



BCPS LSW Action Plan 2025-2026



LSW TEAM Members	LWS Liaison: Latoya Edwards (School Counsellor)	School: Boyd H. Anderson HS Zone: Boyd Anderson
	Administrator: Ashley Lehman (Assistant Principal over School Counseling)	Date Plan Completed: 9/30/2025
	Other Team Members:	



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Elementary

ACTIVITY	STANDARD	DESCRIPTION
BAHS Emotion Journals	LSW A. Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will engage in structured journaling prompts during Advisory/SEL homeroom periods. Prompts will ask students to reflect on emotions connected to academic stress, relationships, and post-secondary planning. Counselors and teachers will facilitate short “emotion check-ins” and provide sentence stems for students to practice identifying emotions with both words and visuals (emoji scale).
My Stress Reset Plan	LSW B. Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.	Students will develop individualized “Stress Reset Plans” tied to academic milestones (FAST PM3, AICE/IB exams, EOCs). Plans will include strategies such as breathing exercises, movement breaks, mindfulness apps, or quiet zones (designated Calm Corners). Peer mentors and staff will check in monthly, and students will track which strategies they used and their effectiveness.
Community Connections Circles	LSW C. Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Using restorative practices, students will participate in monthly Community Connection Circles during Advisory. Circles will focus on themes like respect, teamwork, conflict resolution, and cultural appreciation. Peer leaders will model conversation stems and facilitate discussions. The activity will reinforce inclusion, respect for diversity, and collaborative problem solving while building school-wide community culture.



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