <p>Promote diversity, respect, and social awareness through kindness and recognition activities.</p> <p>Students will do a school wide kindness activities.</p> <p>As needed, individual counseling sessions for students</p> <p>Classroom Counseling Lessons</p> <p>Staff and students will write messages of love and peace to honor MSD victims and learn how to be "bucket fillers"</p> <p>Breathing techniques and calming strategies presented during morning announcements and classroom visits</p> <p>Students will participate in daily activities promoting the importance of school counseling</p> <p>Students are recognized for their academic achievements</p> <p>Students are recognized for outstanding character traits during the gator of the month assembly</p> <p>Classroom counseling lesson</p> <p>Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.</p>
<p>College &amp; Career Readiness</p> <p>XELLO- Continue Mission 3rd: Why people work, 4th: Tools for Success, 5th: Starting a Business</p> <p>XELLO- Continue Mission 3rd: Why people work, 4th: Tools for Success, 5th: Starting a Business</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Be introduced to a least two careers. Answer three to four questions about a Career path.</p> <p>Continue Missions 3rd grade: Mission "Why people work"</p>
<p>Life Skills &amp; Wellness</p> <p>Relationship Skills</p>	<p>Elementary- LSW C: Students will engage in positive social interactions</p>	<p>Relationship Skills Elementary- LSW C: Students will engage in positive social interactions</p>

	and demonstrate respectful and cooperative behaviors.	Students will learn how to communicate clearly, cooperate with others, resolve conflicts

# March

## Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Student of the Month / Character Trait (Control)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during the gator of the month assembly
Identify Career Goals	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will select one career that is related to their personality inventory and career inventory results during classroom guidance.
Classroom Counseling Lessons	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom Counseling Lessons
Group Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Group Counseling sessions
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students.
Mindfulness Mornings	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom visits
Middle School Parent Meeting	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Students and parents participate in middle school information orientation.
Lunch Bunch	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Woman History Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Classroom counseling lesson and school wide initiatives
College & Career Readiness		
XELLO KG: Park, 1st: Pet Grooming, 2nd: Hospital	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Answer one to two profile questions. Discover a clue to solve the missing people case.
XELLO- Missions: 3rd Grade: Managing Big Feelings, 4th Grade: Problem Solving, 5th Grade: Facing Big Challenges	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Start Missions 3rd grade: Mission "Managing Big Feelings"

Life Skills & Wellness

Spring Rethink Ed Student Survey 03/02-02/27
Self Management

Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.
Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.

4th & 5th Grade students will participate in the fall survey.
Students will explore how to manage their emotions, behaviors, and daily tasks effectively. Lessons will include tools for calming down, organizing time, and setting personal goals (e.

# April

Kids of Character: Tolerance

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Relate School to Life Experiences	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Assist 5th grade students with course selection
New Student & Parent Session	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Middle school visits
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students related to conflict resolutions.
National Autism Acceptance Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Celebrate our Autism students and collaborate with teachers on spreading acceptance
Mindfulness Mornings	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements and classroom lessons
Middle School Matriculation	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Discuss paperwork and course selection
Classroom Counseling Lesson	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom Counseling Lesson
Lunch Bunch	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Honor Roll	(8). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students recognized for their academic achievements.
Student of the Month / Character Trait (Tolerance)	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for outstanding character traits during the gator of the month assembly
College & Career Readiness	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will discuss preferred career options with classmates Pull lessons usage and review data with Leadership team.
XE.L.O: KG-5th Grade: Finalize all Missions, Discuss with students various Career Options		

<b>Life Skills &amp; Wellness</b> Responsible Decision Making	High-LSW B: Students will build and sustain healthy relationships through effective communication, empathy, and conflict-resolution	Students will learn how to make thoughtful, respectful, and safe choices by evaluating options and consequences. Scenarios may be used for group discussions or decision

# May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transition to New Grade	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Transition to Middle School
Transitioning to New Grade	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Parent/Teacher Conferences
Mental Health Awareness Month	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Self-Care activities for teachers/staff
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	As needed, individual counseling sessions for students
Awards Ceremony	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Students are recognized for their academic and social achievements
Mindfulness Mornings	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Breathing techniques and calming strategies presented during morning announcements.
Lunch Bunch	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Informal meeting with students during lunch where we work on communication skills, problem-solving, feelings expression and management, and other skills as needed.
Classroom Counseling Lesson	(6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Classroom Counseling Lesson
Kindergarten round up	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Welcome new students and families, share school information, and build excitement for starting kindergarten
Liaison Duties	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	HEART/Child Abuse/BTA/SRA/Foster Care/LSW/Testing/RTI
College & Career Roadness		

<p>XELLO Make-ups</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Pull lessons usage and review data with Leadership team.</p>
<p>Life Skills &amp; Wellness Self Awareness</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>Students will identify their emotions, strengths, and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a "strengths spotlight" activity.</p>

# June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Reflect on the year's progress, celebrate successes, and identify goals for continued student support and growth.
Summer Safety	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Students will watch a video on summer safety
Individual Counseling	(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Individual counseling lessons
Promotion Criteria	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the	Ensure students met promotion criteria
Matriculation	(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Deliver cum folders to Middle School
Liaison Duties	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	HEART/Child Abuse/BTA/SRA/Foster Care/LSW/Testing/RTI
ASCP Planning	(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Outline yearly goals and activities to support students' academic, personal, and social growth.

<b>College &amp; Career Readiness</b>   	   	   
<b>Life Skills &amp; Wellness</b>   	   	   