

**Life Skills
& Wellness**

LSW TEAM Members	LSW Liaison: Carolyn Johnson	School: South Plantation HS Zone: Central
	Administrator: Sparkle Brunache	Date Plan Completed: 8/29/23
	Other Team Members: Cecelia Johnson (School Counselor) Rebecca Pallas (School Counselor) Debra Bina (School Counselor) Terrell Wilson (School Counselor) Lisa Johnson (School Counselor) Lisa Johnson (School Counselor) Jessica Overstreet (School Social Worker) Marlene Nyant (MS Student Support Instructional Specialist) Heather Counseling Students 45 MEdin S. Inghra (Peer Counseling Teacher)	

Area	Self-Evaluation Tool: (Check off the area that applies to your school)	SMART Goal
LSW Team Relationship Skills	<input checked="" type="checkbox"/> 1. Our LSW team is in the initial stages of development and meets quarterly with few structured roles and responsibilities.	By October 2024 the LSW committee will meet to recruit and develop a plan for school-wide implementation of SEL strategies.
	<input type="checkbox"/> 2. Our LSW Team meets monthly with designated roles and responsibilities. Students, families, and community groups are consulted when teams are making decisions that would directly impact them.	Action Steps The team will identify roles & create a schedule of dates to collaborate, update and provide input on SPSHS LSW Action Plan.
	<input type="checkbox"/> 3. Our LSW team, with designated roles and responsibilities, meets biweekly to reflect on data, plan for improvements, and lead schoolwide LSW initiatives. The team is representative of the school community and includes students, families, and community groups in decision-making processes.	Date SMART Goal Accomplished:



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Area	Self-Evaluation Tool: (Check off the area that applies to your school)		SMART Goal
Planning/ Data Self- Management	<input checked="" type="checkbox"/>	1. The LSW team is in the beginning stages of assessing needs and resources, as well as identifying SMART goals and action steps.	By November we will Implement a teacher Tuesday school-wide staff training and establish an LSW plan utilizing the LSW scope & sequence.
	<input type="checkbox"/>	2. The LSW team has assessed needs and resources and developed a one-year (at minimum) LSW implementation plan with SMART goals, action steps, and assigned ownership.	
	<input type="checkbox"/>	3. The LSW team has assessed needs and resources and developed a one-year (at minimum) LSW implementation plan with SMART goals, action steps, and assigned ownership. This plan is fully integrated with other schoolwide priorities and plans. The team reviews their goals and plan regularly to monitor implementation and make necessary adjustments.	
	<input type="checkbox"/>		
Action Steps			LSW PD- LSW Survey for students Develop Student SEL Ambassadors through Peer Counseling. Provide monthly reminders to teachers. Share ReThink Ed with community via the Paladin Newsletter, Canvas, School Counseling
Date SMART Goal Accomplished:			

Area	Self-Evaluation Tool: (Check off the area that applies to your school)		SMART Goal
Shared Vision Responsible Decision- Making	<input checked="" type="checkbox"/>	1. A shared vision for schoolwide LSW has not yet been developed.	By May 2025 counselors, mental health support & staff will expose students to LSW lessons through monthly initiatives/lessons. Awareness of LSW theme & monthly character traits will be shared school-wide.
	<input type="checkbox"/>	2. The LSW team has begun engaging stakeholders, including students, families, staff, and community members, as collaborators for developing a shared vision for schoolwide LSW.	
	<input type="checkbox"/>	3. The LSW team collaborated with a group of stakeholders who are representative of the school community to develop a shared vision for schoolwide LSW. The shared vision has been communicated to the entire school community, informs planning and implementation, and is revisited regularly	
	<input type="checkbox"/>		
Action Steps			Peer Counseling Prevention & Life Skills & Wellness Initiatives
Date SMART Goal Accomplished:			



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Area	Self-Evaluation Tool: (Check off the area that applies to your school)	SMART Goal
Professional Learning to Strengthen Staff Expertise Self-Awareness	<input checked="" type="checkbox"/> 1. Staff/administration do not yet engage in high-quality LSW-related professional learning to develop their skills for cultivating supportive, equitable learning environments and promoting LSW.	By January 2025 Counselors & Mental Health Support personnel will conduct a PD for teachers and staff to assist in supporting the ongoing professional learning opportunities that promote and encourage school-wide LSW.
	<input type="checkbox"/> 2. Some staff/administration engage in high quality professional learning to develop their skills for cultivating supportive, equitable learning environments and promoting LSW for students.	
	<input type="checkbox"/> 3. Staff and administration engage in high-quality and ongoing professional learning, including receiving coaching and feedback. These professional learning opportunities develop their skills for cultivating supportive, equitable learning environments and promoting LSW for students; are aligned to the school's LSW goals; and scaffolded to support staff based on their roles and current knowledge of LSW. The LSW team collects staff feedback to shape an effective approach to ongoing support and coaching.	
		Action Steps LSW Best Practice Surveys Teacher Tuesday- Rethink Ed Platform
		Date SMART Goal Accomplished:
Area	Self-Evaluation Tool: (Check off the area that applies to your school)	SMART Goal
Evidence-Based LSW Programs and Practices Responsible Decision-Making	<input checked="" type="checkbox"/> 1. The LSW team is in the process of collaboratively selecting an evidence-based program aligned to the school's vision and goals, and cultural and linguistic strengths.	By March 2025 The teachers/staff/students, and parents will become familiar with the new LSW scope & sequence, & rethoughtED platform.
	<input type="checkbox"/> 2. The school is beginning to provide professional learning around an evidence-based LSW program aligned to the school's LSW vision and goals, and cultural and linguistic strengths.	
	<input type="checkbox"/> 3. The school is implementing with fidelity an evidence-based LSW program, practicing across all grade levels, and providing ongoing implementation support to staff. Program and practices are aligned to the school's LSW vision and goals and are culturally- and linguistically responsive to students. The LSW team regularly uses data on fidelity of implementation to inform planning.	
		Action Steps ReThink Ed staff training modules to develop self-care culture. Monthly LSW Focus to Paladin Monthly LSW Focus Activities
		Date SMART Goal Accomplished:

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Area	Self-Evaluation Tool: (Check off the area that applies to your school)	SMART Goal
Student Voice & Engagement	<input checked="" type="checkbox"/> 1. Some students have opportunities to take on more traditional leadership roles such as student council, patrols, or leading morning announcements.	By October 2024 we will collaborate with Peer Counseling classes to select ambassadors who will assist with improving school climate by promoting SEL competencies school-wide.
	<input type="checkbox"/> 2. Students are offered many opportunities to take on leadership and decision-making roles that inform LSW initiatives, instructional practices, and school climate. Students have opportunities to lead activities, solutions, and projects to improve their classrooms, school, and the broader community.	
	<input type="checkbox"/> 3. Staff honor and elevate a broad range of student perspectives and experiences by engaging them as leaders, problem solvers and decision-makers, offering ways for students to shape LSW initiatives, instructional practices, and school climate. Students regularly initiate and lead activities, solutions, and projects to improve their classrooms, school, and the broader community.	
Relationship Skills		Action Steps Ambassadors will help with develop student awareness activities through announcements, school-wide awareness activities, and bulletin board updates. Date SMART Goal Accomplished:

Area	Self-Evaluation Tool: (Check off the area that applies to your school)	SMART Goal
Systems to Promote Continuous Improvement	<input checked="" type="checkbox"/> 1. The LSW team is in the early stages of identifying a structured and ongoing process to collect, reflect on, and use data to inform school-level decisions.	By November 2024, The team will review the School-Wide LSW Results & establish a school-wide plan for monthly LSW initiatives.
	<input type="checkbox"/> 2. The LSW team has a structured, ongoing process to collect, reflect on, and use data to inform school level decisions. This process is used at strategic times (e.g., the beginning and end of each year), but does not yet happen consistently at each team meeting. The team communicates with and includes staff in this process on an annual basis.	
	<input type="checkbox"/> 3. The LSW team uses a structured, ongoing process to collect, reflect on, and use implementation and outcome data to inform school level decisions during each meeting. The team is empowered to lead staff in this process by regularly (at least quarterly) communicating their findings and creating opportunities to use data to drive continuous improvement at the school, classroom, family, and community level.	
Resiliency		Action Steps LSW monthly meetings Training of Peer Counselor Ambassadors. Canvas Updates, Morning Announcements, Paladin Newsletter Date SMART Goal Accomplished:



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Area	Self-Evaluation Tool: (Check off the area that applies to your school)			SMART Goal
Adult LSW and School Culture Resiliency	<input checked="" type="checkbox"/>	1. Staff do not yet engage in high-quality LSW-related professional learning to develop their skills for cultivating supportive, equitable learning environments and promoting LSW for students.	100% of students will have the opportunity to participate in monthly LSW activities/initiatives.	
	<input type="checkbox"/>	2. Some staff engage in high-quality professional learning to develop their skills for cultivating supportive, equitable learning environments and promoting LSW for students.		
	<input type="checkbox"/>	3. Staff engage in high-quality and ongoing professional learning, including receiving coaching and feedback. These professional learning opportunities develop their skills for cultivating a supportive, equitable learning environment and promoting LSW for students; aligns to the school's LSW goals; and scaffolds to support staff based on their roles and current knowledge for LSW. The LSW team collects data to shape an effective approach for ongoing support and coaching. Students, families, and community partners are active partners in the planning and implementation of schoolwide and have frequent opportunities to share their perspectives and feedback.		
	Action Steps Monthly reminders for LSW LSW Student Ambassadors conduct -Announcements/School-wide initiatives.			
Points Total:		Date SMART Goal Accomplished:		
<input checked="" type="checkbox"/> 0 - 15 Beginning Stages				
<input type="checkbox"/> 16 - 19 Intermediate				
<input type="checkbox"/> 20 - 24 Advanced				
Life Skills Components				
SELF-AWARENESS	SELF-MANAGEMENT	RESPONSIBLE DECISION MAKING	RELATIONSHIP SKILLS	RESILIENCY
-Identifying Emotions -Accurate Self-Perception -Recognizing Strengths -Self-Confidence -Self-Efficacy	-Impulse Control -Stress Management -Self-Motivation -Goal Setting -Organizational Skills	-Identifying Problems -Analyzing Situations -Solving Problems -Evaluating -Reflecting -Ethical Responsibility	-Communication -Social Engagement -Relationship Building -Teamwork	-capacity to withstand or to recover quickly from difficulties -adapting to difficult or challenging life experiences