



Horizon Elementary

2531

Annual School Counseling and Support Plan

Principal: SMITH, THADDEUS E.

Director/Lead Counselor: Artrice Shine

[Signature]
SMITH, THADDEUS E.

9/10/2005
Date

Artrice Shine
Artrice Shine

9/10/2005
Date

August

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open Post College/Career Materials around	(4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the (7) Career Development and Postsecondary Planning: Effective school counselors provide opportunities for all students to develop the behaviors	Work closely with administrators, teachers, and families to address student needs. Provide tours and school counselor brochures during Open House to promote help-seeking behaviors and awareness of School wide display of outfits and posters spotlighting various colleges and careers.
Welcoming	(3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Help families understand the School Counselor's role as a safe, supportive adult in the school. Promote help-seeking behaviors and awareness of support to set the tone for using counseling services
School wide Emergency	(8) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Assemble teaching students calming techniques to be used during stressful events such as
Data Collection	(3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assist in Begin of the year assessment and ensure classroom placement is the most appropriate.
Tough Kid Social Skills Group	(6) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Small group using The Tough Kid Social Skills Book for 3rd and 6th grade students.
Classroom Lesson (Bully Prevention)	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Lead or support a school-wide anti-bully program to promote a positive school climate and help students recognize, refuse and report bullying using assembly and mandated
Classroom Lesson (School Counselor)	(9) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Deliver developmentally appropriate lessons to help students to understand the School Counselor's role.
Collaboration with Staff and Families	(4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the	Work closely with teachers, administrators and families to address student needs.
Small Group Counseling Referrals	(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Gain insight from student, teacher, and family for small groups for students with shared needs.
Individual Counseling	(8) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.
Crisis Response	(9) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.
School Improvement Plan	(3) School Counseling Program: Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Update the school counseling directory, set goals, and illustrate current year school
College & Career Readiness		
Life Skills & Wellness		
Introduce Inner Explore Application	Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Training teachers during preplanning week how to access and incorporate Inner Explore as a regular practice. Introduce a school wide Inner Explore Mondays.
Pre test Rethink Ed lesson	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Student will receive Rethink Ed lesson on emotions during Lunch time prior to testing week.

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Goal Setting</p> <p>Intro to College/Career Education</p> <p>Attendance Initiatives/Peace</p> <p>Classroom Lesson (Lauren's Kids)</p> <p>Character Education Project:</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson (Xello)</p> <p>Classroom Lesson</p> <p>Collaboration with Staff and Families</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p>	<p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(8) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(8a) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8b) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8c) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8d) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8e) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8f) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8g) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8h) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8i) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8j) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8k) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8l) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8m) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8n) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8o) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8p) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8q) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8r) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8s) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8t) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8u) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8v) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8w) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8x) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8y) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(8z) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Selected classrooms will learn to set short and long term defined and time oriented academic goals for the year.</p> <p>Using the Xello application, students will receive classroom video and complete about me section.</p> <p>School wide display of peace activities, outfits, and posters spotlighting how individuals can be change agents for peace.</p> <p>Provide support for teacher delivering Resiliency lessons.</p> <p>Lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p> <p>Small group using The Tough Kid Social Skills Book for 3rd and 5th grade students.</p> <p>Introduction of Xello to students and teachers. Provide the schedule and reminders for continued progress of career awareness.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Create, share, and review the mandated Resiliency Curriculum Scope and Sequence. Provide teacher training as needed.</p> <p>For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems.</p> <p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCPS family counseling services, an</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p> <p>ReThink Thursday</p> <p>Mindfulness Monday</p> <p>LSW Survey Training</p>	<p>Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>Monthly LSW Scope and Sequence lessons provided students by counselor/teacher.</p> <p>Mindfulness practice invitation for whole school during morning announcements.</p> <p>4th and 5th grade teachers prepare for Fall student LSW self-assessment.</p>

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Study & Success Skills</p> <p>College/Career Week!</p> <p>Red Ribbon Week/Child Abuse Prevention</p> <p>Hispanic Heritage Month</p> <p>Character Education Project:</p> <p>Kindergarten & First grades Social</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson</p> <p>Collaboration with Staff and Families</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p>	<p>(6). Academic Advising and Planning, Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning, Effective school counselors provide opportunities for all students to develop the behaviors (9). School Counseling Program, Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (2). School Counseling Program, Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (9). Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (9). Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (9). Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (9). Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (9). Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations, School counselors act ethically and according to professional standards to promote the academic</p>	<p>Dress-Up Theme Week as we celebrate school spirit and positive character traits in a fun and creative way! Each day features a different theme that encourages students to express Students will identify 3-4 careers within Xello application they would like to learn more about or future career.</p> <p>*Life is A Puzzle, Solve It Drug Free, Week long PSA about healthier choices.</p> <p>Morning show highlights about Hispanic contribution to all. Hispanic Country flag project.</p> <p>Lessons will be delivered in alignment with the LSW scope and sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p> <p>Provide small group social skills lessons based on teacher requests or identified student needs.</p> <p>Small group using The Tough Kid Social Skills Book for 4th and 6th grade students.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Distribute the LSW survey schedule and purpose to families and staff. Provide training, collect and opt-out forms, and review results to identify and address areas of growth at the For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems</p> <p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCHS family counseling services, an</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p> <p>Data Collection via LSW Survey</p> <p>Mindful Monday</p> <p>Mindful Monday</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Administer the LSW survey to your students. It consists of 45</p> <p>Mindfulness practice invitation for whole school during morning announcements.</p> <p>Monthly LSW scope and sequence lessons provided to students by counselor or teacher.</p>

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Self Concept</p> <p>Building a College & Career Culture</p> <p>Antibullying/Relationship Skills</p> <p>Harvest Drive Initiative</p> <p>Character Education Project:</p> <p>ESOL Family Night</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson</p> <p>Collaboration with Staff and Families</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p> <p>College & Career Readiness</p> <p>Life Skills & Wellness</p> <p>Mindfulness Monday</p> <p>LSW Team meeting</p> <p>ReThink Thursday</p>	<p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Post secondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors (8). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic</p>	<p>Link core subjects to real-world careers and academic opportunities</p> <p>Student will complete a mission with In Xello application.</p> <p>Dress-Up Theme Week as we celebrate school spirit and positive</p> <p>Whole school will be asked to support other families with food and lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p> <p>During Family Engagement week ELLs are invited to a presentation about supporting the student's academic journey.</p> <p>Small group using the Tough Kid Social Skills Book for 3rd and 6th grade students.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Share the magnet middle school open house schedule with 6th-grade families and provide support with the application process.</p> <p>For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems.</p> <p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCP's family counseling services, an</p>
<p>Elementary- LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary- LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p> <p>Team evaluate and plan for second semester.</p> <p>Monthly LSW scope and sequence lessons provided to students by counselor or teacher.</p>	

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Celebrate Academic Success</p> <p>Career Interest Inventories</p> <p>Internet Safety/School-Wide Kindness Initiatives</p> <p>Mid-Year Academic Check-in</p> <p>Character Education Project:</p> <p>Classroom Lesson (Lauren's Kids)</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson</p> <p>Collaboration with Staff and Families</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p>	<p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(8) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(9) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(9) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(8) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic</p>	<p>HONOR ROLL ASSEMBLY: Celebrate Student growth between PM1 and PM2.</p> <p>Student will complete a mission with in Xello application.</p> <p>Dress-Up Theme Week as we celebrate school spirit and positive</p> <p>Participate in student support teams, 504 meetings, and IEPs, contributing observations and strategies for student success.</p> <p>Lessons will be delivered in alignment with the LSW Scope and</p> <p>Provide support for teacher-delivering Resiliency lessons.</p> <p>Small group using The Tough Kid Social Skills Book for 3rd and 5th grade students.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Review completion of the mandated Resiliency Curriculum and</p> <p>For students with shared needs (e.g., managing anxiety, grief, One-on-one support is provided to students experiencing personal, social, emotional or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p> <p>Mindfulness Monday</p> <p>Pre test Rethink Ed lesson</p> <p>ReThink Thursday</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p> <p>Student will receive Rethink Ed lesson on emotions during Lunch time prior to testing week.</p> <p>Monthly LSW scope and sequence lessons provided to students by counselor or teacher.</p>

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Motivational Activities</p> <p>Develop Career Awareness</p> <p>Self-Awareness/Self-Management/No Name Calling</p> <p>No Name Calling Week</p> <p>Character Education Project: Respect</p> <p>Test Preparation</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson</p> <p>Small Group Counseling Referrals</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p>	<p>Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.</p> <p>Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</p> <p>Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</p> <p>(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p> <p>(8). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(9). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.</p> <p>(6). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4). Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p> <p>(8). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(9). Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(1). Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic</p>	<p>Celebrate all you have learned in the first 90 days of school. Then make a plan for the last 90 days.</p> <p>In this 3-5 College and Career Exploration lesson, students discover what social media careers are and consider which roles in social media would match their skill set. Students Random Acts of Kindness lesson, Recognizing & Restoring Respect. Students will learn to identify respectful and disrespectful behavior and words.</p> <p>Morning Show highlights about Respect and Kindness.</p> <p>Lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p> <p>Meeting with ELLs participating in the ACCESS 2.0 to ensure they fully understand the process and reason for assessment.</p> <p>Small group using The Tough Kid Social Skills Book for 3rd and 6th grade students.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Gain family and teacher referrals for small groups for students with shared needs.</p> <p>For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems.</p> <p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCPS family counseling services, an</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p> <p>Mindfulness Monday</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p>

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Test & Academic Anxiety</p>	<p>Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary Career B: Students will employ strategies to achieve future career goals with success and satisfaction.</p>	<p>Test taking strategies and stress relieving techniques F.O.C.U.S.</p>
<p>Acquire Career Information</p>	<p>Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</p>	<p>Exploring Campus: HBCUs - In this 3-5 College and Career</p>
<p>Diversity, Respect, and Social Awareness</p>	<p>4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p>	<p>Daily morning announcements that highlight someone in Black</p>
<p>A Day of Service and Love</p>	<p>5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p>
<p>Character Education Project: Honesty</p>	<p>6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p>	<p>Participate in student support teams, 504 meetings, and IEPs,</p>
<p>MTSS/IEP/504 Plan Meetings</p>	<p>Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.</p>	<p>Small group using The Tough Kid Social Skills Book for 3rd and 5th grade students.</p>
<p>Tough Kid Social Skills Group</p>	<p>8) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p>
<p>Classroom Lesson</p>	<p>4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p>	<p>Provide 5th-grade families with the student's next school that is reflected in FOCUS.</p>
<p>Collaboration with Staff and Families</p>	<p>5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Support families with applications and options.</p>
<p>Small Group Counseling</p>	<p>5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems.</p>
<p>Individual Counseling</p>	<p>5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p>
<p>Crisis Response</p>	<p>5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p>
<p>Referral to outside resources</p>	<p>1) Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic</p>	<p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCS family counseling services, an</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p>

Mindfulness Monday
LSW Team meeting
ReThink Thursday

express basic emotions in themselves and others.
 Elementary-LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.
 Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.

Team evaluate and plan for End of Year.
 Monthly LSW scope and sequence lessons provided to students by counselor or teacher.

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Becoming a Life Long Learner	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Communicating My Needs: In this 3-5 Social & Emotional Learning lesson, students explore self-advocacy and learn the importance of and being able to ask for help when needed.
Identify Career Goals	Career C: Students will understand the relationship between personal qualities, education, training and the world of work.	Students will participate in activity where they must connect the career with the appropriate training.
Responsible Decision-Making/Equity	Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.	Stand Up for What is Right: School wide mini lessons covering Always do the right thing, and choosing to stand up for someone.
Women's History	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Collaboration with Prevention Liaison
Character Education Project: Self-	9) Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.
No Place for Hate Day	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Collaboration with Prevention Liaison
Tough Kid Social Skills Group	Personal/Social C: Students will understand safety and survival skills.	Small group using The Tough Kid Social Skills Book for 3rd and 5th grade students.
Classroom Lesson	6) Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide classroom lessons topic is based on teacher requests or identified student needs.
Collaboration with Staff and Families	4) Consultation, Collaboration, and Coordination, Effective school counselors utilize multiple means of communication to promote the	Review completion of the mandated Resiliency Curriculum and collaborate with teachers to plan make-up lessons as needed.
Small Group Counseling	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	For students with shared needs (e.g., managing anxiety, grief, changing families, or friendship skills), helping them build coping strategies and support systems.
Individual Counseling	5) Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.
Crisis Response	6) Counseling Services, Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.
Referral to outside resources	(1) Professional, Legal, and Ethical Expectations, School counselors act ethically and according to professional standards to promote the academic	Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCPS family counseling services, an
College & Career Readiness		

Life Skills & Wellness

Mindfulness Monday
Data Collection via LSW Survey
ReThink Thursday

Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.
 Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.
 Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.

Mindfulness practice invitation for whole school during morning announcements.
 Administer the LSW survey to your students to evaluate growth.
 Monthly LSW scope and sequence lessons provided to students by counselor or teacher.

April

Kids of Character: Tolerance

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Relate School to Life Experiences</p> <p>New Student & Parent Session</p> <p>Conflict Mediation</p> <p>Autism Awareness</p> <p>Character Education Project:</p> <p>MTSS/IEP/504 Plans</p> <p>Tough Kid Social Skills Group</p> <p>Classroom Lesson</p> <p>Collaboration with Staff and Families</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Crisis Response</p> <p>Referral to outside resources</p> <p>College & Career Readiness</p>	<p>Academic C: Students will understand the relationship of academics to the world of work, and to life at home and in the community.</p> <p>Career C: Students will understand the relationship between personal qualities, education, training and the world of work.</p> <p>Personal/Social B: Students will make decisions, set goals and take necessary action to achieve goals.</p> <p>(4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p> <p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6) Academic Advising and Planning: Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</p> <p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4) Consultation, Collaboration, and Coordination: Effective school counselors utilize multiple means of communication to promote the</p> <p>(6) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(1) Professional, Legal, and Ethical Expectations: School counselors act ethically and according to professional standards to promote the academic</p>	<p>Goal of this Week: Don't give up. Student will be reminded of the power of positive thinking and a can do attitude. Each student will be challenged to recall something they had to work kindergarten Round up future students and parents will be exposed to the curriculum and social expectations for incoming five year old students.</p> <p>Goal of the Week: Be a Good Sport. Daily goals to practice and discuss how to avoid escalating conflict.</p> <p>Collaboration with ASD Coach</p> <p>Lessons will be delivered in alignment with the LSW Scope and Sequence to ensure developmentally appropriate instruction and progression across all grade levels.</p> <p>Participate in student support teams, 604 meetings, and IEPs, conducting observations and strategies for student success.</p> <p>Small group using The Tough Kid Social Skills Book for 3rd and 4th grade students.</p> <p>Provide classroom lessons topic is based on teacher requests or identified student needs.</p> <p>Use ReThink Ed, Inner Explorer, and other mindfulness and study skill tools to provide strategies for managing test anxiety and mentally preparing students for end-of-year high-friendship skills), helping them build coping strategies and support systems.</p> <p>One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.</p> <p>Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.</p> <p>Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCBS family counseling services, an</p>

Life Skills & Wellness		
Mindfulness Monday	Elementary-LSW: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Mindfulness practice invitation for whole school during morning announcements.
Pre test Rethink Ed lesson	Elementary-LSW: A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Student will receive Rethink Ed lesson on emotions during Lunch time prior to testing week.
Rethink Thursday	Elementary-LSW: C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Monthly LSW scope and sequence lessons provided to students by counselor or teacher.

May

ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Academic Transitions to New Grade	Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary Career A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	Students will create a list of open questions about the next school year. Each class will create a letter to answer and share about their experience in the current grade to be shared Exploring Campus: Nontraditional Options- In this 3-5 College and Career Exploration lesson, students explore post-high school options besides college, such as community curriculum and expectations of that grade level.
Career Education Lesson	Personal/Social C: Students will understand safety and survival skills.	Pass the torch Ceremony. Moving up day. Students move to next grade level to listen to implement kindness activities following the BCPs Dates of Observance calendar in an assembly.
Translating to New Grade	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	KOC and SOC nominations and the district submissions.
Mental Health Awareness Lesson	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	FAST assessments
Character Education Close-out	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Review FAST results.
End of the Year Assessments	(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	Provide classroom lessons topic is based on teacher requests or identified student needs.
Data Review	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Share promotion alternatives and available summer learning resources with families and teachers.
Classroom Lesson	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Measure and document outcomes.
Collaboration with Staff and Families	(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling	One-on-one support is provided to students experiencing personal, social, emotional, or academic challenges. These sessions are short-term and solution-focused.
Small Group Closeout	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.
Individual Counseling	(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic	Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCPs family counseling services, an
Crisis Response		
Referral to outside resources		

<p>Life Skills & Wellness</p> <p>Mindfulness Monday</p> <p>Pre-testing Rethink Ed lesson</p> <p>Rethink Thursday</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p> <p>Student will receive Rethink Ed lesson on emotions during Lunch time prior to testing week.</p> <p>Monthly LSW scope and sequence lessons provided to students by counselor or teacher.</p>

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	Academic B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary	Program review
ASCP Closeout	Career B: Students will employ strategies to achieve future career goals with success and satisfaction.	Documentation
Summer Safety	Personal/Social C: Students will understand safety and survival skills.	Classroom activities including role playing summer activities and practices.
Farewell ceremony/activities	Academic A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	5th grade records matriculation to middle school.
Liaison Duties	Not Applicable	HEARTChild Abuse/STA/SRA/Foster Care/LSW Testing close out
Collaboration with Staff and Families	(b) Academic Advising and Planning. Effective school counselors cultivate learning, rigor, and supportive school community that promotes the	Share promotion alternatives and available summer learning resources with families and teachers.
Crisis Response	(f) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide immediate support during school or personal crises, such as a death in the family, mental health emergencies, or community trauma.
Referral to outside resources	(g) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Provide and submit referrals for students requiring support beyond the school counselor's scope. Referrals may be to School Social Worker, BCPS family counseling services, an

<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p> <p>Mindfulness Monday</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Mindfulness practice invitation for whole school during morning announcements.</p>