
September Resiliency Education - Trauma: Resilience

From Mary Rita Horton <ritahorton@browardschools.com>

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Good afternoon. This is a friendly reminder we will all complete one of our September Resiliency Education lessons on Wednesday, 9/17: Trauma - Resilience.

Please see the schedule below:

9th & 10th Grade: Block 1

11th & 12th Grade: Blocks 1 and 3

Overview of Directions:

- 1) Go to Canvas BCPS: Resiliency Education 2025 -2026
- 2) Click on Teachers Start Here
- 3) Click on Grade Level
- 4) Select September
- 5) Click on Trauma - Resilience and follow the directions to complete the lesson.
- 6) Students must go into ReThink Ed after the lesson to complete their three-question assigned quiz. Make sure students use Google Chrome.

Please let me or Ms. Charles know if you have any questions.

Thank you 😊

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