



Sunland Park Academy

0611

Annual School Counseling and Support Plan

Principal: Mrs. Nikia McDowell

Director/Lead Counselor: Dr. Jefferson

Nikia McDowell
Mrs. Nikia McDowell

Dr. Jefferson
Date 8/29/2025

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<h1>August</h1>		
*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
Registration, Scheduling, Open House, New School Transitions Post College/Career Materials around school. Welcoming Students/Introducing School Counseling Services/Goal-Setting Welcome/Introduction Start with HELLO Warm welcome in front of school Meet and Greet Attendance / Student & Parent Resources Mindfulness Activities/Health & Wellness Individual counseling Small Groups	(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the (7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that	Virtual Open Houses, parent academy, Digital college collages via morning global announcements School counselor virtual introductions to each classroom Video viewed through morning announcements. Getting to know you. School-wide event for families. Classrooms As needed As Needed
College & Career Readiness Present Xello at a Faculty Meeting	(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors	Expose teachers/staff of the benefits of Xello Program
Life Skills & Wellness Self-Awareness Connection Activities	Elementary-LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.	Students will identify their emotions, strengths and personal values. Activities may include emotion sorting, self-portraits with affirmations, or a strengths spotlight activity.

September

Kids of Character: Cooperation

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Goal Setting</p> <p>Intro to College/Career Education</p> <p>Attendance Initiatives/Peace Week</p> <p>Choose Peace and Start with Hello Week activities for each day</p> <p>Classroom Guidance Lesson: Cooperation</p> <p>Discipline Assembly</p> <p>Kid of Character Recognition/ GAME CHANGERS RECOGNITION</p> <p>RTI/Student Support</p> <p>Perfect attendance awards</p> <p>Open House: family surveys, community outreach.</p> <p>Individual counseling</p>	<p>(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p>	<p>STUDENTS WILL WRITE ACADEMIC SMART GOALS</p> <p>DISCUSSION: WHAT DO YOU WANT TO BE WHEN YOU GROW UP? WHAT PROBLEMS WILL YOU SOLVE?</p> <p>START WITH HELLO-THE IMPORTANCE OF ATTENDANCE MORNING ANNOUNCEMENTS</p> <p>School-wide activities including: chalk drawing/writing. Hang decorated peace tags on a tree, make kindness cards.</p> <p>Facilitated in the classrooms. All grade levels</p> <p>Student assembly: school expectations e.g. safety, bullying, I-ready, behavior, etc. All grade levels.</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>Discussions on identifying student needs and support.</p> <p>School wide recognition.</p> <p>All grade levels</p> <p>as needed</p>
<p>College & Career Readiness</p> <p>Xello -KG: Farm, 1st Grade: Art Gallery, 2nd: Construction Site</p> <p>Xello -3rd grade - All About Me</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Complete/Review "About Me" activities. Students will create/update avatar; play a game related to the career town location</p> <p>Complete/Review "About Me" activities. Students will create/update avatar</p>
<p>Life Skills & Wellness</p> <p>Life Skills & Wellness: Relationship Skills</p>	<p>Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	<p>Students will learn how to communicate clearly, cooperate with others, resolve conflicts</p>

October

Kids of Character: Responsibility

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Study & Success Skills</p> <p>College/Career Week!</p> <p>Red Ribbon Week/Child Abuse Prevention</p> <p>Character Trait: Responsibility</p> <p>National Bullying Prevention Awareness Month: Digital Citizenship Week</p> <p>Harvest Drive Prep and Plan</p> <p>Small Group Counseling</p> <p>Individual Counseling</p> <p>Helpers in Our Community</p> <p>Diversity Awareness Month</p> <p>Perfect Attendance Awards/Personal/Social A: Students will acquire the knowledge, attitudes and (1). Professional,</p>	<p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(1). Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p>	<p>RETHINK LESSONS HOW TO BE A GOOD STUDENT</p> <p>SESAME STREET VIDEO-WHERE WILL YOU GO TO COLLEGE AND WHAT WOULD YOU LIKE TO BE WHEN YOU GROW UP?</p> <p>DAILY ACTIVITIES WHERE DIFFERENT COLORS FOR THE THEMED DAYS</p> <p>School-wide activities throughout the week: Morning announcements, RRW video, wear red, mix-it up at lunch day.</p> <p>Facilitated in the classrooms.</p> <p>As needed.</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>School wide event.</p> <p>Discussions on identifying student needs and support.</p> <p>School wide event.</p> <p>School wide recognition.</p> <p>Morning Announcements.</p>
<p>College & Career Readiness</p>		
<p>Life Skills & Wellness</p>		

November

Kids of Character: Citizenship

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Self Concept</p> <p>Building a College & Career Culture</p> <p>Anti-bullying/Relationship Skills</p> <p>Classroom Guidance lesson: Citizenship</p> <p>Anti-bullying week activities</p> <p>Kid of Character recognition</p> <p>Individual and group counseling</p> <p>Perfect Attendance Awards</p> <p>RTI/Student Support</p>	<p>(2). Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>Ca(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p>	<p>School counselors will meet with students to enhance self awareness and learn coping skills for succeeding in school, at home, and in the community</p> <p>Counselors will meet with students to address concerns regarding respecting boundaries and getting along with others. Anti-Bullying Classroom lessons</p> <p>School-wide Initiatives: holding career/college week until May after testing is over.</p> <p>Retained students will meet weekly for group counseling to discuss learning strategies and attitudes towards school.</p> <p>School Counselor and teacher will explain citizenship and recognize students of the month for November on the morning announcements. The parents will be invited to celebrate with</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>Individual Student counseling as needed</p> <p>Classes will earn incentives based on the number of compliments they receive outside of the classroom.</p> <p>Discussions on identifying student needs and support.</p> <p>School-wide activities Ex. Muffins with Mom, Donuts with Dad, or grown-ups, Family Game night.</p>
<p>College & Career Readiness</p> <p>Xello Missions: 3rd Grade: Interest</p> <p>Xello Missions: 3rd Grade School Subjects</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	<p>Answer one to two profile questions. Discover a clue to solve the missing people case.</p> <p>Continue Missions</p> <p>Continue Missions</p> <p>3rd grade, Mission "School Subjects"</p>
<p>Life Skills & Wellness</p> <p>Relationship Skills</p>	<p>Elementary LSW Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	<p>Students will learn how to communicate clearly, cooperate with others, resolve conflicts peacefully and develop and maintain healthy friendships.</p>

December

Kids of Character: Kindness

* ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Celebrate Academic Success</p> <p>Career Interest Inventories</p> <p>Internet Safety/School-Wide Kindness Initiatives</p> <p>Classroom Guidance lesson: Kindness</p> <p>Individual and group counseling sessions</p> <p>Kid of Character recognition</p> <p>Perfect Attendance Awards</p> <p>RTI/Student Support</p>	<p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p>	<p>RECOGNIZING STUDENTS MAKING SIGNIFICANT GAINS AND EXCELLENCE AT SCHOOL VIA GLOBAL ANNOUNCEMENTS AND GUEST CLASS VISITS.</p> <p>Student will take age appropriate online career interest inventories</p> <p>Spreading Acts of Kindness around the campus using social distancing (greeting someone by name, writing a nice letter, paying someone a compliment)</p> <p>Facilitated in the classrooms. Per teacher request.</p> <p>As needed.</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>School wide recognition.</p> <p>Discussions on identifying student needs and support.</p>
<p>College & Career Readiness</p> <p>XELLO- KG to 2nd: Any location</p> <p>XELLO- 3rd to 5th: Like and Explore Careers</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	
<p>Life Skills & Wellness</p> <p>Relationship Skills</p>	<p>Elementary LSW Students will engage in positive social interactions and demonstrate respectful and cooperative behaviors.</p>	

January

Kids of Character: Respect

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Motivational Activities</p> <p>Develop Career Awareness</p> <p>Self-Awareness/Self-Management/No Name Calling</p> <p>Classroom Guidance lesson: Respect</p> <p>Individual and group counseling</p> <p>Kid of Character recognition</p> <p>RTI/Student Support</p> <p>Perfect Attendance Awards</p> <p>No name-calling week</p>	<p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(4) Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(6) Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p>	<p>RETHINK ED SELF CARE/SELF MANAGEMENT</p> <p>Review career Interest Inventories with students who participated</p> <p>Scavenger Hunt: Find out what your name means and its origin-Share on morning announcements</p> <p>Facilitated in the classrooms. Per teacher request.</p> <p>As needed.</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>Discussions on identifying student needs and support.</p> <p>School wide recognition.</p> <p>Morning Announcements.</p>
<p>College & Career Readiness</p>	<p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	
<p>Life Skills & Wellness</p>	<p>Elementary LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.</p>	

February

Kids of Character: Honesty

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Test & Academic Anxiety</p> <p>Acquire Career Information</p> <p>Diversity, Respect, and Social Awareness</p> <p>Classroom Guidance lesson: Honesty</p> <p>Day of Service and Love activities</p> <p>Black History Month</p> <p>Individual and group counseling</p> <p>Kid of Character Recognition</p> <p>RTI/Student Support</p> <p>Perfect Attendance Awards</p>	<p>(6). Academic Advising and Planning. Effective school counselors cultivate a caring, rigorous, and supportive school community that promotes the</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5). Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(4). Consultation, Collaboration, and Coordination. Effective school counselors utilize multiple means of communication to promote the</p> <p>(3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>Career C: Students will understand the relationship between personal qualities, education, training and the world of work.</p>	<p>Rethink ED Lessons Self Management and Self Awareness</p> <p>Inquiry: Students will create 5 questions they would ask the CEO of a company in the community (police, fire, grocery store, apple, etc.)</p> <p>School wide parade celebrating diversity. Rethink ED LESSONS SOCIAL AWARENESS</p> <p>Facilitated in the classrooms. Per teacher request.</p> <p>Morning announcement and school wide activities</p> <p>Morning announcements</p> <p>As needed.</p> <p>School-wide recognition of class winner for monthly character trait. All grade levels.</p> <p>Discussions on identifying student needs and support.</p> <p>School wide recognition.</p>
<p>College & Career Readiness</p>	<p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p>	
<p>Life Skills & Wellness</p>	<p>Elementary LSW C: Students will engage in positive social interactions and</p>	

Life Skills & Wellness

Elementary- LSW A: Students will recognize, identify, and appropriately express basic emotions in themselves and others.
 Elementary- LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.

April

Kids of Character: Tolerance

***ACTIVITY**

- Relate School to Life Experiences
- New Student & Parent Session
- Conflict Mediation
- Classroom Guidance lesson: Tolerance
- Matriculation for 3rd graders
- Kid of Character Recognition
- Small group counseling conducted weeklyn
- Asian and Pacific Islander Month: American Muslim Heritage Month, Jewish Heritage month
- SAVE Promise Club meeting
- Classroom: Responsible Decision Making
- National Autism Month

DOMAIN/STANDARD

- (3). School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that
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DESCRIPTION

- Share your COVID-19 STORY IN 5 SENTENCE OR LESS
- Kindergarten Round Up/Parent info
- RETHINK ED LESSONS RELATIONSHIP SKILLS
- Facilitated in the classrooms. Per teacher request. As needed. All grade levels.
- School-wide recognition of class winner for monthly character trait. All grade levels.
- School wide recognition.
- Discussions on identifying student needs and support.

College & Career Readiness
 XELLO for Students

(7). Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors

Pull lessons and review dates with students

<p>Life Skills & Wellness</p> <p>Responsible decision making for students</p>	<p>Elementary-LSW B: Students will demonstrate the ability to manage emotions and behaviors to achieve personal and academic goals.</p>	<p>Students will learn how to make thoughtful, respectful, and safe choices by evaluating options and consequence</p>

May

*ACTIVITY	DOMAIN/STANDARD	DESCRIPTION
<p>Academic Transition to New Grade</p> <p>Career Education Lesson</p> <p>Transitioning to New Grade</p> <p>Transition to Next Grade Level</p> <p>Individual and group counseling</p> <p>Grade Level Awards Ceremony</p>	<p>(3) School Counseling Program. Effective school counselors develop, implement, and evaluate programs that cultivate a school environment that</p> <p>(5) Counseling Services. Effective school counselors provide direct and indirect services that support the safety, mental health, and well-being of</p> <p>(1) Professional, Legal, and Ethical Expectations. School counselors act ethically and according to professional standards to promote the academic</p> <p>(7) Career Development and Postsecondary Planning. Effective school counselors provide opportunities for all students to develop the behaviors</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p> <p>(2) Data-Driven Planning. Effective school counselors utilize resources including available school data to guide decision making and counseling</p>	<p>Helping through discussions and role play about moving to the next grade level-set expectations</p> <p>Rethink Ed Lessons-Responsible Decision Making</p> <p>Answering questions and Answers about what to expect for the new grade level</p> <p>5th grade students</p> <p>As needed.</p> <p>Award Recognition ceremonies. All grade level.</p>
<p>College & Career Readiness</p>		

College & Career Readiness

Life Skills & Wellness

