



Meadowbrook Elementary

0761

Annual School Counseling and Support Plan

Principal: LEVINE, DAVID

Director/Lead Counselor: Sarah Sternglanz

LEVINE, DAVID

Date

Sarah Sternglanz

Date

David J. Levine 9-8-25

Sarah Sternglanz

9/08/25

August

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Review last school year's student list and provide Minute Meetings to ease transition back to school and set a positive tone</p> <p>Post District LSW and HEART informational posters</p> <p>Welcoming Students/Introducing School Counseling Services/Goal-Setting and Empathy lessons</p> <p>Outreach to HEART and Foster Care families, Introductions</p> <p>Feelings Friday on morning announcements</p> <p>Meet & Greet (August 8th)/Open House (August 27th 5:00-7:00)</p> <p>Introduction to Life Skills and Wellness and Mindfulness Toolkit Canvas Page</p> <p>Email teachers ReThink Ed and Inner Explorer activities for the month</p> <p>Iniate Kindness Club (monthly meetings)-Welcome back activity/Setting our intentions</p> <p>Power of Words assemblies</p> <p>Outside agency counseling referral management (ongoing)</p> <p>Mandatory Anti-Bullying Policy 5900 Training</p>	<p>(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6). Academic Advising and Planning. Effective school counselors cultivate a (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Check-in's for students with previous BTA's SRA's or other counseling needs from previous year.</p> <p>Informing students and families of resources available to them through the district.</p> <p>Greeting students and setting a tone of welcome.</p> <p>Call families to see if HEART services are still needed and introduce myself as the HEART and foster care liaison</p> <p>LSW Toolkit and Inner Explorer resources shared over morning announcements</p> <p>Students and parents along with school staff participated in an open house to meet families and welcome students back to school.</p> <p>Staff development introducing the Toolkit to teachers for daily use.</p> <p>Curated selections from ReTHINKED and Inner Explorer to facilitate implementation.</p> <p>Monthly club meetings to lead and promote peace-keeping and friendship activities at school.</p> <p>Power of Words powerpoint presented to all students during positive behavior assemblies.</p> <p>Coordinate services with outside therapeutic agencies to see referred students and families.</p> <p>Teachers will provide instruction about preventing Bullying at our school and show mandatory video.</p>
<p>College & Career Readiness</p> <p>Xello Introduction to teams leaders with proposed schedule of programming</p> <p>Contact potential presenters for Career Day (scheduled for 2/26/26)</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Team leaders will share Xello instructions and timeline with their teams.</p> <p>School counselor will share Career Day dates with Rick Case Automotive, Home Depot, and BSO</p>
<p>Life Skills & Wellness</p> <p>Kindergarten: "It's a Feeling" lesson</p> <p>Grades 1, 2, and 3: "Tom Heart" Empathy lesson</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>20-30 minute classroom lesson using Rethink Ed</p> <p>20-30 minute lessons</p>

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Manage individual counseling referrals for in-house Chrystalis counselor</p> <p>Kids of Character recognition: Cooperation</p> <p>Small groups: Zen Kids, Changing Circles, Healing Hearts</p> <p>Peace Week: Coordinating school-wide Peace awareness and Start with Hello activities...</p> <p>Wellness Wednesday: Facilitate presentation of Lauren's Kids Lesson 1 (K-5)</p> <p>Start with Hello Presentation</p> <p>Kindness Club monthly meeting</p> <p>Individual counseling-ongoing</p> <p>Email teachers monthly RethinkED and Inner Explorer scope and sequence</p> <p>Feelings Friday- morning announcements (weekly)</p>	<p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Coordinate services with outside therapeutic agencies to see referred students and families</p> <p>Teachers select students who have best demonstrated good character. Students assist with bulletin board content describing the monthly trail.</p> <p>Small groups for identified students with specific needs. Pre-and-post assessments will be completed.</p> <p>School-wide events celebrating famous peace keepers, peace-themed literature, and dress-up days. International Day of Peace is September 21st. Wear white!</p> <p>Teachers will complete Lesson 1 with their classes.</p> <p>Students will view the Start with Hello Presentation narrated by the School Counselor.</p> <p>Club activity: decorate boxes for Fall Harvest Drive food collection</p> <p>Assist students with personal concerns</p> <p>Curated selections from RethinkED and Inner Explorer to facilitate implementation.</p> <p>Morning announcements. School-wide.</p>
<p>College & Career Readiness</p> <p>K-5 create Xello avatars in introductory lesson</p> <p>Recruit additional visitors for Career Day (Baptist Health, NSU, Memorial Healthcare)</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Monitoring Xello usage according to CCLR timeline</p> <p>School counselor will share career day dates with Baptist Health, NSU, and Memorial Healthcare partners.</p>
<p>Life Skills & Wellness</p> <p>Introduce classes to "Peace Pad" in room 122, a room containing sensory relaxation activities</p> <p>Grades K-3: Rethink Ed Lessons re: Character Trait Cooperation (LSW scope and sequence)</p> <p>Grades 4 and 5: Rethink Ed Lessons about School Values and Behavior</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Classes will have an introduction to a new space on campus for calming and relaxing activities</p> <p>School Counselor will present abd facilitate activities</p> <p>School counselor will present and facilitate activities</p>

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Manage individual counseling referrals for In-house Chrysalis counselor</p> <p>College/Career Week</p> <p>Red Ribbon Week</p> <p>Zen Kids, Changing Circles, and Healing Hearts groups</p>	<p>(6) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Coordinate services with outside therapeutic agencies to see referred students and families morning announcements and counselor-created videos to talk about postsecondary and career options and goal setting.</p> <p>Drug Education, making good choices, daily dress-up days</p> <p>Small group counseling to teach self regulation and learn strategies to cope with changing families or grief.</p>
<p>Substance Misuse Required Resiliency Lesson</p> <p>Kidness Club Meeting</p> <p>Facilitate Lauren's Kids lesson 2</p> <p>Kids of Character: Responsibility</p> <p>LSW: Coordinate "Trusted Adult Week" activities</p> <p>Feelings Friday morning announcements (weekly)</p> <p>Kindness Club- Red Ribbon Activities</p> <p>Brief individual counseling</p>	<p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>School counselor will assist teachers in presentation and participation in different activities to help educate the students on being drug and alcohol free.</p> <p>Activity: Peace Rocks/ Rock painting</p> <p>Teachers will complete Lesson 2 with their classes.</p> <p>Teachers select students who have best demonstrated good character. Students assist with bulletin board content describing the monthly trait.</p> <p>Coordinate lessons and events related to Trusted Adult Week.</p> <p>School wide invitation to join school counselor in mindfulness practice on morning</p> <p>Dress up days each day. Visit from anti-drug group for assembly (3-5). No Drugs March (K-2)</p> <p>Personal concerns / IssuesK-2</p>
<p>College & Career Readiness</p> <p>Continue Xello lessons according to scope and sequence</p> <p>Coordinate and host magnet middle school assembly</p> <p>Begin planning 8th grade visit to middle school</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p>	<p>School counselor will assist teachers with presenting Xello and facilitating activities</p> <p>Annual assembly for 8th grade students hosting middle schools with magnet programs</p> <p>Communication with New River Middle to arrange a date for 8th grade students to visit and tour.</p>
<p>Life Skills & Wellness</p> <p>K-3: Lessons about Character Trait Responsibility (LSW scope and sequence)</p> <p>Grades 4 and 5: Complete LSW Fall Survey</p> <p>Grades 4 and 5: Complete LSW Fall Survey</p>	<p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p> <p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p> <p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Adapting Rethink Ed lesson "Clouds of Positive Self-Talk" to all K-3 students.</p> <p>Assist teachers with administering LSW Fall survey in grade 4 and 5 classroom.</p> <p>School counselor will review data from Fall LSW survey and design curriculum path based on identified needs.</p>

November

Kids of Character: Citizenship

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Feelings Friday on Morning Announcements</p> <p>Manage individual counseling referrals for in-house Chrysalis counselor</p> <p>"Shop with the Sheriff" and AKA gift-giving projects to identified students</p> <p>Anti-Bullying week</p> <p>Honor Roll Recognition</p> <p>Email teachers suggested RethinkEd and Inner Explorer activities</p> <p>Feelings Friday morning announcements (weekly)</p> <p>Support teachers with required Digital Citizenship Rethink Ed lesson</p> <p>Kindness Club</p> <p>Zen Kids Changing Circles, Healing Hearts groups</p> <p>Collection for Harvest Drive</p> <p>Kids of Character: Character Trait: Citizenship</p>	<p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>School wide invitation to join school counselor in mindfulness practice on morning announcements.</p> <p>Coordinate services with outside therapeutic agencies to see referred students and families select students based on teacher and self-referrals who could use food or gift support during the holidays.</p> <p>No Bullying Pledge Door decorating contest. Kindness Club members to judge.</p> <p>An assembly to acknowledge students' accomplishments and hard work.</p> <p>Curated selections from RethinkEd and Inner Explorer to facilitate implementation.</p> <p>School wide invitation to join school counselor in mindfulness practice on morning announcements.</p> <p>Mandatory Resiliency Lesson</p> <p>Assisting with Harvest Drive Collection and maintaining the school's Peace Garden.</p> <p>SBBC LSW and mindfulness activities. Zen Kids curriculum.</p> <p>All students and staff will donate food and personal items for the Harvest Drive Collection for atmlies in need.</p> <p>Teachers select students who have best demonstrated good character.</p>
<p>College & Career Readiness</p> <p>Continue Xello lessons according to scope and sequence</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>School counselor will assist teachers with presenting Xello and facilitating activities</p>
<p>Life Skills & Wellness</p> <p>K-3 Lessons about Citizenship Character Trait (LSW scope and sequence)</p> <p>Grades 4 and 5 Classroom Lessons chosen based on needs reflected in on Rethink Ed Survey data</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Mindfulness activities from Inner Explorer or Rethink Ed</p> <p>Rethink Ed lessons selected based on LSW survey needs.</p>

December

Kids of Character: Kindness

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Coordinate services for referred students with outside agency counselor.</p> <p>Kids of Character: Kindness</p> <p>"Ship with the Sheriff" gift activity, Broadview Park Association Holiday Drive</p> <p>Kindness Club- Conflict Mediation</p> <p>Feelings Friday Morning announcements</p> <p>AKA CHIPP snack bags for identified students</p> <p>Email teachers suggested RethinkED and Inner Explorer activities</p>	<p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p>	<p>Coordinate services with outside therapeutic agencies to see referred students and families monthly recognition of students who best exemplify the monthly character trait.</p> <p>Identifying Families in Need and Providing Resources (collaboration with SSW and Broadview Park Community Association)</p> <p>Finding Solutions to conflicts. Role play.</p> <p>Weekly invitation to practice mindfulness with the school counselor.</p> <p>Identifying students in need and coordinating CHIPP snack pack distribution.</p> <p>Curated selections from RethinkED and Inner Explorer to facilitate implementation. Rethink Ed Scope and Sequence</p>
<p>College & Career Readiness</p> <p>Xello scope and sequence</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Monitor Xello Progress</p>
<p>Life Skills & Wellness</p> <p>K-3: Gratitude</p> <p>Grades 4 and 5 classroom lessons chosen based on needs reflected in on Rethink Ed Survey data</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Using grade-level appropriate lessons from Rethink Ed and Inner Explorer</p> <p>Rethink Ed lessons selected based on LSW survey needs.</p>

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Motivational Activities</p> <p>Coordinate services for referred students with outside agency counselor.</p> <p>Self-Awareness/Self-Management/No Name Calling</p>	<p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Multicultural Night 2026 (parent night)</p> <p>Coordinating in-school therapy for selected students based on teacher and RTI referrals</p> <p>January 18-22: Daily morning announcements</p>
<p>Email teachers suggested ReThink ED and Inner Explorer activities</p> <p>Kids of Character: RESPECT</p> <p>Coordinate 5th grade visit to New River Middle school</p> <p>Feeling Friday on Morning Announcements</p> <p>AKA CHIPP snack bags for identified students</p> <p>Kindness Club: writing Day of Service and Love encouragement notes</p>	<p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Curated selections from ReTHINKED and Inner Explorer to facilitate implementation. LSW ReThink Ed scope and sequence.</p> <p>Award presented to students who best exemplify the monthly character trait</p> <p>Introduction to the programs and opportunities at New River Middle School</p> <p>Weekly invitation to participate in a mindfulness practice during morning announcements.</p> <p>Identifying students in need and facilitating the distribution of CHIPP snack bags.</p> <p>Monthly meeting of a pro-social club with a mission to increase kindness and service in our school and community.</p>
<p>College & Career Readiness</p> <p>K-5 Xello activities according to scope and sequence</p> <p>Final preparations for Career Day</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>using scope and sequence from CCLR department</p> <p>Completing schedule and reception for guests at our 2026 Career Day</p>
<p>Life Skills & Wellness</p> <p>K-3-1 lessons about Grit</p> <p>Grades 4 and 5: Lessons targeting areas of need based on LSW survey data</p>	<p>Elementary-1,SW,B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary-1,SW,A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>ReThink Ed lessons teaching Grit and Resiliency</p> <p>ReThink Ed lessons teaching topics related to areas of need, based on LSW survey</p>

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Coordinate services for referred students with outside agency counselor.</p> <p>Host boundary Middle School for course selection and registration</p> <p>Diversity, Respect, and Social Awareness</p> <p>Zen Kids, Changing Circles, and Healing Hearts groups</p> <p>African American History Month and diversity celebration</p> <p>AKA CHIPP snack bags for identified students</p> <p>Kids of Character: Honesty</p> <p>Feelings Friday on Morning announcements</p> <p>Honor Roll: 3-5</p> <p>Kindness Club</p> <p>Email teachers monthly suggested RethinkED and Inner Explorer activities</p> <p>February 14th- Day of Service and Love</p>	<p>(9). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>Coordinating in-school therapy for selected students based on teacher and RTI referrals</p> <p>Staff from New River Middle come to Meadowbrook to register students for 6th grade and assist with course selection.</p> <p>African American history and pride week-themed dress up days</p> <p>Support groups for students to assist with specific issues.</p> <p>School-wide initiative to celebrate the accomplishments of African Americans</p> <p>Identify students in need and facilitating distribution of CHIPP snack bags.</p> <p>Awards given to students who best exemplify the monthly character trait</p> <p>weekly invitation to participate in a mindfulness practice during morning announcements.</p> <p>Recognition of students' academic success and perfect attendance</p> <p>Students practice leading mindfulness practices ahead of next month's LSW Night.</p> <p>Curated selections from RethinkED and Inner Explorer to facilitate implementation. LSW Rethink Ed Scope and sequence.</p> <p>School-wide celebration of kindness and friendship.</p>
<p>College & Career Readiness</p> <p>Career Day 2026: February 26, 2026</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Meadowbrook will welcome guests from our community to describe their career and career pathway to students.</p>
<p>K-5 Xello activities according to CCLR scope and sequence</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Students will use Xello to explore career options and pathways.</p>
<p>Life Skills & Wellness</p> <p>K-3- Lessons about Relationship skills</p>	<p>Elementary- LSW C: Students will engage in positive social interactions</p>	<p>Rethink Ed lessons and activities related to improving relationship skills</p>

Grades 4 and 5: Lessons targeting areas of needs based on LSW survey data	and demonstrate respectful and cooperative behaviors. Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals. Elementary- LSW C: Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.	Rethink Ed lessons teaching topics related to areas of need, based on LSW survey Using toolbox from LSW dept. activities and announcements will promote the relationship between students and trusted adults.
Trusted Adult Week		

March

Kids of Character: Self Control

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services with outside agency counselor for referred students CHPP snack bags for Identifies students Email teachers monthly suggested RethinkED and Inner Explorer activities Kids of Character: Self-Control General Individual counseling Feelings Friday on morning announcements Kindness Club Coordinate LSW Family Night	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (6) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the (3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Coordinating in-school therapy for students referred by parents, teachers, or RTI. Identifying students in need and distributing snack bags. Curated selections from RethinkED and Inner Explorer to facilitate implementation. Teachers select student who best exemplify the monthly trait for school-wide recognition. As needed for students on SSMPs, RTI referrals, or parent referrals students will practice skills to relax and focus during testing Pro-social club to encourage kindness and service to our school and community. Evening event to introduce the community to mindfulness and LSW practices and community agencies that are here to help.
College & Career Readiness K-5 Xello Scope and Sequence	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Students will use Xello to explore Career options and pathways

Life Skills & Wellness	LSW scope and sequence	Rethink Ed lesson and activities that will help students identify their strengths and
Grades K-3 Classroom lessons about Character Trait Self-control (LSW scope and sequence)	Assist with administration of Spring LSW survey.	LSW Spring survey to assess the effectiveness of counseling pgm based on needs identified in Fall survey.
Grades 4 and 5: LSW Spring Survey	Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	School counselor will review data from Spring LSW survey and evaluate effectiveness and make changes to improve for next year.
Grades 4 and 5 LSW Spring survey data analysis and needs assessment		

April

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Coordinate services for referred students with outside agency counselor	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Counselor from Chrysalis will see students referred through counselor, teachers, and parents, and RTT
AKA CHIPP snack bags for Identified students	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Identifying students in need and facilitating distribution of CHIPP snack bags.
Zen Kids Changing Circles, and Healing Hearts groups	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	small groups for student with a common need.
Kids of Character/Tolerance	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Awards to students who best exemplify the monthly character trait
Honor Roll Recognition/grades 3-5	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Assembly to acknowledge students accomplishments, hard work, and Perfect Attendance
Holocaust Remembrance Day	(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of	Presentation about tolerance and acceptance of diversity
Feelings Friday on morning announcements	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Weekly invitation for students to practice mindfulness on the morning announcements
Kindness Club	(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Wrap-up activities
Email teachers monthly suggested RethinkED and Inner Explorer activities	(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the	Curated selections from RethinkED and Inner Explorer to facilitate implementation. LSW Rethink Ed scope and sequence.
College & Career Readiness	(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	School counselor will assist teachers with presenting Xello and facilitating activities
Xello K-5 according to Xello Scope and Sequence		

Kids of Character: Tolerance

May

<p>Life Skills & Wellness</p> <p>LSW Family Night</p> <p>Grades K-2: sample activities from LSW night</p> <p>Grades 3-5: sample activities from LSW Night</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p> <p>Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Evening event where families and students are invited to practice mindfulness activities and learn self-regulating techniques.</p> <p>Classroom lessons where students rotate the room and practice mindfulness activities at stations.</p> <p>Classroom lessons where students rotate the room and practice mindfulness activities at stations.</p>

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Transition to New Grade</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Counselor to visit Grade 5 classrooms to discuss transition to middle school</p>
<p>AKA CHIPP snack bags for identified students</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Identifying students in need and distributing CHIPP snack bags.</p>
<p>5th grade Transition: Classroom</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Middle school options, including elective choice and magnet program choice, will be discussed.</p>
<p>Daily 10 minutes of Mindfulness</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>LSW resources and Inner Explorer</p>
<p>Kindness Club</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Leaving a legacy...How Kindness club can reach into next school year.</p>
<p>Email teachers suggested monthly activities from Rethink ED and Inner Explorer</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>Curated selections from RethinkED and Inner Explorer to facilitate implementation.</p>
<p>Individual Counseling</p>	<p>(5) Counseling Services: Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>As Needed Daily</p>
<p>College & Career Readiness</p>		

<p>Xello Scope and Sequence</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>School counselor will assist teachers with presenting Xello and facilitating activities</p>
<p>Life Skills & Wellness</p>	<p>Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>School Counselor will assist students in setting goals for a fun and peaceful summer break.</p>
<p>K-6 Setting Intentions for a super summer</p>		

June

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
ASCP Closeout	Not Applicable	
ASCP Closeout	Not Applicable	
Summer Safety	Not Applicable	
Honor Roll & 5th Grade moving up CEREMONY	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Awards Ceremony
Daily 10 minutes of Mindfulness Activity	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Daily 10 minutes of mindfulness activity during morning announcement
Kindness Club	Personal/Social A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	Weekly invitation to join school counselor in mindful moving and breathing after school

College & Career Readiness

Students will demonstrate college and career readiness skills through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.

Life Skills & Wellness

Students will demonstrate life skills and wellness through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.

Students will demonstrate college and career readiness skills through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.

Students will demonstrate life skills and wellness through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.

Students will demonstrate college and career readiness skills through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.

Students will demonstrate life skills and wellness through their coursework, including the use of critical thinking and problem-solving skills, and the application of knowledge and skills to real-world situations.
