



BCPS LSW Action Plan 2025-26



LSW TEAM Members	LSW Liaison: Seromany Jawahir	School: Zone: MSD
	Administrator: Yahira Tamayo	Date Plan Completed: 09/15/25
	Other Team Members: Michelle Civettini (testing), Heather Kostick(K teacher), Elyssa Henthorn (1 st grade), Stephanie Rodriguez(4 th grade dual), Tania Garza (guidance support)	



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Life Skills & Wellness Standards 25-26

Elementary

ACTIVITY	STANDARD	DESCRIPTION
Example: School-wide Emotion Charades	Students will recognize, identify, and appropriately express basic emotions in themselves and others.	In this school-wide activity, students across grade levels participate in "Emotion Charades" by acting out basic emotions using facial expressions and body language while peers guess the emotion. Class discussions follow, helping students better understand and express emotions in themselves and others.
Classroom Charter Creation – students co-create class norms and sign a “team contract”	LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Builds community, sets expectations, introduces routines, and develops a sense of belonging.
Zones of Regulation Sort – students match emotions to zones and brainstorm coping strategies.	LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Increases emotional vocabulary, teaches regulation strategies, and promotes self-awareness.
Kindness Chain – each act of kindness adds a paper link to a growing classroom chain.	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Teaches empathy, respect, and how to stand up to bullying.