



BCPS LSW Action Plan 2025-2026



LSW TEAM Members	LWS Liaison: Sandra Alexis (Guidance Counselor)	School: Coral Springs Elementary Zone: Coral Glades
	Administrator: <i>who is the administrator that oversees the LSW plan of the school</i> Cathy Rucker (Asst. Principal)	Date Plan Completed: September 10, 2025
	Other Team Members: <i>team members can include one or more adults from each sub department/grade level of the school/please include their names and the department they represent</i> Shannon Berry (ESE Specialist), Tamika Phang (Academic Support), Frislene Bazile (School Social Worker)	



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ACTIVITY	STANDARD	DESCRIPTION
<p>Mindful Monday Journals</p>	<p>Students will demonstrate self-awareness and self-management skills to achieve school and life success.</p>	<ul style="list-style-type: none"> ☐ Activity: Students begin each Monday by responding to a short journal prompt focused on emotions, gratitude, or goal setting (e.g., “One thing I’m grateful for today is...,” “One way I can show kindness this week is...”). Journals can be written or drawn for younger grades. ☐ Purpose: Builds self-awareness, emotional regulation, and helps students set a positive tone for the week.
<p>Conflict Resolution Role-Play</p>	<p>Students will demonstrate healthy behaviors and practices for physical and emotional well-being.</p>	<ul style="list-style-type: none"> ☐ Activity: Students are given short scenarios (e.g., “two friends want the same ball,” “someone cuts in line”) and role-play healthy ways to resolve the conflict using “I” statements and compromise. The class discusses what strategies worked best. ☐ Purpose: Encourages responsible decision-making, empathy, and effective communication to solve problems constructively.
<p>Wellness Walk & Talk</p>	<p>Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<ul style="list-style-type: none"> ☐ Activity: Once a week, students take a “Wellness Walk” around the campus with a partner. While walking, they are given conversation prompts (“What’s one goal you have this month?” “What’s something that makes you proud?”). ☐ Purpose: Combines movement with social-emotional connection, promoting



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		both physical health and positive peer interactions.
Teamwork Tower Challenge	Student will demonstrate interpersonal skills to build and maintain positive relationships.	<ul style="list-style-type: none">□ Activity: In small groups, students are tasked with building the tallest tower possible using limited supplies (e.g., straws, tape, index cards). They must collaborate, assign roles, and reflect afterwards on how teamwork helped them succeed.□ Purpose: Strengthens collaboration, communication, and relationship-building while emphasizing the importance of teamwork in achieving goals.

Elementary