



BCPS LSW Action Plan 2025-26



LSW TEAM Members	LSW Liaison: Chandra Wilson Lee	School: Whispering Pines School Zone: Miramar (1752)
	Administrator: Erica Alexander	Date Plan Completed: September 5, 2025
	Other Team Members: Mitchell Screen Johnathan Ammann Joseph Ultimo	

Whispering Pines School's Life Skills & Wellness (LSW) plan for 2025-26 outlines a comprehensive approach to fostering emotional intelligence, social skills, and personal management among students across elementary, middle, and high school levels. The plan includes diverse activities designed to promote positive interactions, emotional recognition, and responsible decision-making.

- **Collaborative and Emotional Activities:** Elementary students participate in activities like scavenger hunts to encourage teamwork and social cooperation, emoji check-ins to express emotions, and journaling to process thoughts, supporting emotional and behavioral management. [1] [2]
- **Training and Awareness Programs:** Middle and high school students engage in targeted training such as anti-bullying sessions, dating violence prevention, and online safety lessons to develop responsible choices, healthy relationships, and resilience. [3] [4]
- **Needs and Problem-Solving Focus:** The curriculum emphasizes understanding personal wants and needs, fostering group belonging, cooperation, and teaching problem-solving strategies to help students manage emotions and relationships effectively. [5] [6]



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Life Skills & Wellness Standards 25-26

ACTIVITY	STANDARD	DESCRIPTION
Scavenger Hunt	Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	In the scavenger hunt, children work together to solve puzzles and achieve a shared goal.
Emoji Check- In	LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.	School-wide students check-in daily to show how they feel using various emojis.
Journaling	LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Secondary students write to help process their thoughts and feelings
Motivational and Mindful Mondays	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Help students focus and pay attention as well as reduce stress and anxiety



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ACTIVITY	STANDARD	DESCRIPTION
Anti-Bullying Training	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self and others.	Class will watch the Annual Bullying Policy 5900 training and have a classroom discussion
Dating Violence Training	High- LSW B: Students will build and sustain healthy relationships through effective communication, empathy, and conflict-resolution strategies.	Class will watch the Dating Violence Prevention training and have a classroom discussion
Getting Our Needs Meet	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Encouraging students to understand their Wants and Needs
Belonging Needs	. Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self and others.	Encouraging students to be apart of groups Wants and Needs



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ACTIVITY	STANDARD	DESCRIPTION
Cooperation In Groups	High- LSW B: Students will build and sustain healthy relationships through effective communication, empathy, and conflict-resolution strategies.	Encouraging students to cooperate in groups Wants and Needs
Online Safety	Middle- LSW A: Students will analyze situations and make responsible choices by evaluating consequences and considering the well-being of self and others.	Students will learn resiliency lesson and complete quiz in Rethink Ed
Anxiety	High- LSW B: Students will build and sustain healthy relationships through effective communication, empathy, and conflict-resolution strategies.	Students will learn resiliency lesson and complete quiz in Rethink Ed
Ways to solve Problems	Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Student learn how to resolve problem in relationships